Life&Style WEEKLY
APRIL 21, 2008 VOL. 5 ISSUE 16
YOUR STYLE AUTHORITY

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Life&Style WEEKLY
YOUR STYLE AUTHORITY

THIS WEEK IN THE *Style List*

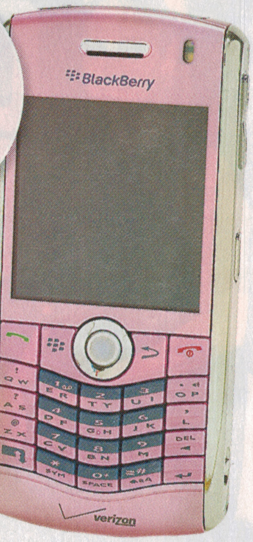
There's always room for another pair of shoes, right? Find the best ones for you with our ultimate spring shoe guide. Plus, Ashlee Simpson reveals the inspiration behind her new line of Wet Seal tees, and we have the scoop on exercises that can give you a mini eye lift. Enjoy! **—the editors**

52 GOTTA-HAVE-'EM GUIDE TO SHOES

"These T-straps look great with skinny jeans."
—Randi Slatken, associate photo editor

66 DESIGNER LOOKS FOR LESS

"The bright jewel tones are perfect for sprucing up my summer wardrobe."
—Barbara Seigel, features editor


BlackBerry
verizon

64 SUPER-GLAM GADGETS

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—Juliet Izon, reporter

58 ECO-FRIENDLY GOODIES

"This perfume is perfect to throw in my bag. Plus, it's good for my skin *and* the earth."
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62 NEW FACE OF FASHION

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—Liuva Pereda, assistant art director

68 CELEB STYLE SECRETS

"Killer combo! This spray holds my style, but I can still run my fingers through my hair easily."
—Nicole Grippo, fashion editor

AVEDA
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Rihanna is wearing Clean Makeup in Classic Tan.

easy breezy beautiful COVERGIRL

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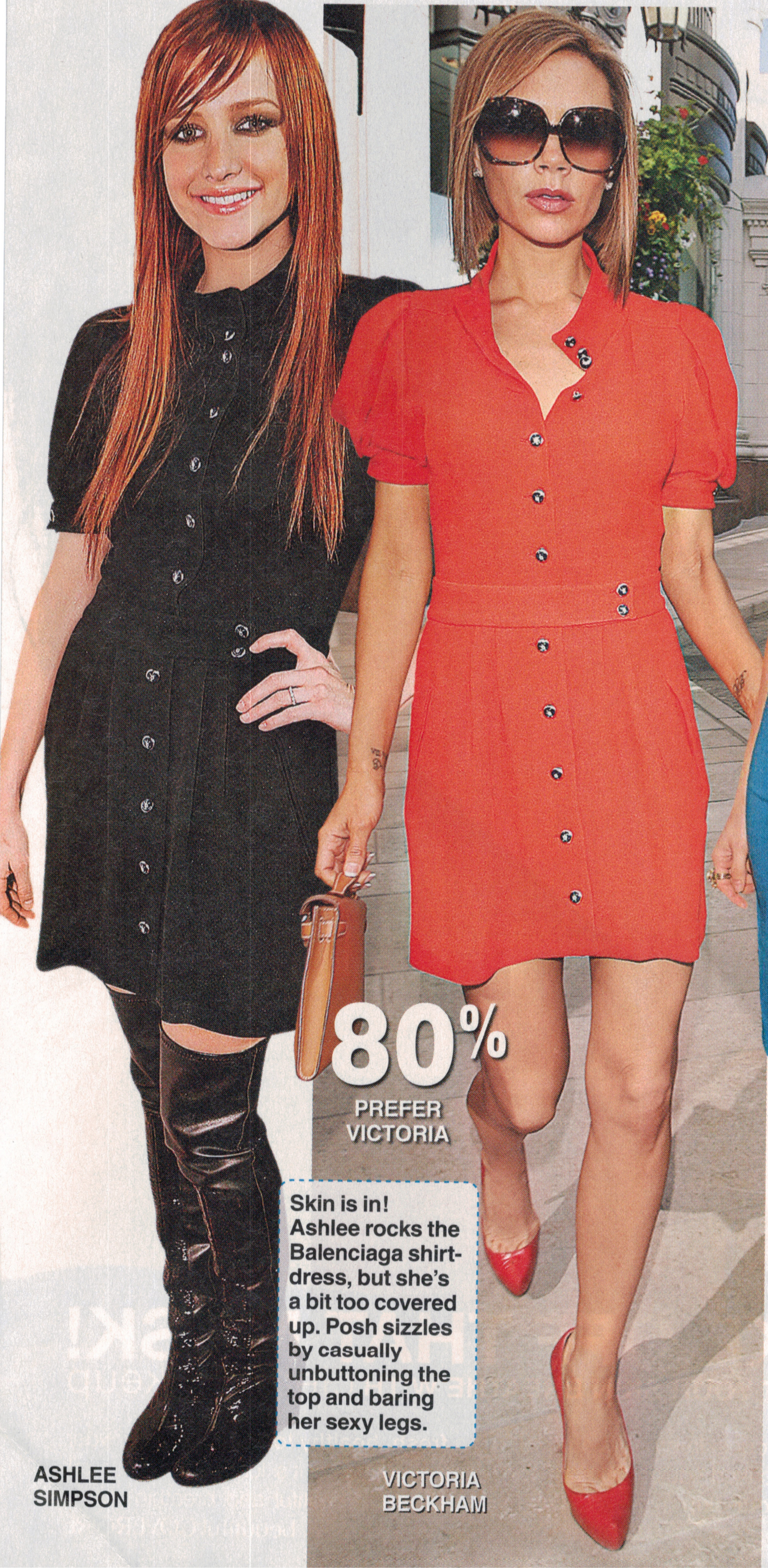
Stars caught wearing the same outfits!

Who wears it

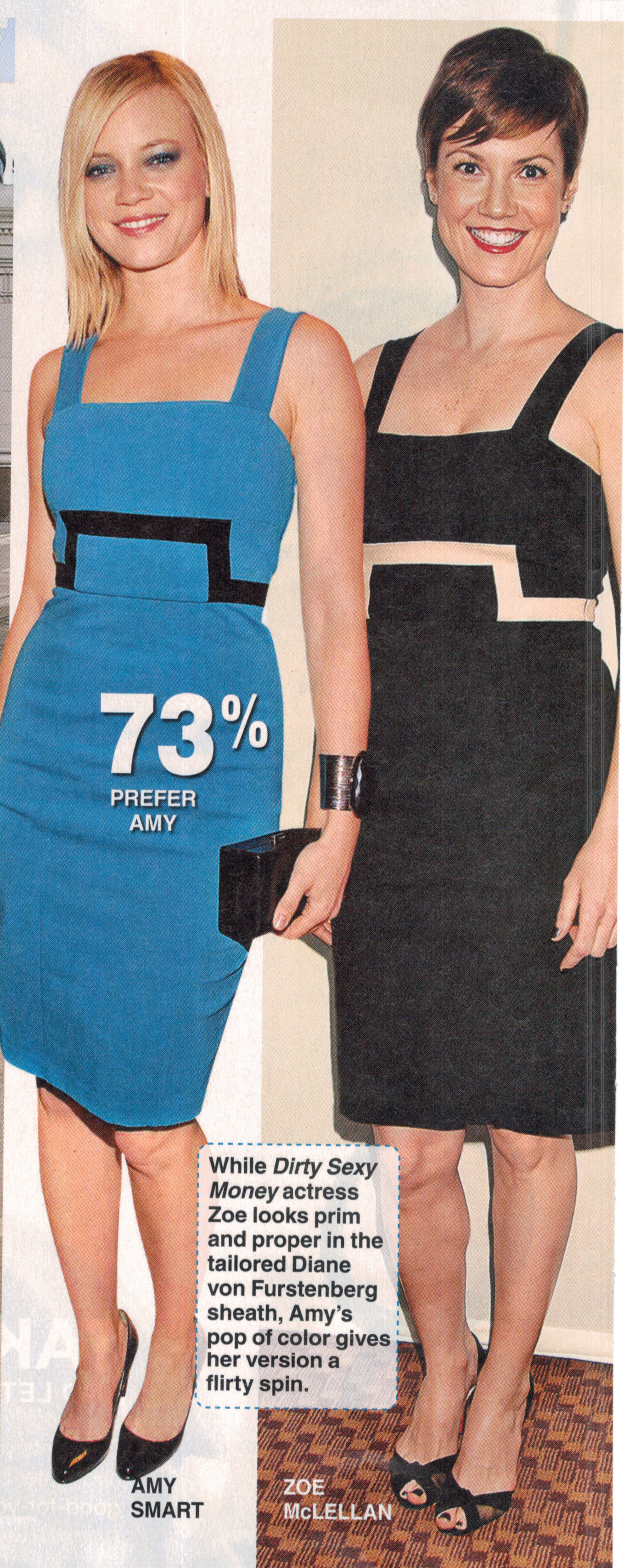


80%
PREFER
VICTORIA

Skin is in! Ashlee rocks the Balenciaga shirtdress, but she's a bit too covered up. Posh sizzles by casually unbuttoning the top and baring her sexy legs.

ASHLEE
SIMPSON

VICTORIA
BECKHAM



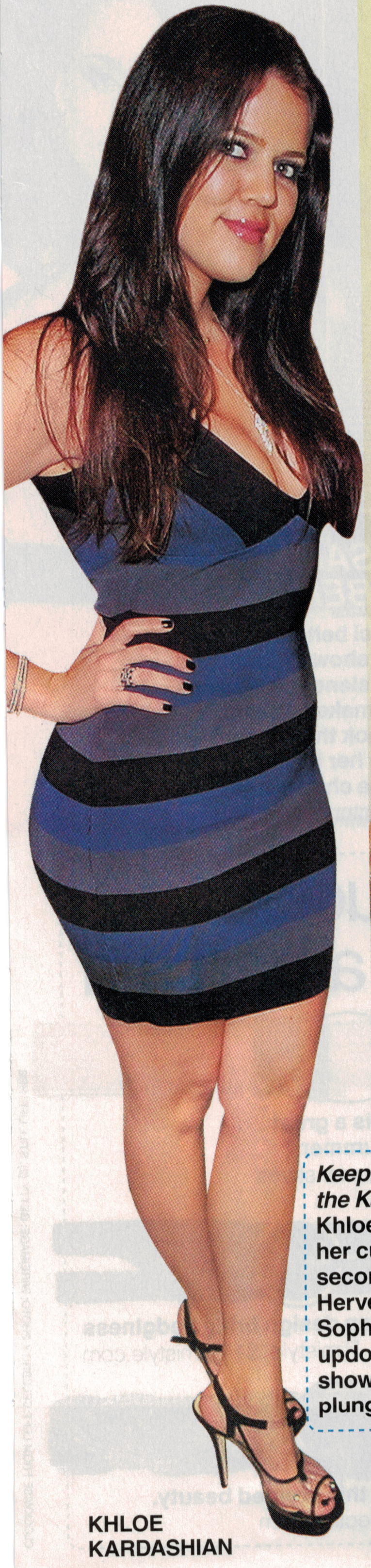
73%
PREFER
AMY

While *Dirty Sexy Money* actress Zoe looks prim and proper in the tailored Diane von Furstenberg sheath, Amy's pop of color gives her version a flirty spin.

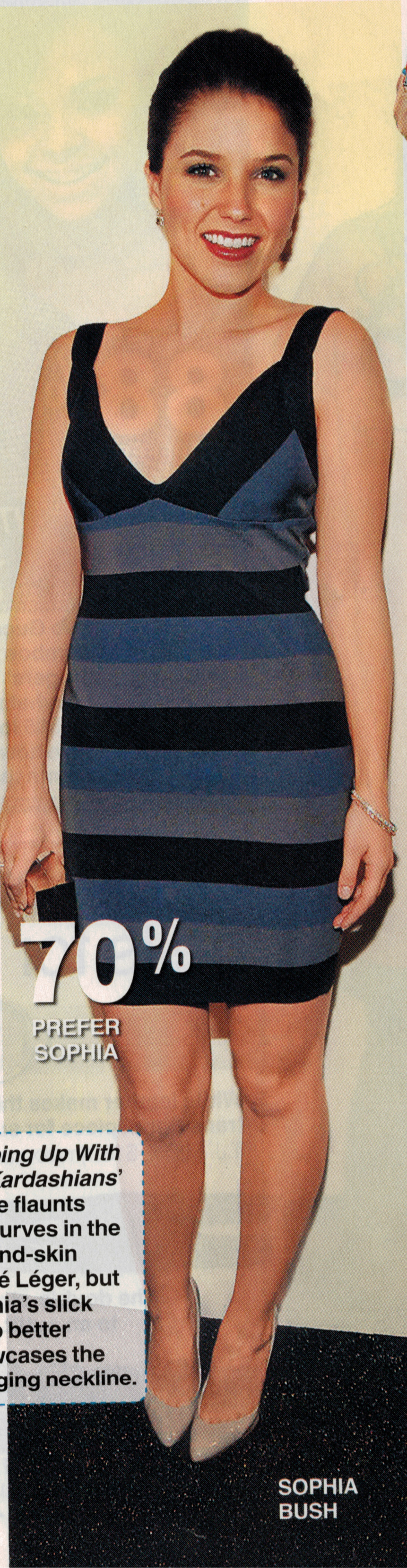
AMY
SMART

ZOE
McLELLAN

best?



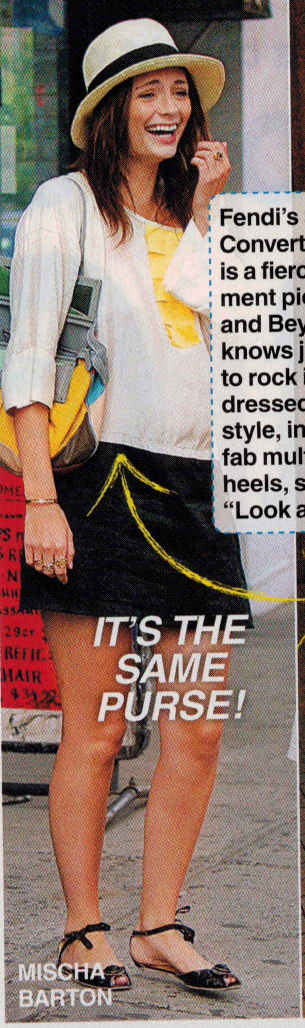
KHLOE KARDASHIAN



70% PREFER SOPHIA

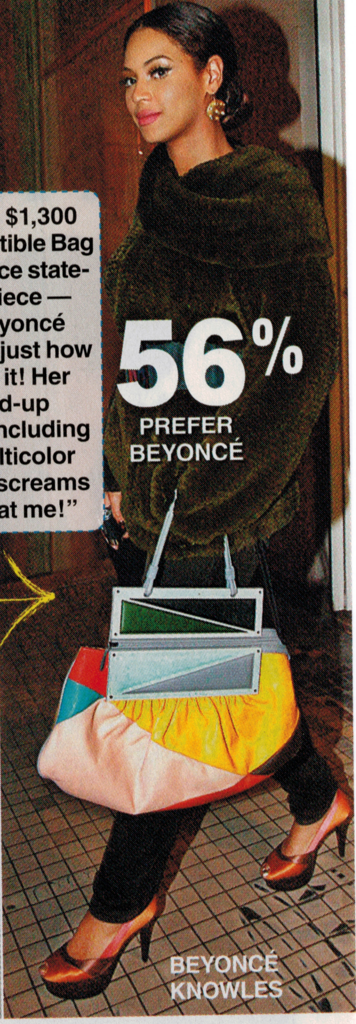
SOPHIA BUSH

Keeping Up With the Kardashians' Khloe flaunts her curves in the second-skin Hervé Léger, but Sophia's slick updo better showcases the plunging neckline.



MISCHA BARTON

IT'S THE SAME PURSE!



BEYONCÉ KNOWLES

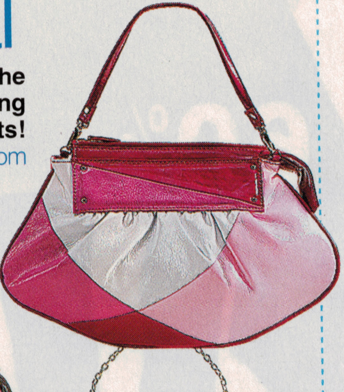
56% PREFER BEYONCÉ

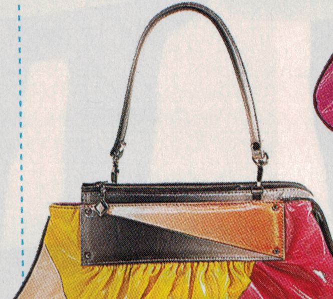
Fendi's $1,300 Convertible Bag is a fierce statement piece — and Beyoncé knows just how to rock it! Her dressed-up style, including fab multicolor heels, screams "Look at me!"

FROM LEFT: WIREIMAGE; JFX; SIPA; CELEBRITY PHOTO; WIREIMAGE; SIPA; RAMEY; X17. STILL LIFE: HBB

Color-block bags for a steal

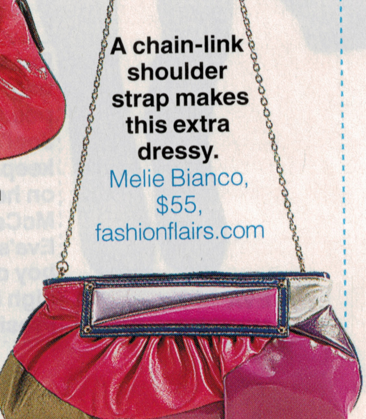
Roomy enough to fit all the essentials — including a pair of comfy flats!
Suzie Lee, $15, gojane.com





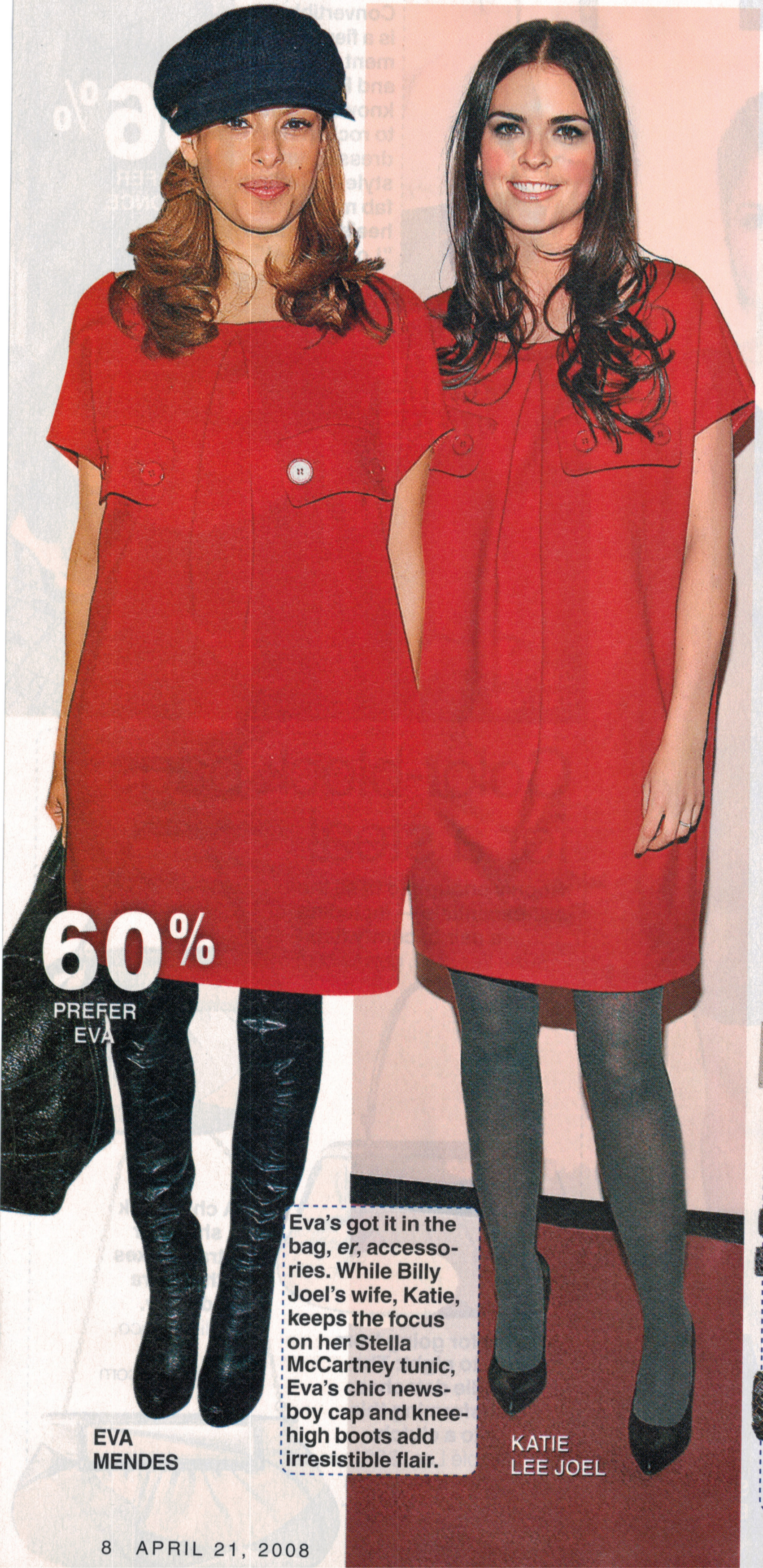
Great for going from day to night: The handle detaches, transforming this into a clutch.
Nicole Lee, $52, nicoleleeonline.com

A chain-link shoulder strap makes this extra dressy.
Melie Bianco, $55, fashionflairs.com



Stars caught wearing the same outfits!

Who wears it *best?*

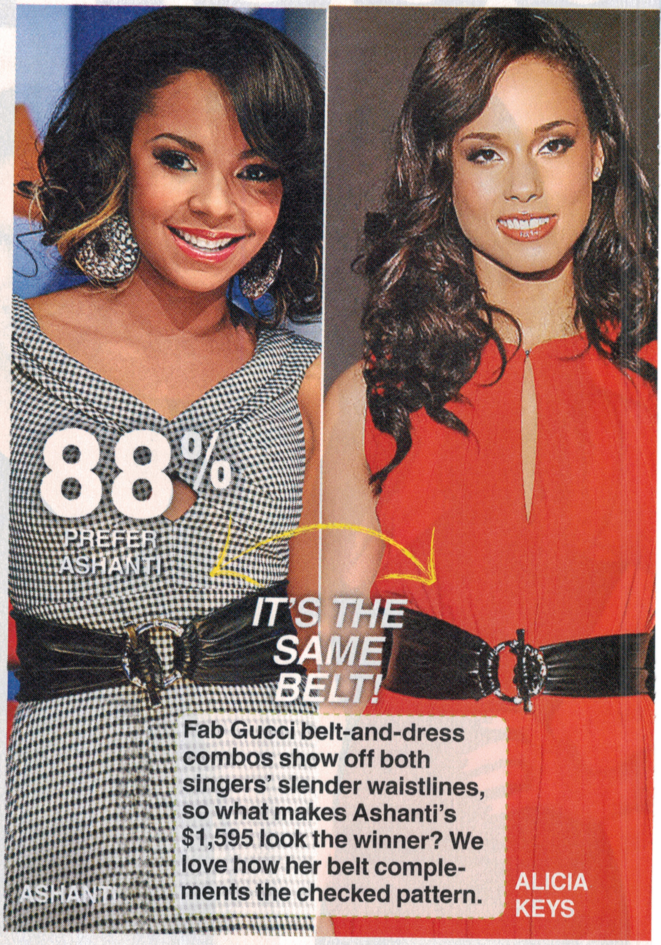


60%
PREFER
EVA

Eva's got it in the bag, *er*, accessories. While Billy Joel's wife, Katie, keeps the focus on her Stella McCartney tunic, Eva's chic newsboy cap and knee-high boots add irresistible flair.

EVA MENDES

KATIE LEE JOEL



88%
PREFER
ASHANTI

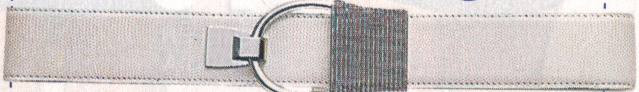
IT'S THE SAME BELT!

Fab Gucci belt-and-dress combos show off both singers' slender waistlines, so what makes Ashanti's $1,595 look the winner? We love how her belt complements the checked pattern.

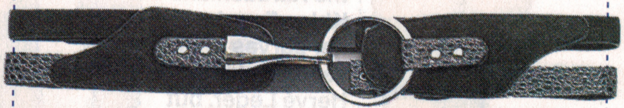
ASHANTI

ALICIA KEYS

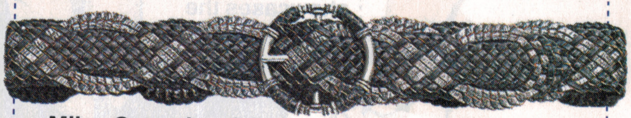
Circle-buckle belts for a bargain



White leather makes this a great transitional piece for summer.
T.J. Maxx, $13, tjmaxx.com for stores



The double-strap design brings edginess to an outfit. Rimistyle, $14, rimistyle.com



Miley Cyrus is a fan of this braided beauty.
Linea Pelle, $204, lpcollection.com

CLOCKWISE FROM LEFT: CELEBRITY PHOTO; WIREIMAGE; GETTY (2). STILL LIFE: HBB

A NEW ABC FAMILY ORIGINAL MOVIE

Princess

A MODERN FAIRYTALE

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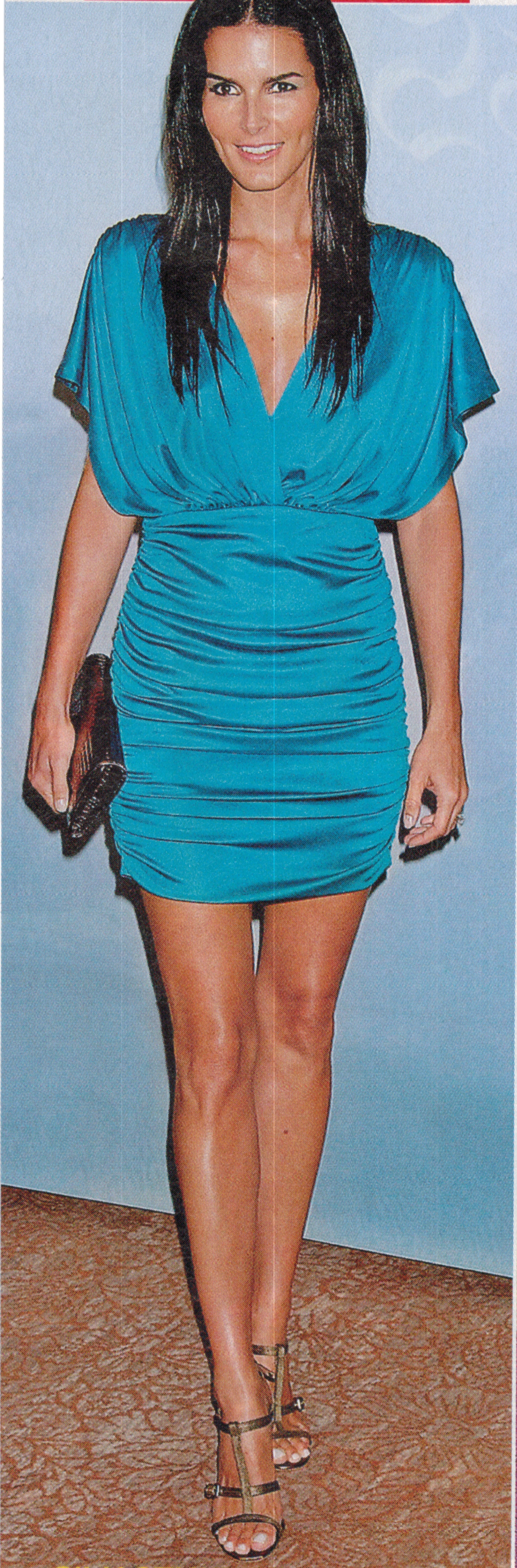
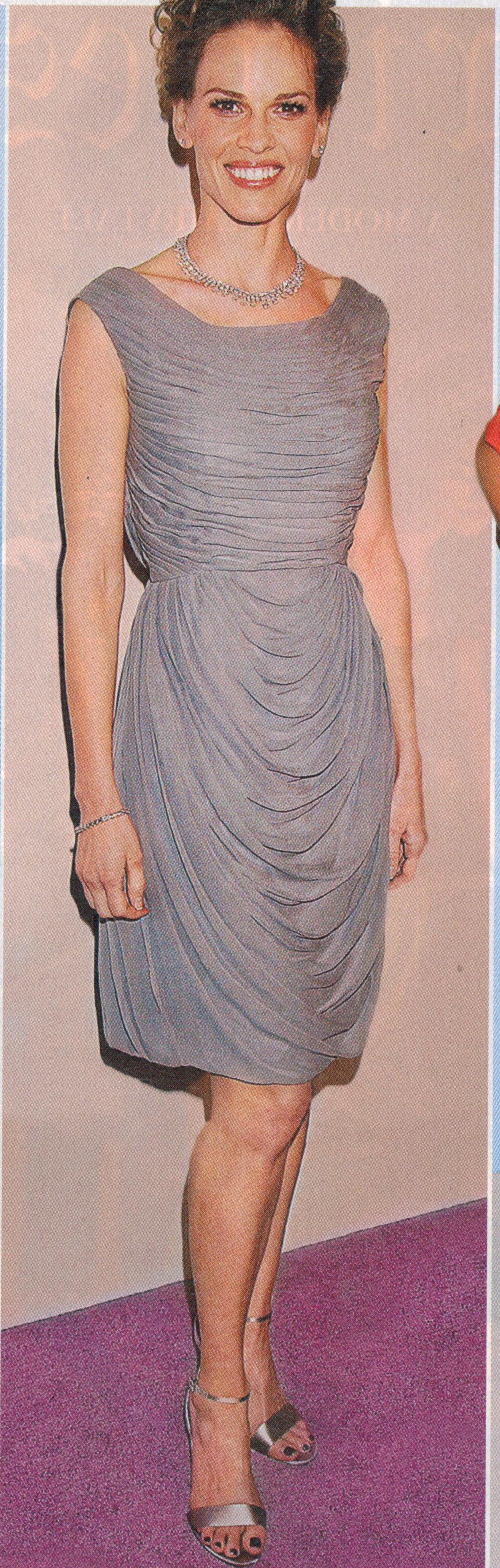


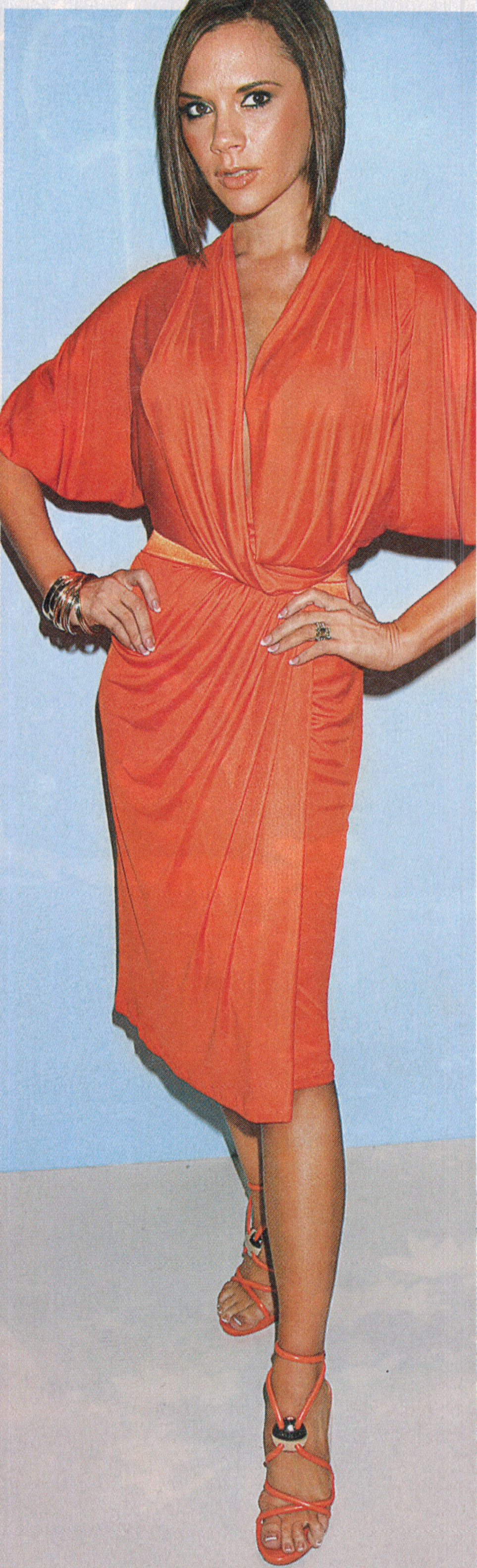
SILK STUNNER

Leggy Angie Harmon's sapphire Jay Godfrey brings attention to *another* asset: her brown eyes. "I like them to stand out with jewel tones," she's said.



GORGEOUS IN GRAY

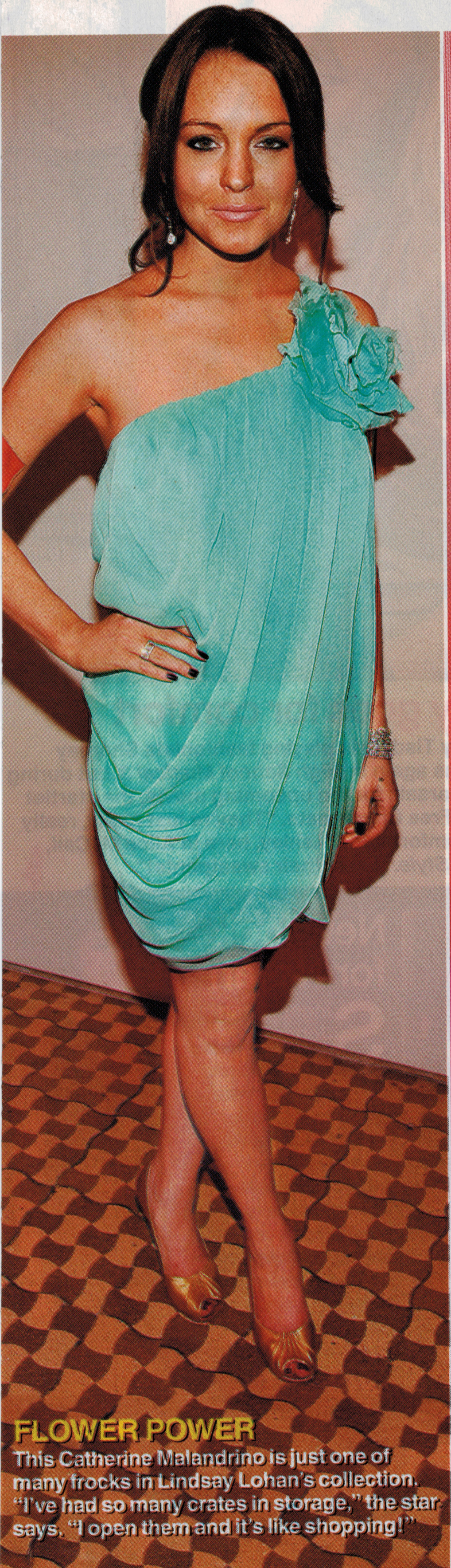
Hilary Swank, who's known for gritty movie roles, has a secret. "I'm pretty girlie," says the actress, who sparkles in feminine Jill Stuart and 78 carats of Chopard diamonds.



POSH IS AGLOW

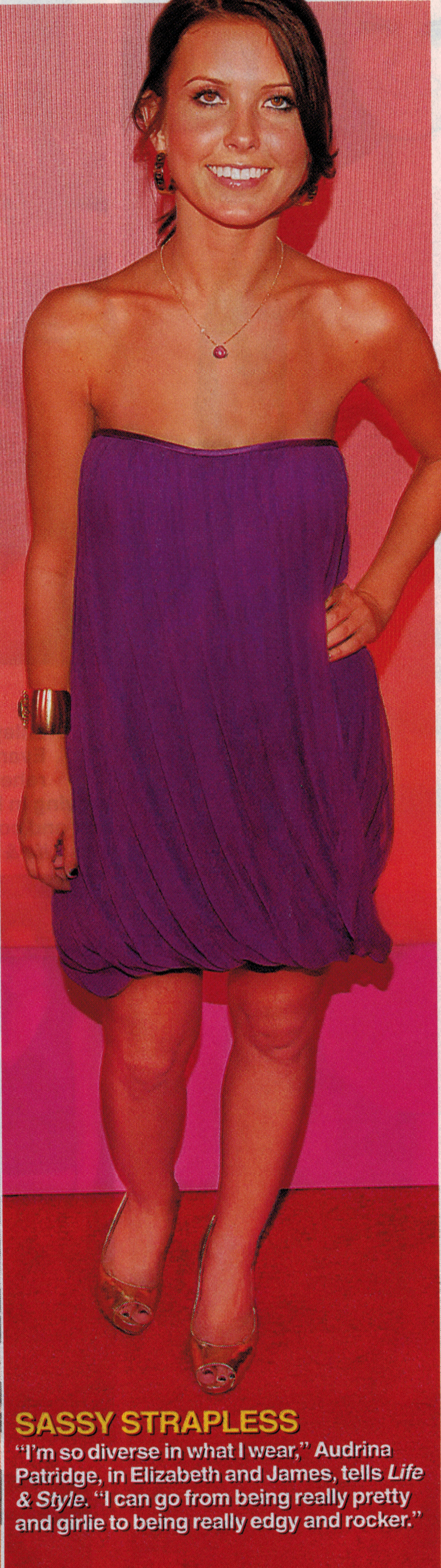
Is Victoria Beckham in a style fog? "I dress very much like I'm from London," she says. Yet her Donna Karan looks like it was plucked from an orange tree in sunny LA.

matic draping



FLOWER POWER

This Catherine Malandrino is just one of many frocks in Lindsay Lohan's collection. "I've had so many crates in storage," the star says. "I open them and it's like shopping!"



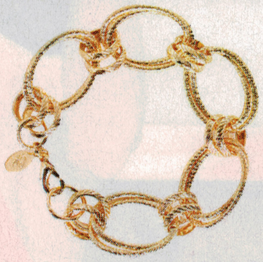
SASSY STRAPLESS

"I'm so diverse in what I wear," Audrina Patridge, in Elizabeth and James, tells *Life & Style*. "I can go from being really pretty and girlie to being really edgy and rocker."

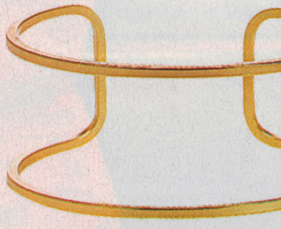
FROM LEFT: WIREIMAGE; CELEBRITY PHOTO; BAUER-GRIFFIN; WIREIMAGE; RETNA. STILL LIFE: HBB

Finishing the look

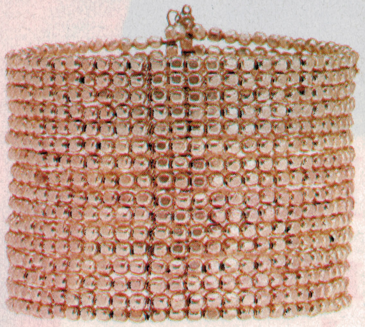
Simple yet fab bracelets keep the focus on the dress



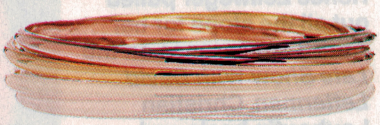
Textured chain links add a fun twist to this bracelet. Charlotte Russe, $6, charlotterusse.com



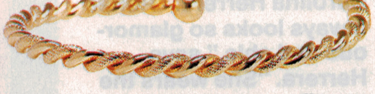
We love the simplicity of this delicate design. Yochi Design, $18, 212-947-7826



An extra-wide style adds rock-star glamour. Arden B., $28, Arden B. stores



Mixing metal tones is so hot right now. Fantasy Jewelry Box, $37, fantasyjewelrybox.com



This rope band adjusts to fit any wrist. Rachel Leigh, $48, shopintuition.com

Renée's red-hot dress

Renée Zellweger pulled out all the stops for her April 3 appearance on the *Late Show With David Letterman*. Christian Louboutin heels and $404,900 worth of Cartier jewelry helped the *Leatherheads* actress sparkle in a sleek dress from her go-to designer, Carolina Herrera. "Renée always looks so glamorous and chic," says Herrera. "She wears the clothes to perfection."

A casual Ashle
rocked sweats
on Jan. 16 in L

Ashley goes for comfort

Ashley Tisdale is playing fashionista Sharpay Evans again in *High School Musical 3*, but during rehearsals for the upcoming movie, the startlet is living in Free City sweats. "They're just really, really soft and comfortable," Ashley, here in Alice McCall, tells *Life & Style*. "I love their sweatpants!"

BEFORE

New look for Norah

Singer Norah Jones showed off more than her acting skills at a screening of her debut film, *My Blueberry Nights*, on April 2 in NYC. She also flaunted a slimmed-down figure in a Moschino dress and a slick new cropped hairstyle. "This is the shortest it's been," she says about her chopped 'do.

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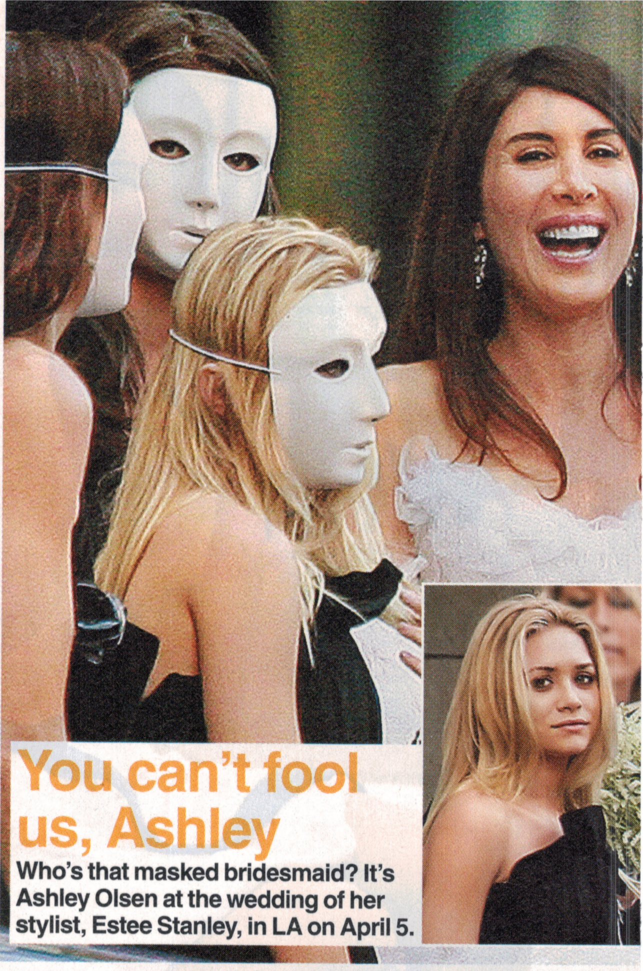
STEALING HER STYLE

Green alert! Nic's cotton top is totally ecofriendly. Skin and Threads, $121, shopamiami.com

Who's watching Harlow?

With her baby's daddy, Joel Madden, away on tour, Nicole Richie, here in LA on April 2, is busy designing a maternity clothing line after seeing the changes her body went through while pregnant with daughter Harlow, now 3 months. "It's about making women look and feel good at a really emotional time," she says.

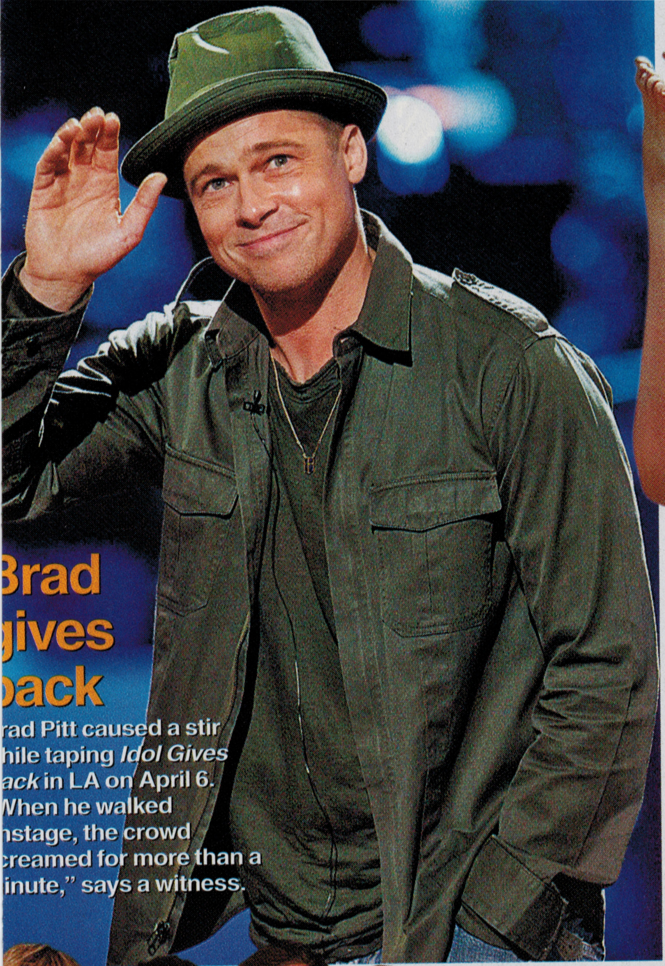


You can't fool us, Ashley

Who's that masked bridesmaid? It's Ashley Olsen at the wedding of her stylist, Estee Stanley, in LA on April 5.

It's tough being Mariah!

Mariah Carey mocked her high-maintenance reputation on the British sketch comedy *The Friday Night Project* in London on April 3. "I truly am just a normal person," she says. But she's earned some diva treatment — "Touch My Body" is Mariah's 18th No. 1 single.



Brad gives ack

rad Pitt caused a stir hile taping *Idol Gives ack* in LA on April 6. When he walked nstage, the crowd creamed for more than a inute," says a witness.

***DANCING WITH THE STARS,* HERE WE COME!**

She's not a dumb-bell, Andy!

Former Bachelor Andy Baldwin, 31, showed off his *Dirty Dancing* moves with gal pal Marla Maples, 44, in LA on April 3. The Navy doc has Tiffany, Marla's 14-year-old daughter (with ex Donald Trump), to thank. "Tiffany told Marla she should date Andy," says a pal. "The rest is history!"

ANDY NEEDS TO WORK ON HIS FORM!

CLOCKWISE FROM LEFT: LIMELIGHT; PACIFIC COAST NEWS; FLYNET; GETTY; PACIFIC COAST NEWS; ARTISAN; STARMAX

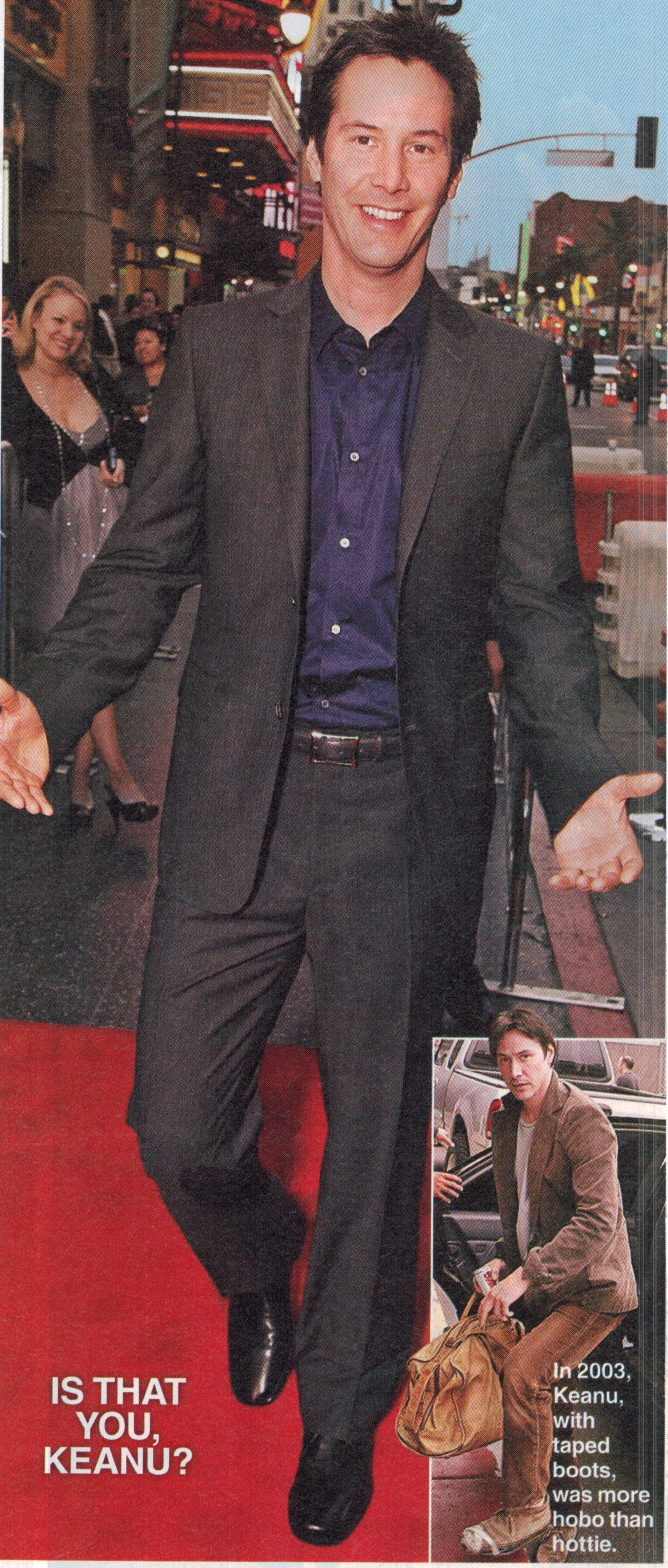
WEEK IN PHOTOS

Ryan has his hands full

"Max was a big hit," Trista Sutter tells *Life & Style* about her 8-month-old son (here with her hubby, Ryan) at the *Hot Mom-to-Be Handbook* party in LA on April 2. And she's announced another new addition: her Trista Baby line of diaper bags!

Bosom buddies

Melissa Joan Hart kept 1-month-old son Braydon close to her heart at the *Hot Mom-to-Be Handbook* party. "Melissa looked great," says a fellow reveler. "She was overjoyed to be showing off the baby, who slept the whole time!"



IS THAT YOU, KEANU?

In 2003, Keanu, with taped boots, was more hobo than hottie.

Wow! Keanu cleans up nicely!

Usually one to dress on the casual side, Keanu Reeves looked positively polished at the LA premiere of his new movie, *Street Kings*, on April 3. "I wouldn't describe myself as a slacker," he says. "I like to get dressed up once in a while."

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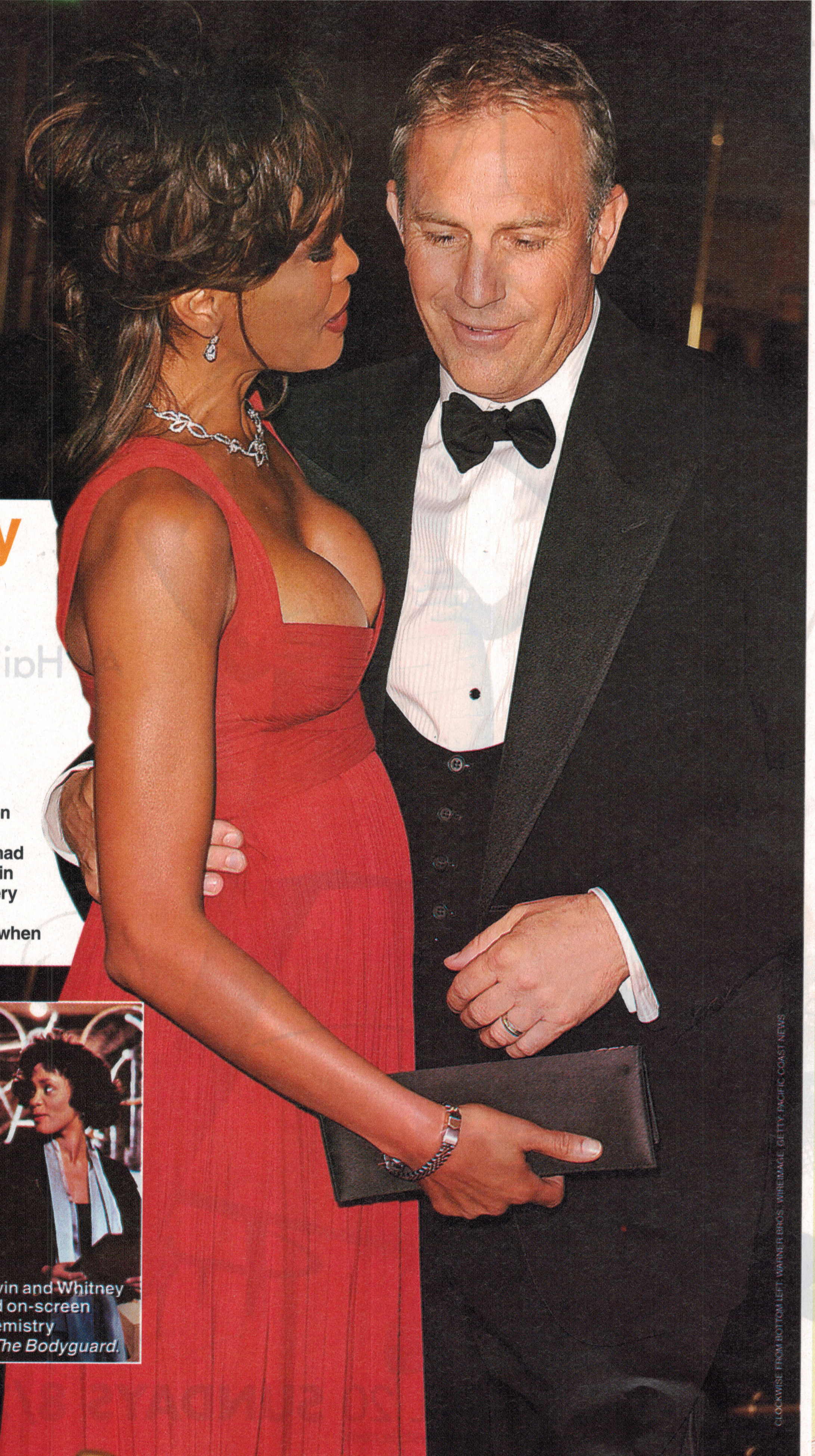

MY EYES ARE UP HERE, KEVIN!

Whitney will always love Kevin

It was a *Bodyguard* reunion for Whitney Houston and Kevin Costner at Muhammad Ali's Celebrity Fight Night in Phoenix on April 5. "It's very easy to fall in love with Whitney," Kevin admitted when the film debuted in 1992.

Kevin and Whitney had on-screen chemistry in *The Bodyguard*.

CLOCKWISE FROM BOTTOM LEFT: WARNER BROS, WIREIMAGE, GETTY, PACIFIC COAST NEWS

The bro-mance is back on

Super-close pals Woody Harrelson and Owen Wilson teamed up to watch the women's singles final at the Sony Ericsson Open tennis tournament in Key Biscayne, Fla., on April 5. "Owen was in a really good mood," says an eyewitness.

Nicole and Keith are on the move

A six-months-pregnant Nicole Kidman and hubby Keith Urban, here in Sydney on April 2, are busy prepping for baby. They just bought a $7 million five-bedroom home in LA near where Nicole used to live with ex-husband Tom Cruise.

Model is wearing In the Nic of Time

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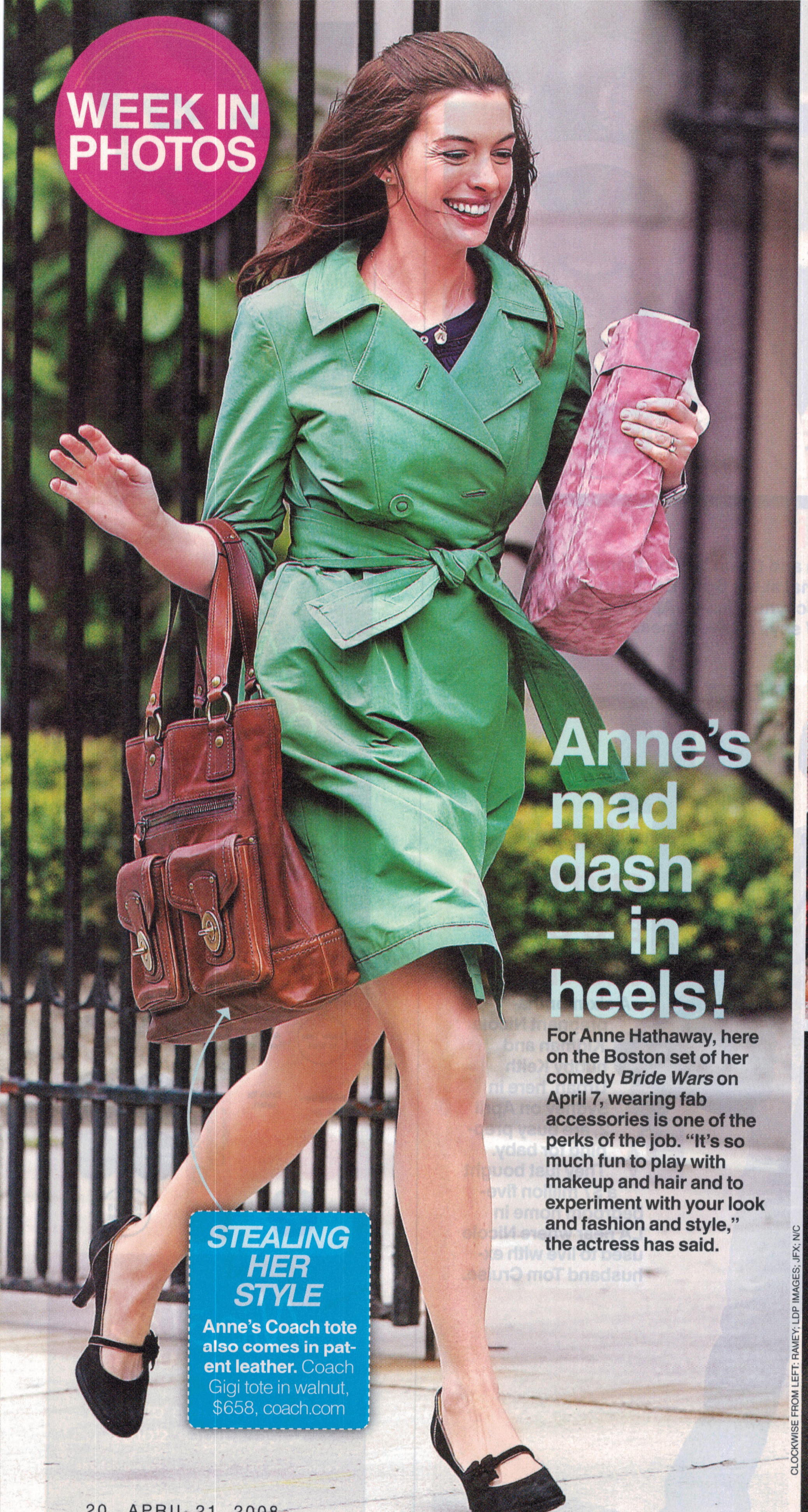


Anne's mad dash — in heels!

For Anne Hathaway, here on the Boston set of her comedy *Bride Wars* on April 7, wearing fab accessories is one of the perks of the job. "It's so much fun to play with makeup and hair and to experiment with your look and fashion and style," the actress has said.

STEALING HER STYLE

Anne's Coach tote also comes in patent leather. Coach Gigi tote in walnut, $658, coach.com

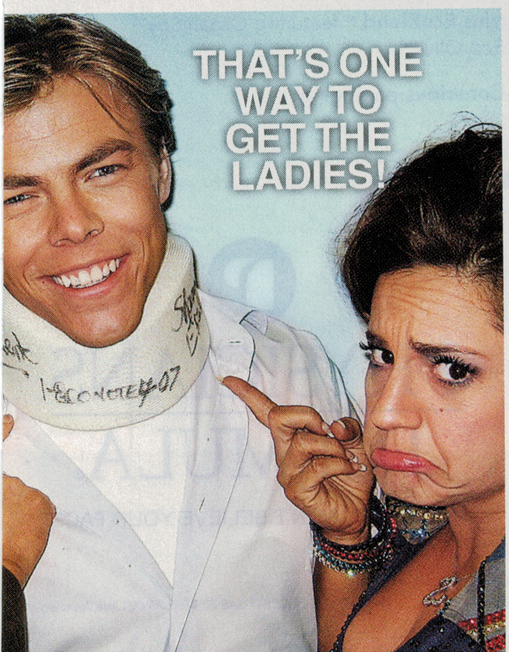
Uh-oh, Ben! Jen's walking down the aisle again!

Jennifer Garner played a blushing bride while filming *The Ghosts of Girlfriends Past* in Sudbury, Mass., on April 3. All the commotion was a far cry from Jen's real-life wedding to Ben Affleck in Turks and Caicos in 2005. "We were able to have a beautiful private wedding," she's said.

Who knew dancing was so dangerous!

***Dancing With the Stars'* Shannon Elizabeth (left) and Marissa Jaret Winokur cheered up dancer Derek Hough on April 1 after he injured his neck. Derek was back to practice with partner Shannon the next day.**

CLOCKWISE FROM LEFT: RAMEY; LDP IMAGES; JFX; N/C


THAT'S ONE WAY TO GET THE LADIES!

GREAT SMILES RUN IN THE FAMILY!

Gwen's got it going on

Gwen Stefani had a relaxing day visiting museums with hubby Gavin Rossdale and son Kingston, nearly 2, on April 5 in LA. But the multitasking mom is ready for upcoming chaos. She's launching her Harajuku line of fragrances, planning a tour with No Doubt and getting ready to give birth to baby No. 2, all while working on the spring 2009 LAMB clothing collection. Whew! We're exhausted just hearing about it!

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WEEK IN PHOTOS

KEN GIVES GOOD HAIR!

We know they're fake, Jess

Jessica Simpson modeled faux blond locks at a shoot for her and stylist Ken Pavés' Hairdo Extensions line in LA on April 7. "Nobody knows what to expect when I walk down the red carpet," Jess has said of the versatile clip-ons. "That's what I love."

Only Brittny wears jewelry to the beach

Reality star Brittny Gastineau mixed fun and fitness on April 2 in LA. "Tossing a beach ball is a great workout!" she tells *Life & Style.*

FROM TOP: WIREIMAGE (2); PACIFIC COAST NEWS

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HOW J.LO LOST 40 lbs.!

Hot mama Jennifer Lopez is getting her pre-baby body back — and in record time!

Jennifer Lopez certainly isn't taking a post-baby break! The mom of 7-week-old twins Emme and Max has managed to get her famous curves back on track despite double diaper duty and around-the-clock feedings. In fact, J.Lo, who admits she gained between 45 and 50 pounds during her pregnancy, has shed nearly all her extra weight already, an insider close to the star tells *Life & Style*.

But dropping 40 pounds since her Feb. 22 Caesarean section hasn't been an entirely stress-free feat. "Jennifer said she feels a lot of pressure to get her figure back," says a witness at NYC's Rita Hazan Salon, where the shapely singer was getting pampered on March 28. "Rita insisted that Jennifer looked incredible," adds the witness, "but J.Lo was modest and said she still had some pounds that had to go."

Her get-fit mentality

While J.Lo, 38, is clearly determined to get her body back, she doesn't regret how much she put on for Emme and Max. "I gained a good amount of weight, which I focused on because twins can sometimes have low birth weight," she recently said.

Of course, it helps that the 5-foot-6 star has an arsenal of fitness and nutrition experts — including her trainer of 10 years, Gunnar Peterson — at her fingertips to help her maintain the right attitude. "The key to regaining your body after giving birth is ramping up slowly," Peterson tells *Life & Style*. "It's like driving a fine high-end automobile; make sure it's warmed up first."

That's why Peterson says he limits J.Lo's exercise sessions — which last 45 to 75 minutes two to four times a week — to "what she can take and what her schedule permits." He's also come up with cardio and interval-training workouts that simulate moves familiar to a new mom — like carrying a stability ball filled with water that imitates the movement of a baby.

And when Jennifer doesn't have time to work out, her busy schedule alone is nearly enough to help her reshape her figure. "She's burning calories just by being a mom," explains the insider. "Running around trying to take care of twins, you don't have much time to relax or even eat."

No longer eating for three

Of course, J.Lo makes time for food — but she does it with incredible precision, says a friend. While the star has had

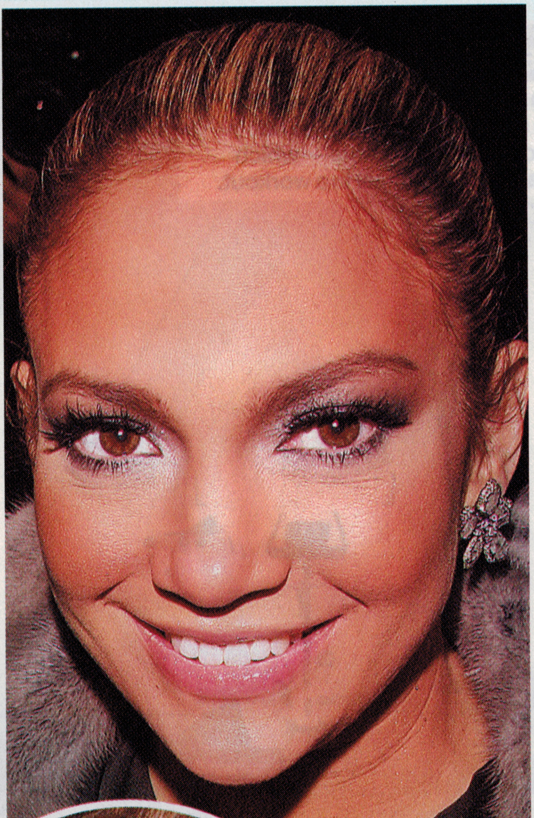
THEN

"The weight caused all kinds of aches and pains," says a friend about J.Lo, here in Marchesa on Feb. 6, just two weeks before giving birth.

NOW

J.Lo, here in Reem Acra on March 30, "is in terrific shape," says an onlooker who saw her recently at the Rita Hazan Salon.

Even her face looks much thinner



NOW

A glowing Jennifer already has her chiseled features back.

THEN

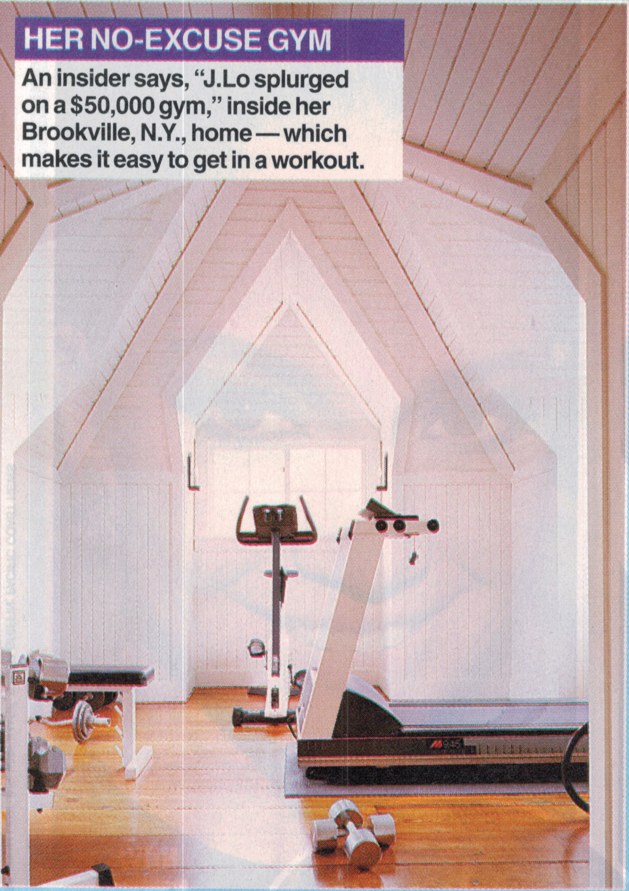
During her pregnancy, "J.Lo felt bloated," says a friend.

Forget her streamlined silhouette. The proof of J.Lo's dramatic weight loss is in her face — which has lost practically all the baby fat and regained its well-defined features. "Weight isn't lost in the face first — it's lost all over the body," notes Jackie Keller, author of *Body After Baby* and founder of NutriFit. "But since we see people's faces first, it's where weight change is most noticeable." It's also where the effects of long, sleepless nights can be seen — but that's something J.Lo, who has been overheard saying she's never been happier, isn't showing!

FROM LEFT: WIREIMAGE (2); JPI STUDIOS; SPLASH. ON THE COVER MAIN IMAGE: CORBIS. BACKGROUND: GETTY. INSETS CLOCKWISE FROM LEFT: INF; WIREIMAGE; BAUER-GRIFFIN; PACIFIC COAST NEWS

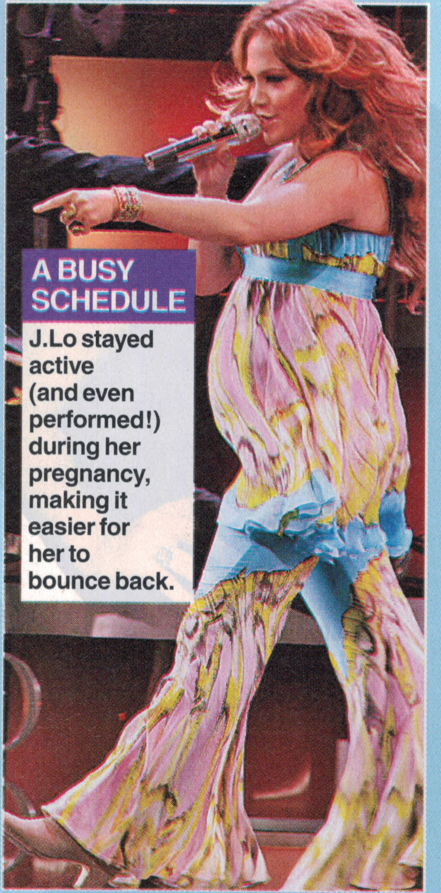
How she did it...

An at-home gym, plenty of activity and an easy menu have helped J.Lo say bye-bye to the extra weight



HER NO-EXCUSE GYM

An insider says, "J.Lo splurged on a $50,000 gym," inside her Brookville, N.Y., home — which makes it easy to get in a workout.



A BUSY SCHEDULE

J.Lo stayed active (and even performed!) during her pregnancy, making it easier for her to bounce back.

A NO-FAIL DIET

With caffeine and alcohol off-limits, she has a 3-ounce portion of protein at every meal and eats lots of nutritional dark leafy veggies like spinach, kale or collards.

dietetic meals delivered to her and hubby Marc Anthony's mansion in Brookville, N.Y., the friend says Jennifer also has a personal chef whose specific focus is the star's slim-down.

Forget following a menu plan — J.Lo's diet shuns one because monotony is what causes most dieters to give up. Instead, she just tries to include certain components in each meal. "She has four meals a day, and with each one she has either a cup of fresh fruit or uncooked vegetables," says the insider, who adds that Jen always has a bottle of water on hand to keep her hydrated and feeling full. J.Lo also makes sure to have protein at each meal to maintain her energy level.

For breakfast, she usually opts for scrambled egg whites, then has her choice of chicken, tofu or fish later in the day. She's avoiding red meat until she reaches her goal weight of 120 pounds.

Her other trick for keeping fattening foods out of her mouth? She doesn't keep them around! "Jennifer won't allow junk in the house," says the friend, "so after she goes to bed, Marc goes on food runs to satisfy his cravings."

New priorities

Like any new mom, J.Lo has been encouraged by her weight loss so far. "Now she has tons of energy," says the friend, "and it's a thrill for her to try on clothes she shoved in the back of her closet 10 months ago."

But even though J.Lo is motivated to drop her pregnancy weight, it's not her top priority. "Motherhood defines her now," the friend says. "Everything else, including her weight, is taking a backseat to Emme and Max." Yet the twins are actually *inspiring* J.Lo to get in shape to compete in a triathlon this fall. Says J.Lo, "I want the babies to be proud of their mom."

J.Lo's secret slimmin weapon!

"It's amazing how your stomach just goes *boop*, and it's this jiggly mess," says J.Lo of her post-baby belly. But no one would know it thanks to Yummie Tummie tanks. J.Lo's a fan of these body-shaping garments, which have a microfiber panel at the midsection to hide any lumps.

Long tank in white, $62, yummie tummie.com for stores

J.Lo's keeping her curves!

Sure, Jennifer's lost her pregnancy pounds — but that doesn't mean she's about to lose her trademark derriere. "She likes her curves," says a friend. Ador Orca, a pre- and post-natal certified trainer at NYC's Peak Performance gym, says that by doing low-intensity cardio and toning moves, it's possible to get a body like J.Lo's. Here's how.

TONE SHOULDERS TO BALANCE THE BODY

To make the upper body proportionate with the hips and thighs, Orca recommends a routine of shoulder presses, biceps curls and single-arm kickbacks (which work the triceps) using 5- to 7½-pound weights to start.

GET FAB ABS TO ACCENTUATE CURVES

To regain stomach strength (and work toward a slamming six-pack), Orca suggests doing crunches in a "don't move" position. That entails contracting the pelvic muscles while lying faceup on the floor with arms and legs in the air.

DO SQUATS FOR A JIGGLE-FREE REAR

For a J.Lo-worthy booty, Orca recommends a Swiss ball wall squat, which requires placing a ball between the wall and the back to help facilitate the squatting motion. This lower-body toner strengthens the glutes, quads and hamstrings.

J.Lo's extra slim-down incentive? She's signed on to film *Love and Other Impossible Pursuits* later this year.

FROM LEFT: CORBIS; MAVRIX; GETTY; IMAGE DIRECT. STILL LIFE: HBB

THE NEWLYWEDS

"One day I hope to be married with children," Beyoncé said in 2006. Hmm — when will she and Jay-Z hit the second milestone?

Inside Beyoncé and Jay-Z's top-secret wedding

The sky's the limit as the first couple of R&B say 'I do!'

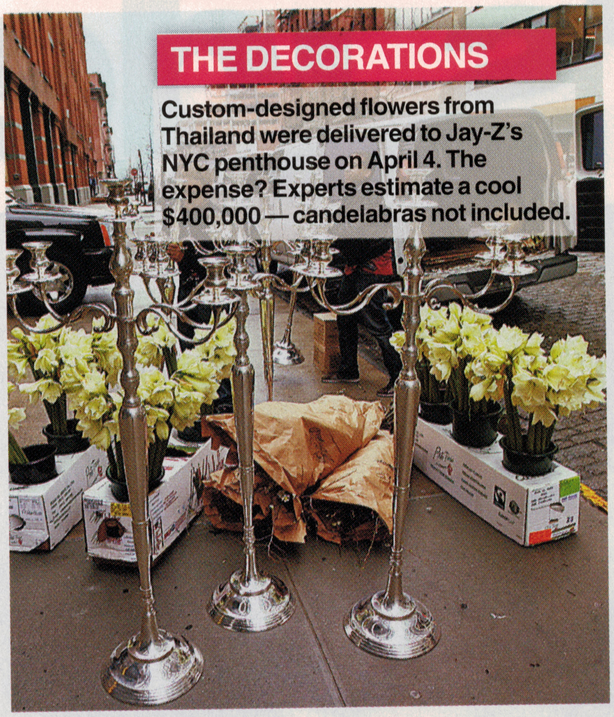
At last! After five years together, Beyoncé Knowles, 26, and Jay-Z, 38, finally tied the knot on April 4 in a private ceremony in NYC. And to celebrate their first night as husband and wife, the couple threw a lavish bash for 30 friends and family members at Jay-Z's three-story penthouse in the city's Tribeca neighborhood.

"Beyoncé always wanted a small wedding," an insider says. But no expense was spared for the rooftop reception. Five-foot-tall silver candelabras and 60,000 white flowers — including orchids, lilies and white roses — decorated the tent set up for the occasion. DJ Cassidy, a favorite of the groom's, was hired to spin for guests, including Beyoncé's mom, Tina Knowles, and her father and manager, Matthew.

Though the couple have yet to officially confirm the nuptials, Mary J. Blige did the honors in Greensboro, N.C., where she performed with Jay-Z on April 5. "Congratulations to my man Jay-Z and my girl B," she shouted to the audience before starting her set with "You're All I Need." Aww — how romantic!

The lavish details

The couple went all out for their ritzy reception, held at Jay-Z's $6.85 million Manhattan digs



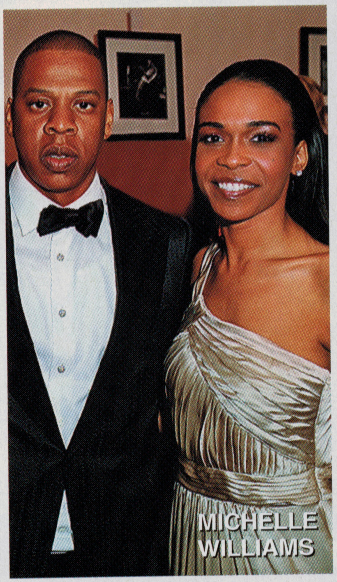
THE DECORATIONS

Custom-designed flowers from Thailand were delivered to Jay-Z's NYC penthouse on April 4. The expense? Experts estimate a cool $400,000 — candelabras not included.

THE SCENE

Secrecy enveloped Jay-Z's penthouse apartment, where tuxedo-clad waiters bustled in and out of a rooftop tent. "The security crew Jay-Z hired outnumbered the guests," says an insider.

KELLY ROWLAND



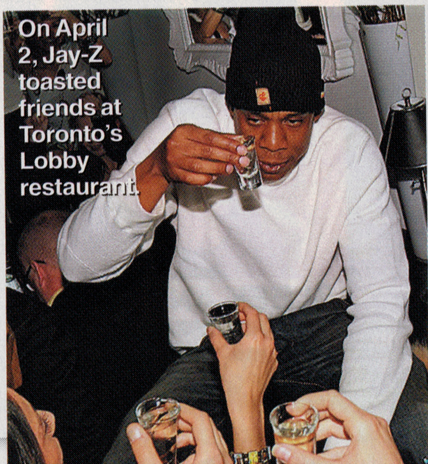
MICHELLE WILLIAMS

SOLANGE KNOWLES

GWYNETH PALTROW

THE GUESTS

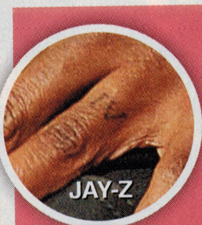
Women wore white to the ivory-themed reception. Among the guests: Beyoncé's former Destiny's Child mates Kelly Rowland and Michelle Williams, her sister, Solange, and close friends Gwyneth Paltrow and Chris Martin. "Gwyneth said she was looking forward to drinking vodka!" says an insider.



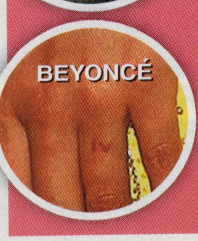
On April 2, Jay-Z toasted friends at Toronto's Lobby restaurant.

Jay-Z's wild bachelor bash!

Jay-Z had good reason to celebrate after his April 2 concert in Toronto. A day earlier, he and Beyoncé had gotten their marriage license in Scarsdale, N.Y. "He was definitely in a good mood," an insider at the Lobby, the restaurant where the rapper partied with a large crew, tells *Life & Style*. Though Beyoncé wasn't there, "Jay-Z was in a very celebratory mood," says the insider.



JAY-Z



BEYONCÉ

WHY APRIL 4?

April 4 (4/4) is a lucky day for the couple, who have matching IV tattoos on their left ring fingers (left). Both were born on the fourth day of a month (Beyoncé in September and Jay-Z in December). And the name of the hip-hop mogul's nightclubs? 40/40.

MAIN IMAGE: GETTY. THIS PAGE, FROM TOP LEFT: SPLASH; INF PHOTO; SPLASH; WIREIMAGE (2); FINAL PIXX; BAUER-GRIFFIN; LDP IMAGES; FILMMAGIC; SPLASH

Katie's ide

Her career took a big hit, she's dropping more weight and she got *another* new haircut. Is Katie Holmes lost?

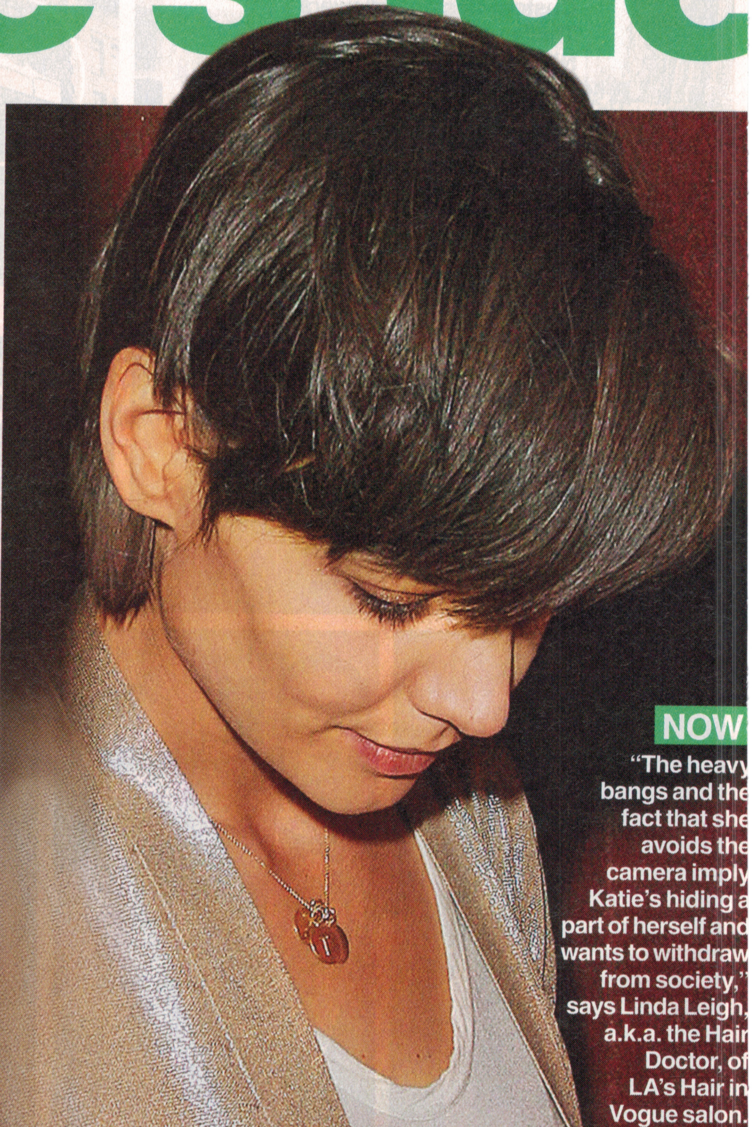
Katie Holmes drew more stares than usual when she had dinner at LA's Osteria Mozza on March 31. "She came in with a new haircut," says an eyewitness. "She looked really tired and thin."

And Mrs. Tom Cruise did her best to keep a low profile. "Katie was hesitant to have her picture taken," says a second witness. "Maybe she was worried people would see what she ate. She had only steamed asparagus as an appetizer, then a tiny plate of chilled beets for her entrée. She seemed a bit hungry, actually. Poor thing!"

Indeed, she appears to be in a slump lately. "Katie Holmes seems to be finding it harder and harder to be Katie Holmes," says an insider close to the 29-year-old star. "Tom is always on, but she gets worn out. She needs a break."

Her ever-changing hairstyle could be a sign of trouble, too, says Jeffrey Gardere, an NYC-based psychologist who does not treat Katie. "There's something happening regarding her perception of herself and what she thinks other people think of her," Gardere tells *Life & Style*. "The cutting of the hair, the interesting intake of food — something's going on with her."

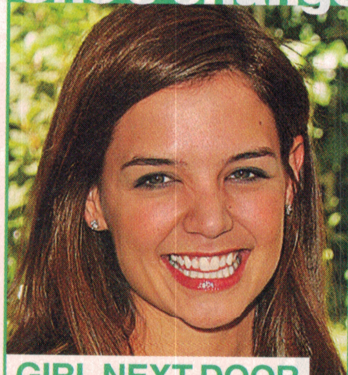
But the Katie insider isn't worried: "She's constantly reinventing herself. If she's in a rut, it's just temporary."



NOW

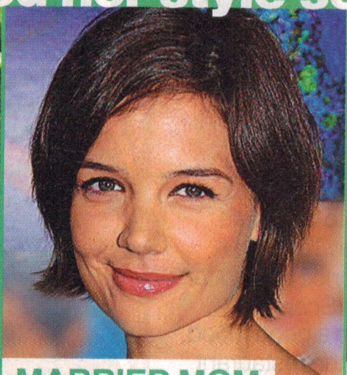
"The heavy bangs and the fact that she avoids the camera imply Katie's hiding a part of herself and wants to withdraw from society," says Linda Leigh, a.k.a. the Hair Doctor, of LA's Hair in Vogue salon.

She's changed her style so many times since Tom!



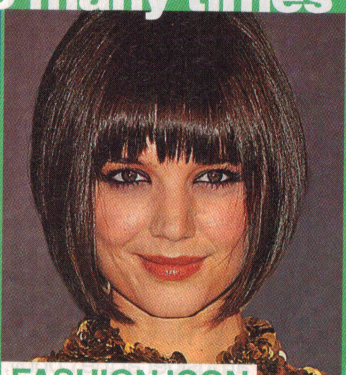
GIRL NEXT DOOR

"She looks very open," the Hair Doctor, Linda Leigh, says about Katie's June 2005 look. "It's pure, innocent, balanced."



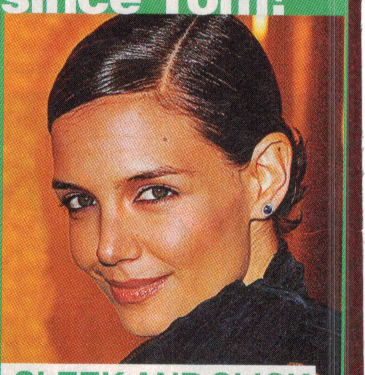
MARRIED MOM

"There's warmth here," says Leigh. In October 2007, "Katie looked reserved but not closed off."



FASHION ICON

"There's a coldness to this bob. You can tell she wants to make things happen," Leigh says about this November 2007 'do.



SLEEK AND SLICK

"This is very rigid," Leigh says about Katie's February 2008 style. "She has a formal approach to life right now."

ntity crisis

What's behind her struggle

SHE HAS BODY ISSUES

"She's very skinny," insists an insider close to Katie. "She thinks she's eating well, but in the end it's not so healthy."

Tom and Suri played alone in LA on March 25.

SHE WANTS TO BE MORE THAN JUST A MOM

Katie was last spotted out with Suri on Jan. 16. "She's definitely not as hands-on as Tom," says an insider.

SHE WAS A BOX OFFICE FLOP

Katie met with ex-manager John Carrabino on March 20 and is pursuing new projects following the disappointing *Mad Money*, which grossed only $20 million.

SHE HAS FEW FRIENDS

Katie, who hardly sees pal Victoria Beckham anymore, "could benefit from more friends," says an insider.

CLOCKWISE FROM LEFT: BAUER-GRIFFIN; REX; BAUER-GRIFFIN; X17; BAUER-GRIFFIN

Finally ready to meet Justin again

STILL A FRIEND

"There is so much history between Justin and Britney," says an insider.

Britney Spears' father, Jamie, arranges a surprising rendezvous for Britney and ex-boyfriend Justin Timberlake

The scene could have taken place years ago. On April 4, Britney Spears shared an intimate family dinner with her parents, Jamie and Lynne, and older brother Bryan at LA's Peppone restaurant. "Britney looked relaxed and content, and when she was asked if she wanted to see the wine list, she said she wasn't drinking," says a witness. She seemed to be watching her weight, too: "She had a few bites of pasta and no bread."

In fact, Jamie, who has been caring for his daughter in recent months, is trying to turn back time, reintroducing Britney to the people who loved her before she spiraled out of control. The biggest step: He has set up a meeting between Britney, 26, and the man she still views as the one true love of her life, says the insider, ex-boyfriend Justin Timberlake. "Jamie reached out to Justin and asked if he'd be willing to come over to Britney's house to talk to her face-to-face," says the insider. "And Justin said yes."

A shocking reunion

Jamie suggested a low-key summer barbecue as the setting for a reunion for the childhood friends, who began dating in 1998 and split up four years later, after Britney reportedly cheated on Justin with a friend of his. (Britney has denied it.) Things have reportedly been bitter ever since, with Justin writing a song widely assumed to be about Britney, "Cry Me a River," which all but accuses her of having an affair.

Since then, Britney's relationships have been disastrous. "It's no secret that Justin's the only man Britney ever really loved," says the insider. "Jamie's hoping that by finally seeing him, she'll be able to get some real closure, some resolution. He thinks that might be a huge help to her."

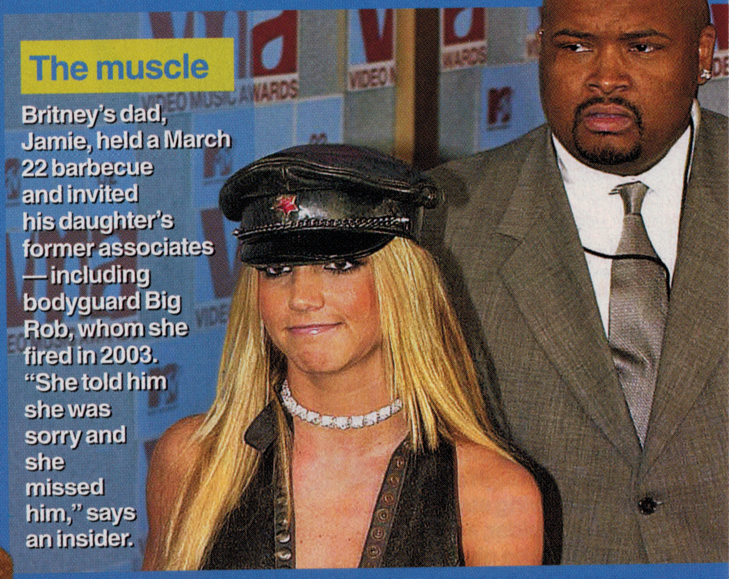
Will it help her?

Jamie's on the right track, notes psychotherapist and relationship expert Jenn Berman, who doesn't treat Britney. "I think it would be a positive step if Brit were to meet with Justin," she says. "A connection with someone from a healthy time in her life can only help her. And it's really terrific of him to reach out and be supportive of her after all she's been through."

Indeed, Justin, 27, seems willing to forgive and forget. "He's really rooting for her to get back to being the Britney he cared so much for," says the insider. "It's touchy, because there was a lot of hurt between them. But he's now willing to be her friend."

SHE'S BRINGING BACK PEOPLE FROM HER PAST

Britney's not just reuniting with an ex-boyfriend!



The muscle

Britney's dad, Jamie, held a March 22 barbecue and invited his daughter's former associates — including bodyguard Big Rob, whom she fired in 2003. "She told him she was sorry and she missed him," says an insider.

The manager

Brit also met with former manager Larry Rudolph, whom she blamed for forcing her into rehab. "Larry is willing to work with her again, but he didn't even mention business to her," says the insider.

The K-Fed connection

Another onetime manager, Dan Dymtrow, now manages Brit's ex Kevin Federline. But he also attended the barbecue.

The former friend

Britney reconnected with Jen Webster, who now works for the Jonas Brothers, says the insider, who adds, "Brit was really happy to see them all."

FROM TOP LEFT: GETTY; FLYNET; RAMEY; LANDOV; FILMMAGIC; WIREIMAGE

The Jolie-Pitts are JUN JUN

Chips!

Shiloh (here with her mom and Zahara in New Orleans in March) is going through a "misbehaving stage," says an insider, and Angie may be giving her and Z salty snack foods to pacify them. But that can teach kids to "self-medicate with food," says nutrition expert Dr. Elena Michaels.

Soda!

This bottle of Orangina — loaded with sugar and calories — is nearly Maddox-size.

Shiloh Jolie-Pitt doesn't turn 2 until May 27, but she already seems to be in the midst of the dreadful Terrible Twos. "She's going through a difficult period right now," says a Brad insider. "There's crying, whining and tantrums, and sometimes it's a struggle to get her to nap or eat dinner," frustrating her parents, Brad Pitt and Angelina Jolie.

K-FOOD KIES!

A diet full of sugar, salt and fat may be causing Brad and Angelina's kids to act out

Ice cream!

Brad's so laid-back, "if Zahara wants ice cream for breakfast, she'll get it," says an insider.

Candy!

Pax recently chowed down on chocolate candy. "Sugar isn't good for the health of the teeth," notes nutritionist Keri Glassman.

Beef jerky!

A snack like this is often full of fat — Slim Jim's Giant Slim contains a whopping 13 grams of fat — but that didn't stop Mad and Angie from each enjoying it in Houston on March 31.

They used to eat healthy!

Back in 2004, when Angelina had only one child to think about, she made time to give Maddox veggies. A pal insists the kids do eat well — at home.

"Shiloh's tantrums make it hard for Brad and Angie to take her anywhere," the insider says.

All toddlers go through tough stages, but something Brad, 44, and Angie, 32, are doing may be aggravating the situation. Like her three siblings, Maddox, 6, Pax, 4, and Zahara, 3, Shiloh seems to live on candy, chips and other junk food at times.

"Children who eat junk food or any food that has lots of sugar tend to get a sugar rush, which makes them very hyperactive," nutritional expert Dr. Elena Michaels, who has not treated the family, tells *Life & Style*. "And then they crash, which makes them lethargic and cranky."

So why don't Brad and Angelina just hire a personal chef to always prepare healthy meals for the kids? "They like to take care of the kids on their own," says an Angie insider. "But they can't cook, so they look for food that comes out of a box and doesn't have to be cooked — and the kids just love fried foods."

One insider who knows the couple defends the kids' eating habits. "Brad and Angelina work really hard at letting their kids be normal," says the friend. "That means they let them do stuff we all did as kids, like eat chocolate or scarf down a bag of chips."

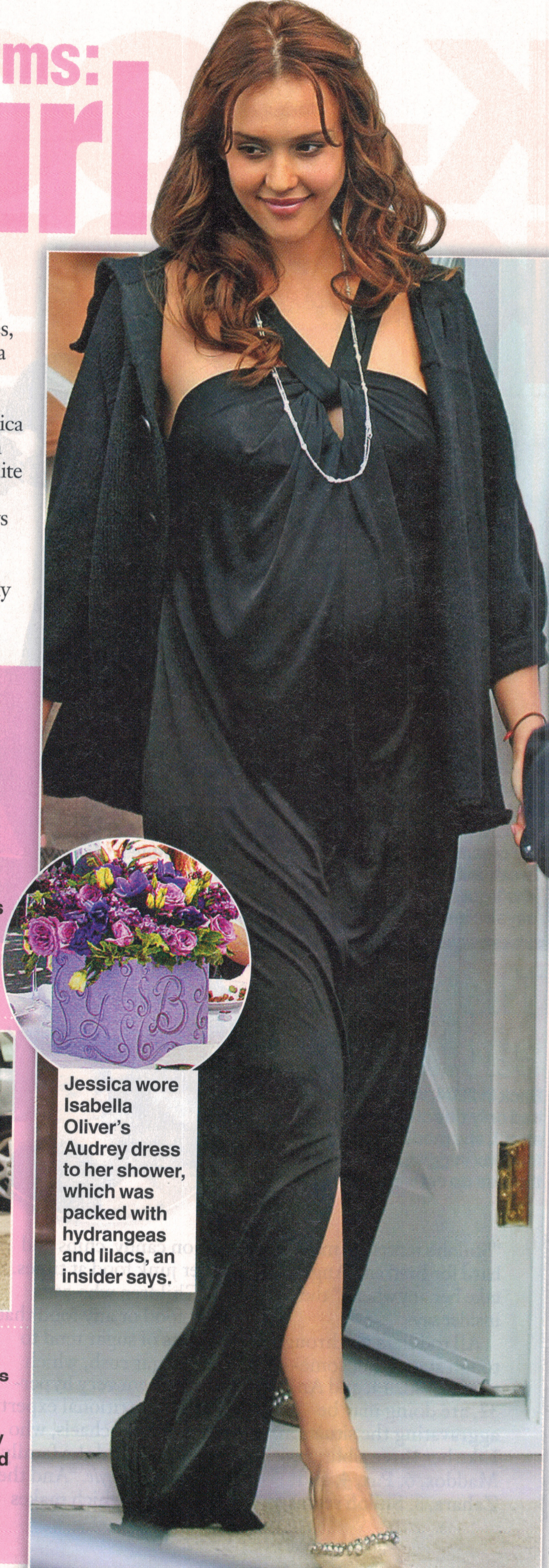
FROM LEFT: SPLASH; RAMEY; SPLASH (2); LIMELIGHT; SPLASH

Jessica confirms: It's a girl

Inside Jessica Alba's intimate baby shower

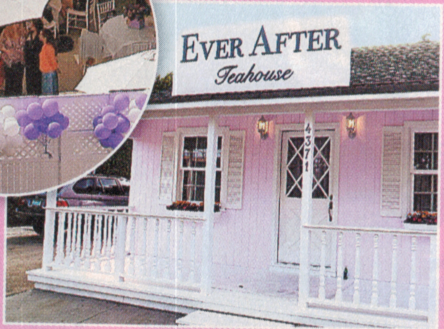
With only a few months to go before she welcomes her new bundle of joy, Jessica Alba finally spilled her secret to friends, says an insider: She's having a girl! At her April 6 baby shower at LA's Ever After Teahouse, "Jess announced the sex of the baby," the insider tells *Life & Style*. "She's thrilled to be having a daughter," reportedly to be named Honor.

At the shower, some 35 guests dined on cucumber sandwiches, lavender macaroons and vanilla petits fours with decorative baby booties, insiders say. A touching moment came as Jessica opened a gift from fiancé Cash Warren. "It was green-and-white nursing pajamas for Mom and matching PJs for the baby," says the first insider. "It made her cry." But they were tears of joy. Says another insider, "She really wanted to share her happiness with those close to her."



Jessica wore Isabella Oliver's Audrey dress to her shower, which was packed with hydrangeas and lilacs, an insider says.

What a party!



The venue

The luncheon at LA's Ever After Teahouse included a massage room and psychic, says the insider, who adds that every room was purple, the baby's nursery color. Plus, guests painted fabric squares to be made into a baby quilt.

The guests

"Best wishes! Love you!" pal Jaime King said to Jess. Others like Kim Kardashian (right) and Rashida Jones left with goody bags containing sunglasses, champagne and peach baby food (for Bellinis), says an insider. Cash Warren (far right) hauled away the gifts.

The presents

Pals reportedly gave Jess Dr. Seuss books, rattles, a fancy Fresco Bloom high chair, strollers, baby clothes and a giant stuffed bunny. She also got loot from Kim Kardashian's kids store, Smooch.

CLOCKWISE FROM RIGHT: BAUER-GRIFFIN; X17 (3); WENN; JFX; X17 (2)

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COURTENEY AND DAVID HIRE A BABY LAWYER!

Courteney Cox and David Arquette, 36, have a new production in the works. The couple, whose daughter, Coco, turns 4 in June, have decided to adopt a child. "They desperately want another baby," says a Courteney insider. "They tried on their own for two years and it just didn't happen. So they've agreed to try adoption."

Courteney, who will be 44 in June, reportedly suffered several miscarriages before giving birth to Coco in 2004. "Fertility procedures are more complicated now because of her age," notes an insider close to the couple. But seeing close pal Sheryl Crow with her adopted son, Wyatt, helped them make the final decision. "Courteney and David fell in love with Wyatt. And they love the fact that Sheryl is giving a home to a child."

They're even using Sheryl's adoption lawyer. "It could take two years," says the Courteney insider. "They'll do whatever it takes."

Courteney "doesn't want Coco to be an only child," says an insider.

"Courteney and David don't care if it's a boy or a girl," says an insider. "They just want a healthy baby."

Owen parties without Kate

Old habits die hard for Owen Wilson. The star boozed it up at Michael's Genuine Food & Drink in Miami on March 31 after his on-again girlfriend, Kate Hudson, 29, left to film her new movie, *Bride Wars*, in NYC. "He came in looking haggard, like he'd already been partying hard," says an eyewitness. "He ordered two double sambuca blacks in an hour." Interestingly, when Owen went to Michael's on March 17 *with* Kate, he didn't drink at all. "She had margaritas," says a witness that night, "but he stuck to nonalcoholic beverages." So does Owen, 39, who attempted suicide last August after his breakup with Kate, spiral out of control when she leaves? "She brings up a lot of his fears and insecurities, and he drinks over it," an insider speculates. "He'll be devastated if things don't work out between them," adds a friend.

"Owen looked pretty rough," says a witness at Michael's in Miami.

Julia and Danny's sexy night out

Julia Roberts and husband Danny Moder's dinner at the Waverly Inn in NYC on April 1 turned into a rare PDA for the normally super-private couple. "They were with a party of five, but they were all over each other like it was just the two of them," says an eyewitness. "They were practically sitting on top of each other!"

Julia, 40, and Danny, 39, who married in 2002, left the restaurant around 10 p.m. and returned home to their children, twins Hazel and Phinnaeus, 3, and Henry, 10 months. "They were holding hands as they waited for their car," says the eyewitness. "It was *very* romantic."

Ye Waverly Inn

"Julia and Danny looked so in love," says a witness.

CLOCKWISE FROM LEFT: SPLASH; BAUER-GRIFFIN; CELEBRITY VIBE; FLYNET; GETTY; SPLASH

JAMIE LYNN'S VERY LONELY BIRTHDAY

Did Jamie Lynn Spears' family abandon the starlet on her 17th birthday? The mom-to-be celebrated her big day on April 4 in McComb, Miss., without her mom, dad or big sis, Britney, all of whom were in LA. Only Casey Aldridge, the father of her baby (and her reported fiancé), helped the birthday girl blow out her candles.

Jamie Lynn and Casey, 18, had a low-key day, which included a shopping expedition to Wal-Mart. "They looked at garden furniture and TVs but spent most of their time in the baby section," says an onlooker. "She held on to him tightly."

The couple also dined at a Ruby Tuesday. "Jamie Lynn ate healthy foods," says an onlooker. "She made two trips to the salad bar."

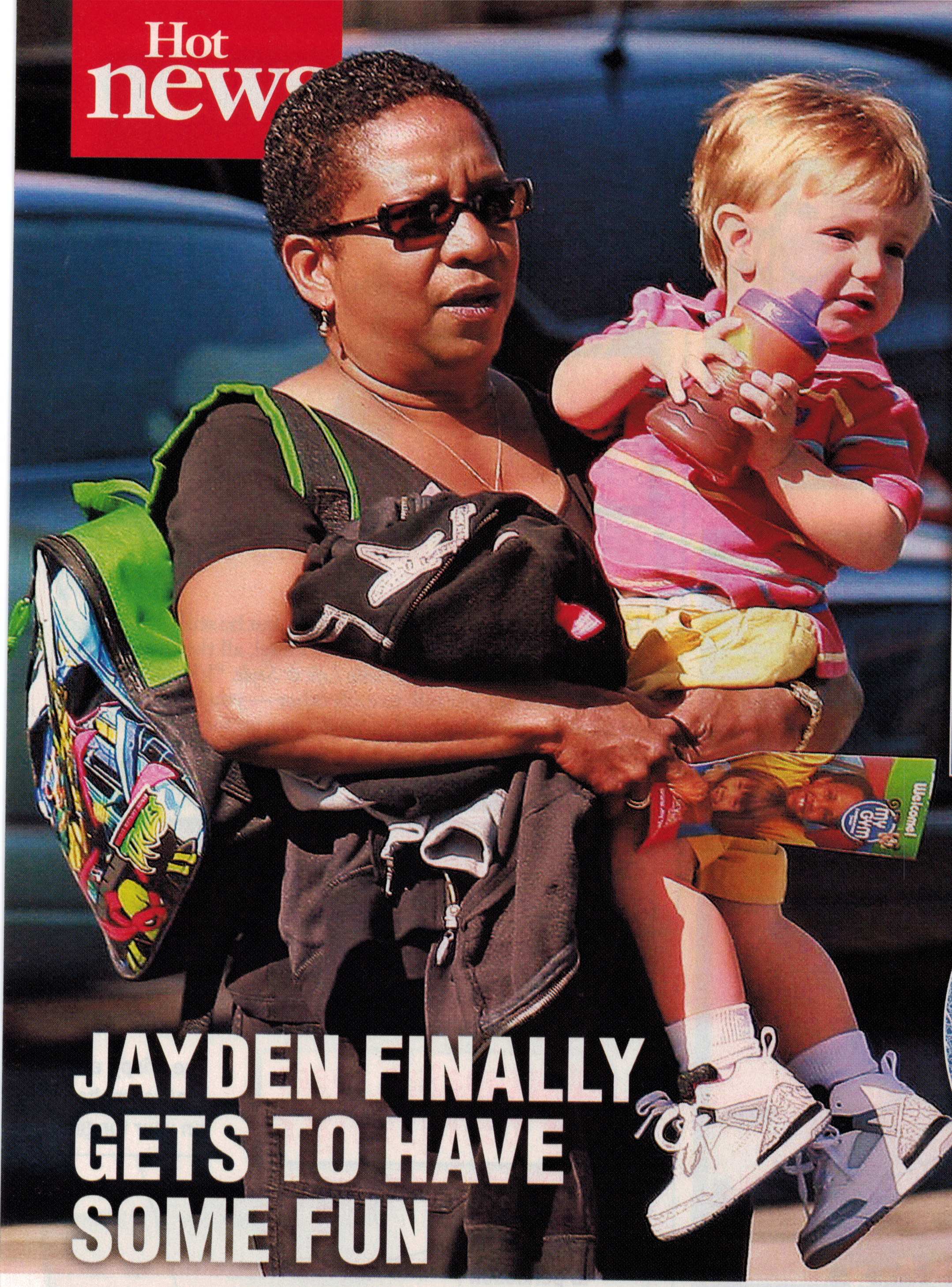
Meanwhile, the rest of the Spears clan, including Jamie Lynn's brother, Bryan, enjoyed a private dinner at Peppone restaurant in LA. "I never even heard them mention Jamie Lynn," says a fellow diner.

At least Britney was thinking about her little sister, despite their rocky relationship. "Britney called and wished Jamie Lynn a happy birthday the day before," says an insider. And the pop star didn't skimp on a gift. "She wanted to get Jamie Lynn something really cool, so she came into our store and decided on a custom Christian Audigier bag and dress," Carol Leffler, Christian's executive assistant, tells *Life & Style*. "It was really cute!"

Jamie Lynn, here at Wal-Mart, reportedly got the best present of all *before* her birthday: an engagement ring from Casey. Her reported response: "I love it!"

Is she putting her baby in danger?

Jamie Lynn, who's in her third trimester, took a spin with Casey in an ATV on April 6. "Those things are very risky — whether you're pregnant or not," says the chief of high-risk obstetrics at Hackensack University Medical Center in New Jersey, Dr. Abdulla Al-Khan, who doesn't treat Jamie Lynn. "You could fall off easily, so the danger is trauma."



"Jayden loves any kind of sports equipment," says an insider.

FLASHBACK

Jayden didn't look so happy in his pre-gym days with Britney in 2007.

JAYDEN FINALLY GETS TO HAVE SOME FUN

Britney Spears' baby boy is getting buff! Jayden James, the pop star's 19-month-old son, is loving his new workout regimen at LA's My Gym for kids. "He has excellent coordination," an insider tells *Life & Style*. "He picks up on things faster than the other kids and is a natural athlete."

Jayden sweats it out during one-hour sessions set to pop hits and *Barney* tunes. "They start with introductory stretching, and then the toddlers launch into gymnastics and tumbling," explains the insider. "There are lots of somersaults. It's hard to get Jayden to stop!"

After warming up his muscles, Jayden moves on to perfecting his sports skills. "This is when he really shines," the insider says. "He can sort of dribble a basketball and can handle a hockey stick quite well."

Jayden has his dad, Kevin Federline, to thank for introducing him to his new passion. "Kevin was looking for more organized activities for Jayden, who needs constant stimulation," says a second insider. "Kevin didn't want him to suffer from boredom like he did at his mom's house."

Jayden, who reportedly hits the gym sometimes with his big brother, Sean, 2½, is also getting a mental workout. The program is designed to teach kids about teamwork and the fun of friendly competition. In both areas, Jayden excels. "He gets along with the other kids and has a sweet nature," says the first insider. "Plus, he has this funny laugh that gets everyone giggling!"

WHAT THE STARS ARE…

Doing to give back

PETE WENTZ (pictured with **ASHLEE SIMPSON**) and other celebs will be shopping for a cause at **VH1 SAVE THE MUSIC FOUNDATION'S THIRD-ANNUAL BIG SHOPPING DAY** at Boulevard 3 in LA on April 26.

Drinking

CACHAÇA
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When Brazilian bombshell **GISELE BÜNDCHEN** wants a taste of home, she indulges in a cocktail made with **CACHAÇA MOLECA**, a spicy liquor made from South American sugarcane and served at Miami hot spot Mokaï.

Blinging

PARIS HILTON doesn't settle for run-of-the-mill jewelry, which is why she's a huge fan of the line **FILEENA**. Its pieces (right) are made with rare gemstones including South Sea black pearls.

Doing after hours

When it comes to partying VIP-style in Las Vegas, stars like **NICK LACHEY** and **VANESSA MINNILLO** know where to head: **NOIR BAR**, the intimate, ultra-exclusive lounge located in the Luxor's club LAX.

"We're pretty big goobers," Josh told *Life & Style* at Kenneth Cole New York Celebrates the Awareness Fund in LA on April 3.

Katherine and Josh's video iChat

Josh Kelley is on tour a lot these days, but he still gets to see his new wife, Katherine Heigl, all the time. "We do video iChat," Josh tells *Life & Style*. "It's the bomb. You can't just talk to each other — you have to *see* each other." Josh, 28, even dresses up for Katherine, 29. "Even though we're married, I still make sure I'm not looking goofy. I want her to say, 'Okay, I want that man to come back home!'"

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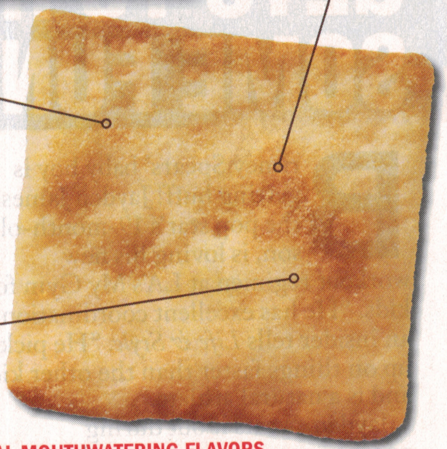

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CAMERON AND GERARD DOUBLE DATE WITH REESE AND JAKE!

Diners at LA's Chateau Marmont got an A-List treat on April 4. Cameron Diaz and new beau Gerard Butler — who *Life & Style* first reported are an item — stopped by for a late-night bite with another couple, Reese Witherspoon, 32, and Jake Gyllenhaal, 27. "They arrived at 12:30 a.m. and grabbed a table on the patio," says an eyewitness. "Cam snuggled up to Gerard and rested her head on his shoulder. Jake and Reese were really cute together, too — joking a lot and just very comfortable with each other."

The foursome enjoyed red wine and appetizers (Gerard, 38, did the ordering) as Cameron, 35, kept everyone in stitches. "She was the center of attention," says the witness. "Reese threw in an occasional wisecrack, but Cam was really on a roll."

The night got a little awkward only when Reese and Cameron left to powder their noses. "Gerard and Jake didn't say much to each other," says the witness. "They both seemed relieved when their dates returned!"

"Cameron and Gerard held hands under the table, but Reese and Jake (below) were slightly less affectionate," says a witness.

Reese and Jake called it a night at 3 a.m., about 30 minutes after Cameron and Gerard left.

Ryan and Sophie left in a chauffeured car shortly before 2 a.m.

Ryan's smitten with Sophie Monk!

Ryan Seacrest canoodled with Benji Madden's ex-fiancée, actress Sophie Monk, 28, at LA hot spot Foxtail on April 4. They sat together and whispered into each other's ear, says an onlooker. "He was a gentleman. He made sure her glass of champagne was never empty and stood up when she went to the ladies' room." That Ryan, 33, is friendly with Paris Hilton — who is now dating Benji — didn't seem to be an issue, either. "It was like an old-fashioned proper date," adds the onlooker. "In fact, it appeared to be a first date."

CLOCKWISE FROM TOP LEFT: FILMMAGIC; EVERETT; BUZZFOTO; INF

kitson
FASHIONABLY CONNECTED

"Victoria does nothing to promote her line here," Kitson owner Fraser Ross tells *Life & Style*.

The problem between Posh and Kitson

It's getting ugly between Victoria Beckham and Kitson. The hot LA shop, which has carried Victoria's dVb clothing and accessories line since its launch in 2007, is furious that the 34-year-old designer refuses to make a personal appearance at its store. "We've asked her PR people many times for her to appear, but she's too busy, they say," Fraser Ross, owner of Kitson, tells *Life & Style*. "We even hooked her up with her manufacturer in Canada. It's crazy." Is it an unwise business practice, too? "A celebrity line is no different from an album or a [music] tour," Ross says. "It has to be promoted to sell, and Victoria's not doing that."

"I would tell President Bush, 'Good job! Good job getting us into a recession,'" Perez tells *Life & Style*.

Watch out, Washington, here comes Perez!

President Bush won't know what hit him on April 26, the day celeb blogger Perez Hilton is set to attend the White House Correspondents' Association dinner as a guest of the Bloomberg network. "D.C. should fear me," he tells *Life & Style* exclusively, "because unlike a lot of politicians, I speak the truth. That scares a lot of people." Should *The Hills*' Lauren Conrad be afraid, too? After all, Perez says his longtime nemesis will be sitting at his table. "Lauren and I had some issues in the past," he says diplomatically. "I broke the sex-tape scandal." But he'll play nice, Perez promises: "I actually like her a lot!"

CLOCKWISE FROM TOP BOTTOM LEFT: INF PHOTO; FAME; WIREIMAGE; SPLASH; PR PHOTOS; GETTY

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ON THE SCENE

● **TAYLOR DAYNE** singing her '80s hit "Tell It to My Heart" and two songs from her new album, *Satisfied*, at NYC hot spot Tenjune on April 1. Also on hand: **JANET JACKSON**.

● **LIV TYLER** accidentally zippering son Milo's finger in his coat after their recent mommy-and-me pizza date at Otto in NYC.

● **AVRIL LAVIGNE** washing down her pizza with champagne at club MurMur at the Borgata Hotel Casino & Spa in Atlantic City, N.J., following her March 28 performance.

● **LINDSAY LOHAN**, **REBECCA ROMIJN**, **ROSE McGOWAN** and **HAYLIE DUFF** sitting in a row and getting new hairdos at the Neil George Salon in Beverly Hills on April 1.

● **TARA REID** enjoying dinner with friends and sipping Stoli Elite martinis at Social Miami at Sagamore on March 27.

● **LAUREN CONRAD** flirting with a handsome blond guy (in front of **BRODY JENNER**!) at LA hot spot Goa on April 3.

● **KID ROCK** taking over the DJ booth for a set at LA's Foxtail on April 3.

● **AMANDA BYNES** celebrating her 22nd birthday at Tao in Las Vegas on April 3.

● **JIMMY KIMMEL**, at LA's Roosevelt Hotel, ordering Jameson signature cocktails for girlfriend **SARAH SILVERMAN**, **ADAM CAROLLA**, **KID ROCK** and **REBECCA ROMIJN** while celebrating the 1,000th episode of his talk show, *Jimmy Kimmel Live*, on April 3.

"The tour is going really well," Avril told *Life & Style* at the Borgata Hotel Casino & Spa.

Lindsay was a brunette until she reverted to blond recently.

● **KANYE WEST** toasting *Nylon* magazine's ninth anniversary with a glass of Moët & Chandon champagne at 1 Oak Lounge in NYC on April 2.

● **CHRISTINA RICCI** and **GINNIFER GOODWIN** partying in Shanghai, China, on March 29 during the 80th-birthday bash for footwear designer Salvatore Ferragamo.

● **Heidi Montag** and **Spencer Pratt** hanging out with his sis Stephanie at Cut at the Palazzo in Las Vegas on March 26.

SIDE DISH

WITH WENDY WILLIAMS

Do you like Katie's new haircut?

Eh. I thought she looked better when she resembled our favorite Cruise fashionista, Suri. Katie's makeup has to be just right, and her clothes have to be sexy, otherwise she looks hard. Honestly, she's just a clip away from looking like Tom!

TUNE IN! Talk diva Wendy Williams hosts the nationally syndicated radio show *The Wendy Williams Experience* (107.5 FM WBLS in New York, 93.5 FM KDAY in LA). Log on to the wendywilliamsexperience.com, and check out her current novel, *Is the Bitch Dead or What?*

CLOCKWISE FROM TOP LEFT: X17; WIREIMAGE; STARTRAKS; BAUER-GRIFFIN; INF (2)

Breaking up can ~~be hard to do~~

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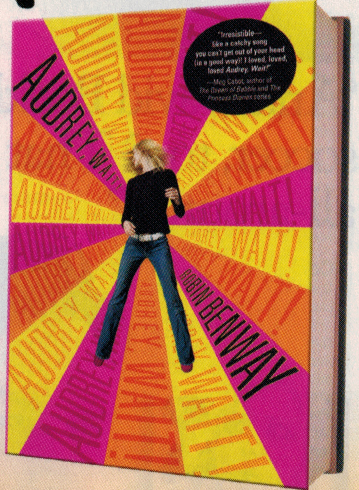
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—Meg Cabot, author of *The Queen of Babble* and *The Princess Diaries* series
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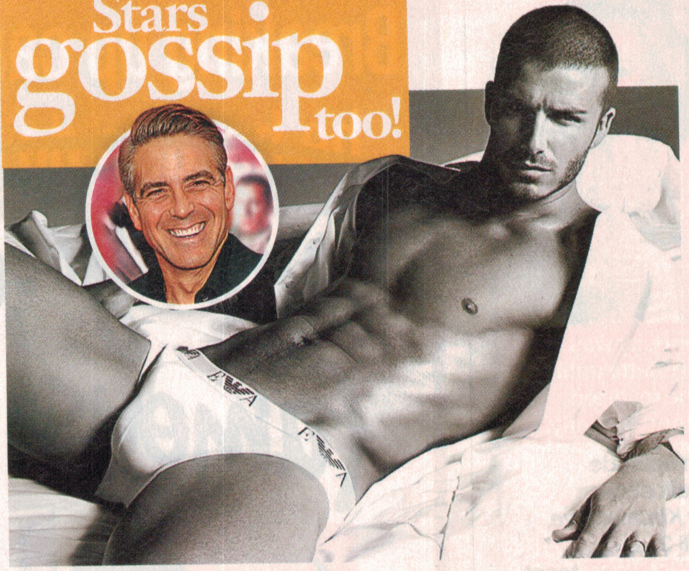
Stars gossip too!



“And David Beckham plays soccer, too? That guy’s talented all-around!”

—George Clooney on David Beckham’s ads for Armani underwear

“I never had any Lindsay Lohan moments; my mother would have killed me.”

—*Knocked Up* star Katherine Heigl

“I’m crazy, and he’s sane. He’s one of the smartest people. And that goes for life smart and book smart.”

—Mila Kunis on boyfriend of five years Macaulay Culkin

“James McAvoy — who the f--- wouldn’t swoon over that kid?”

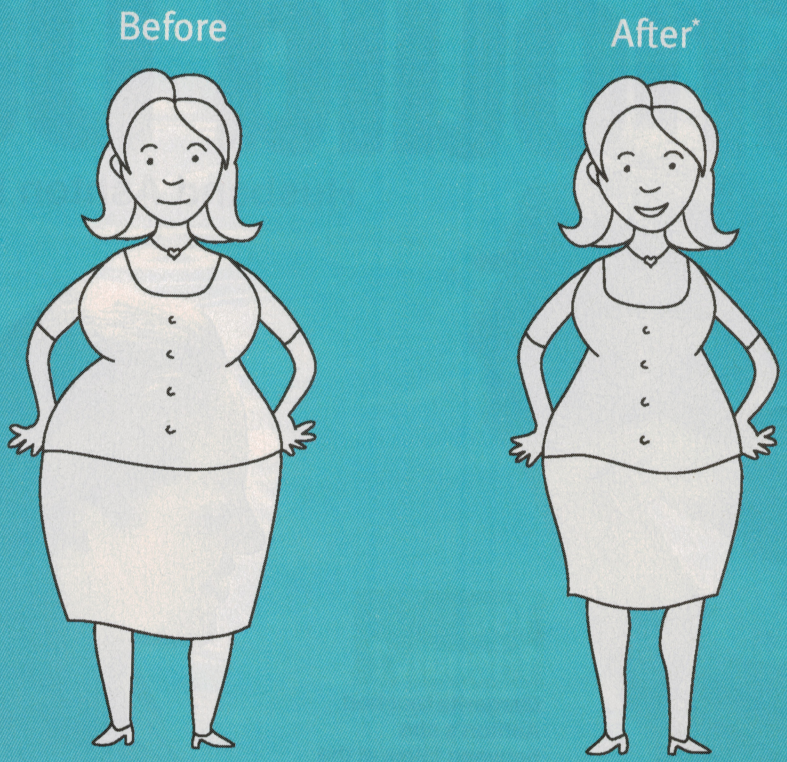
—Courtney Love

“They took their kids onstage at every show of their tour. To be a child of 3 and have 25,000 girls screaming at you — I don’t think that’s necessarily good.”

—Kelly Osbourne on the Spice Girls

FROM TOP LEFT: REX; N/C; WIREIMAGE (2); FLYNET; EVERETT; STARTRAKS; GETTY; SPLASH; PHOTO IMAGE PRESS

NEW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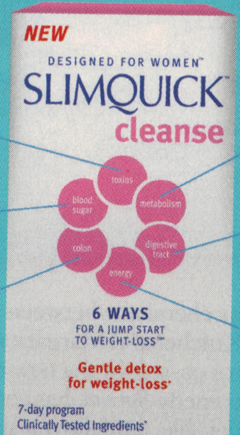
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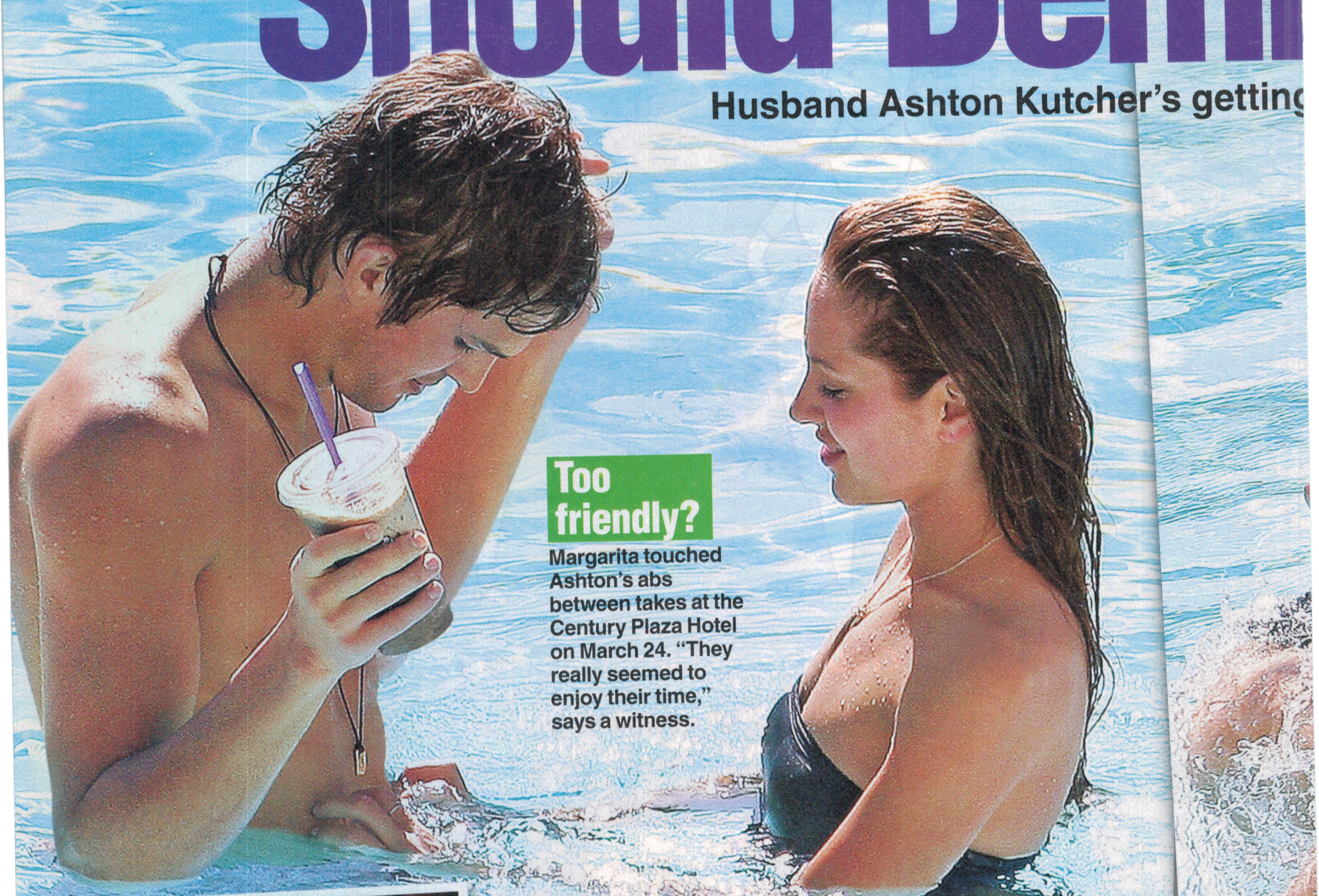
Should Demi

Husband Ashton Kutcher's getting



Too friendly?

Margarita touched Ashton's abs between takes at the Century Plaza Hotel on March 24. "They really seemed to enjoy their time," says a witness.

Steamy sex scenes

The duo shot a graphic scene on a secluded LA beach on March 5. Ashton covered up between takes, but Margarita didn't, according to an insider.

The chemistry between Ashton Kutcher and Margarita Levieva, his co-star in the new romantic comedy *Spread*, has certainly been believable. And during shooting of a sexy swimming pool scene at LA's Century Plaza Hotel on March 24, one witness was shocked by what happened when the cameras *weren't* rolling.

"They filmed for about four hours in the afternoon, and the mood between the two of them was very flirtatious," the witness says. "In between takes, they would playfully dunk each other under the water. At one point, she removed an eyelash from his cheek and lifted it up to him, and he blew it off."

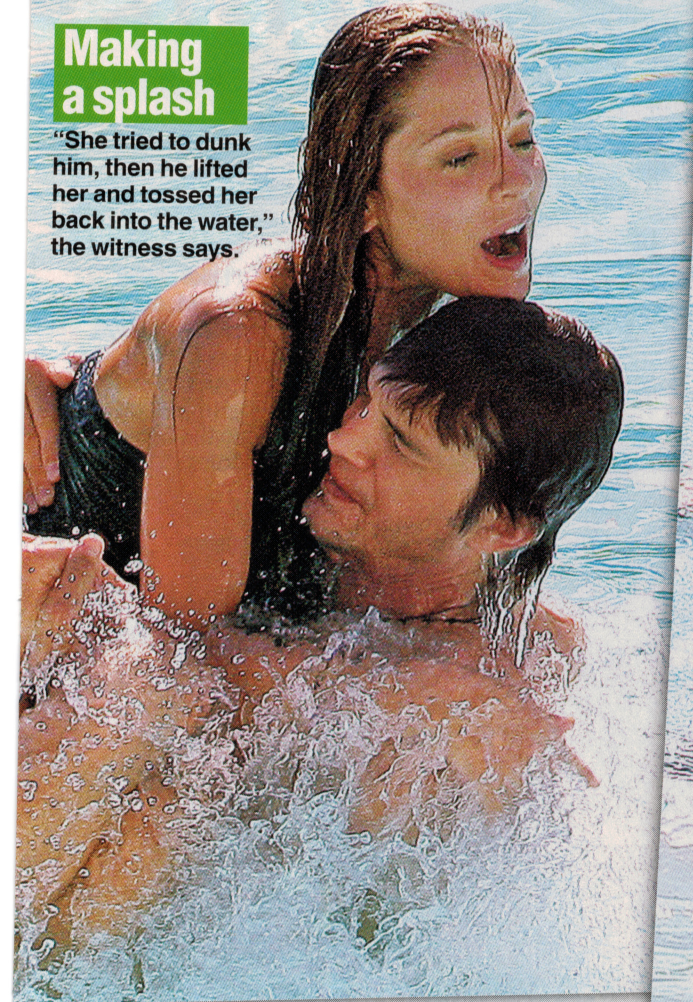
In one unguarded moment, when Ashton, 30, and Margarita, 23, were facing each other and waiting to resume shooting, the actress "ran her fingertips over his stomach," says the witness.

Ashton's wife, Demi Moore, 45, has been on set a great deal, but she wasn't around for the one-on-one pool party. That's probably a good thing: An insider says that while their marriage is as solid as ever, Demi admits she's not happy about Ashton's off-camera closeness with his co-star. "Ashton has been enjoying himself a little too much for Demi's comfort," the insider says. "She trusts Ashton, but she can't help but feel threatened by a young hottie who's flirting with her man."

Ashton has been careful to reassure

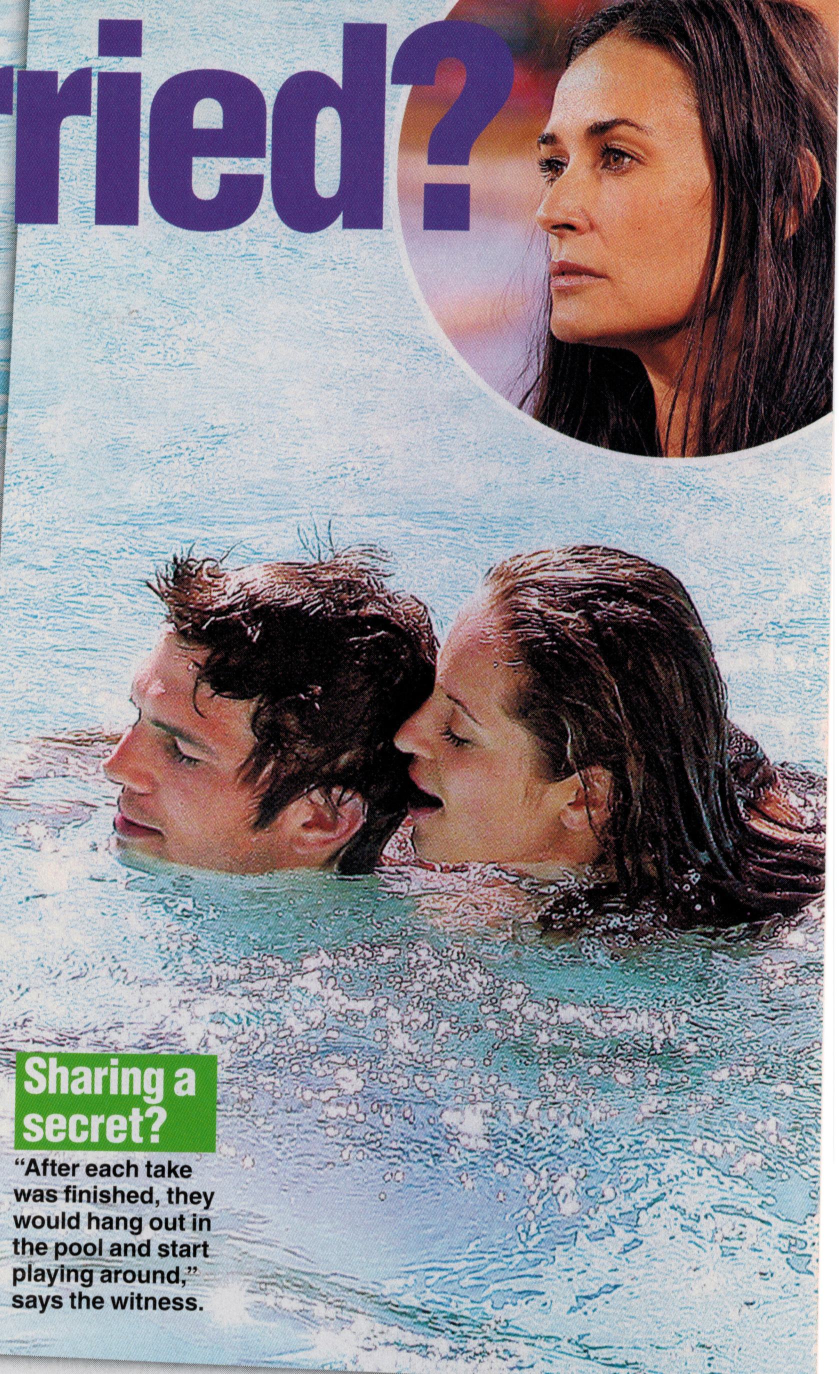
be worried?

lose to his co-star — off camera



Making a splash

"She tried to dunk him, then he lifted her and tossed her back into the water," the witness says.



Sharing a secret?

"After each take was finished, they would hang out in the pool and start playing around," says the witness.

Demi that anything going on with Margarita, a Russian-born former gymnast, is just acting. And Demi's trying not to act like a chaperone — she flew to New York to spend time with ex Bruce Willis and their three daughters recently.

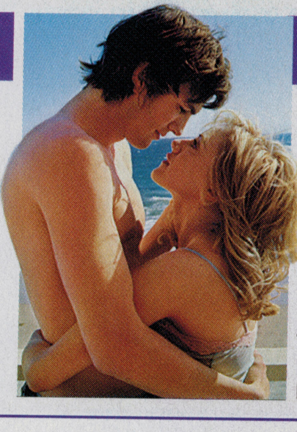
But it's not easy for her to play it cool. As *Life & Style* has reported, Ashton and Margarita shot a graphic sex scene on March 5, and one witness said "the electricity between them was amazing."

While friends say they know Demi and Ashton are devoted to each other, the insider adds, "It's only natural that she would feel jealous at times. She can't wait for the film to end."

It's happened before!

He flirted with Cam

Ashton became very friendly with Cameron Diaz, 35, on the Brooklyn, N.Y., set of *What Happens in Vegas* last year.



He hooked up with Brittany

He and *Just Married* co-star Brittany Murphy began a seven-month romance in 2002. "She's the total package," he said.

CLOCKWISE FROM LEFT: INF; PACIFIC COAST NEWS (3); RAMEY; EVERETT COLLECTION; SPLASH NEWS

Miley Cyrus:

Miley's perfect guy

"I like really sweet, down-to-earth guys," says Miley. "And I think confidence is the coolest thing."

Miley tours with (from left) brother Braison, mom Tish, dad Billy Ray and sister Noah. She has three older half siblings, too!

I'm never getting married!

The *Hannah Montana* star dishes on guys and life on the road with her family

Miley Cyrus is just 15 years old, but with her hit Disney Channel show, *Hannah Montana* (which also stars her dad, country singer Billy Ray Cyrus), and a new album and *The Hannah Montana Movie* in the works, the bubbly young actress and singer is already taking the world by storm. Just imagine what she'll do when she's old enough to drive!

What would your fans be surprised to know?

I'm a big tomboy. I'm very into sports and riding bikes and motorcycles. My mom always says, "Miley, you're going to end up killing yourself!" I run into walls and do all kinds of funny stuff. As long as people laugh, I don't really care how bad it hurts.

You have a song called "Girl's Night Out." What's *your* perfect girls' night?

Hanging with my friends. I also love eating a lot of food and watching movies. My friend and I bought 20 movies the other night. We woke up at 10 a.m. and watched them until 8 that night. We just got up every couple of hours for a coffee run.

On your recent concert tour, what did you ask for in your dressing room?

Soap and two towels because I'd shower at the venue. I hate showering on the tour bus, where my brothers use all the hot water. I also asked for Frosted Flakes.

What was your tour bus like?

I love fashion, so my bunk and the bus were filled with clothes. And I have every video game ever invented.

Was it hard to be on tour?

My whole family was on the tour bus — and my five dogs, including my German shepherd. There are five of us, with my brothers and sisters, and we all shared one bathroom! I shared it with three boys, including my dad. My brother has a ridiculous mullet right now, and he'd use my brush but leave all his hair in it. And he used my toothbrush to comb his eyebrows! I'm never getting married because I cannot take sharing a bathroom.

Speaking of marriage, are boys intimidated by you — or your dad, Billy Ray?

Apparently, because I don't ever get asked out. I'm just going to say it's intimidation because I don't know what the problem is.

Do you have any crushes?

There will be times when guys are into me and I think I'm too great on my own. I'm too much to handle right now. I'm like, "You're boring me." I can't be quiet and ladylike and cute for boys for too long — I have to be a bit crazy. There are guys who I like to hang out with, but I like to be the girl who no one can get. I think that's always hotter.

But you'll eventually settle down with that one special person, right?

I'll think about it! Then I'll be a little nicer. For now I'll whip guys into shape for whoever they end up with later!

Who is Miley's type?

Orlando Bloom

"Orlando is gorgeous," says Miley — though at 31, the actor is more than twice her age! "I'd take Orlando anytime," she says. "But he is a bit of a player."

Zac Efron

Though thousands of teens across the country might feel different, Miley isn't into the blue-eyed *High School Musical* star. "Urgh! No, thank you," she says about Zac, 20. "He's not my type."

Jesse McCartney

Miley admits she once had a crush on Jesse, 20, who played Hannah Montana's boyfriend while guest-starring as himself on her TV show. Lucky Miley!

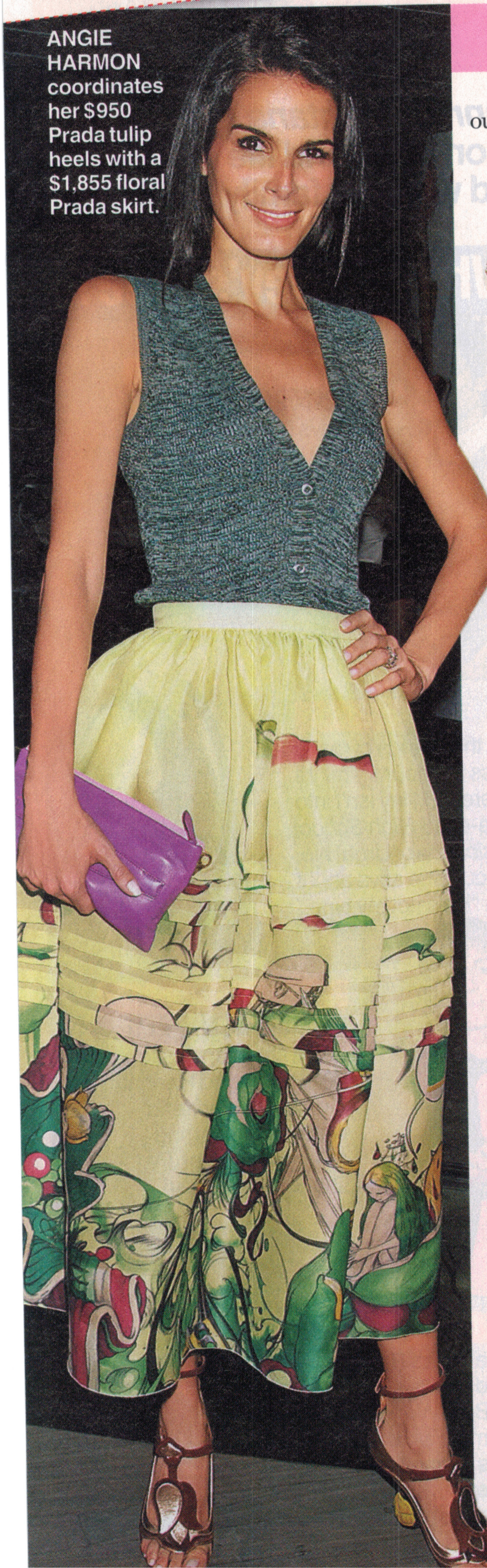
Nick Jonas

The Jonas Brothers opened for Miley on her Best of Both Worlds tour, and rumors swirled that she was dating Nick, 15. But Miley insists the two are just close pals.

Style List
TREND ALERT

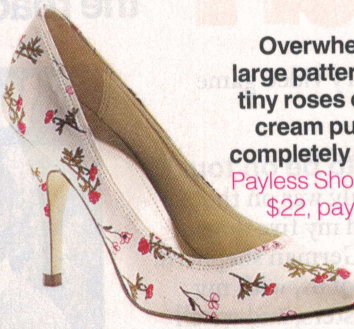
The ultimate

Florals



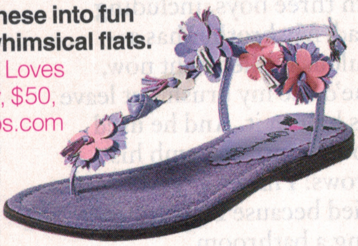
ANGIE HARMON coordinates her $950 Prada tulip heels with a $1,855 floral Prada skirt.

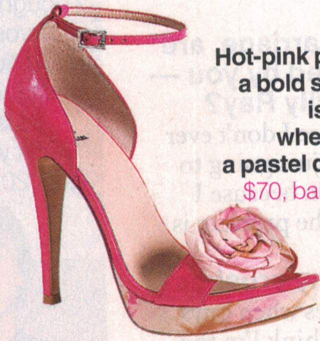
"Flowers add a feminine touch to any outfit," says Ken Downing, fashion director of Neiman Marcus. "If you're fashion-forward, mix them with similar prints."



Overwhelmed by large patterns? The tiny roses on these cream pumps are completely low-key. Payless ShoeSource, $22, payless.com

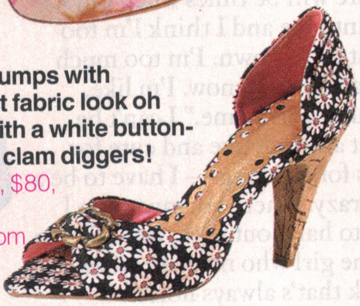
Leather bud cutouts turn these into fun and whimsical flats. Penny Loves Kenny, $50, zappos.com

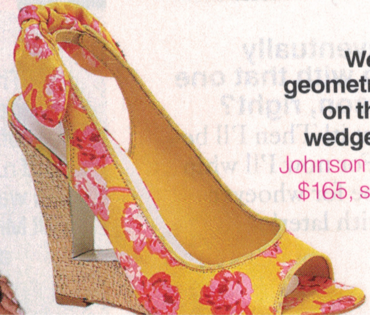




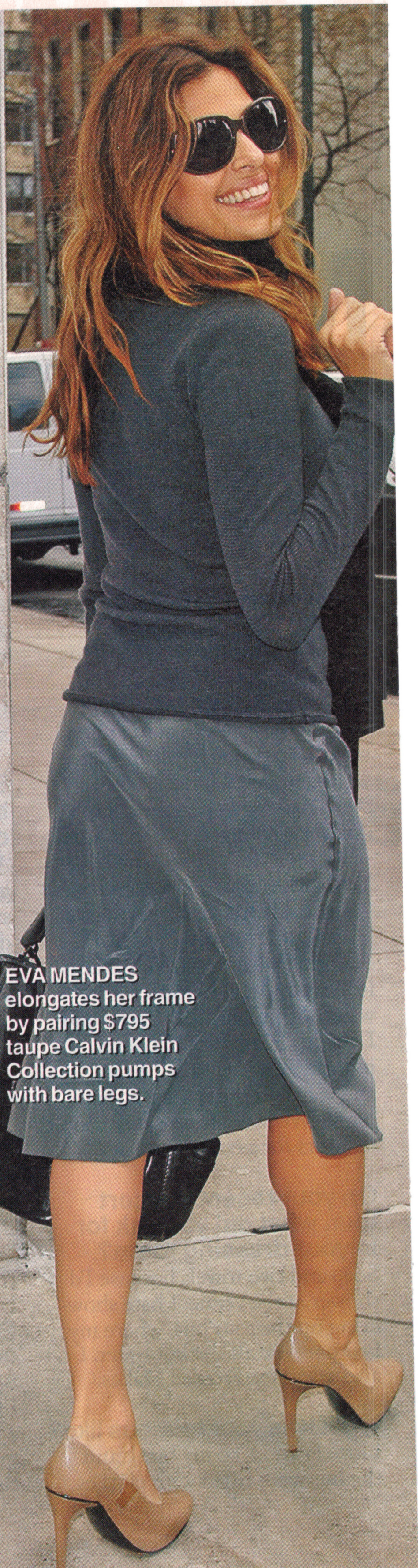
Hot-pink patent makes a bold statement but is so romantic when paired with a pastel dress. Bakers, $70, bakershoes.com

D'Orsay pumps with daisy-print fabric look oh so retro with a white button-down and clam diggers! Seychelles, $80, seychellesfootwear.com





We love the geometric cutout on these rosy wedges. Betsey Johnson Footwear, $165, shoes.com



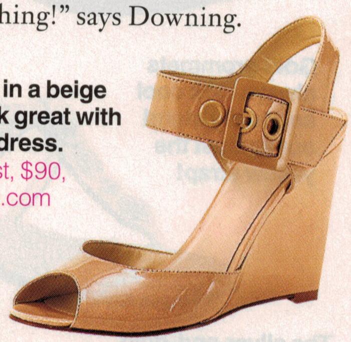
EVA MENDES elongates her frame by pairing $795 taupe Calvin Klein Collection pumps with bare legs.

shoe guide

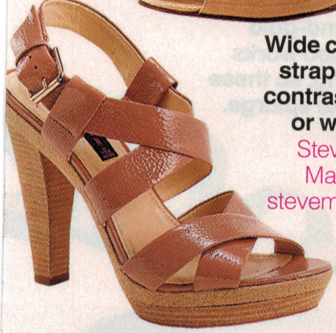
After trying on hundreds of pairs, we picked this season's five hottest styles

New nudes

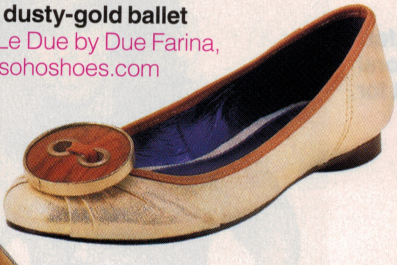
"Nude shoes, whether they have a pink, brown or cream hue to them, are chic and can be worn with anything!" says Downing.



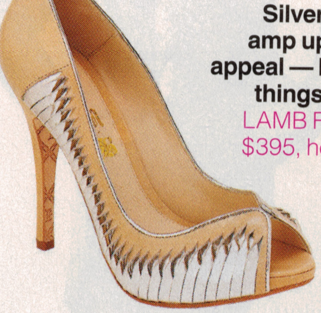
Wedges in a beige tone look great with a bright dress. Nine West, $90, piperlime.com



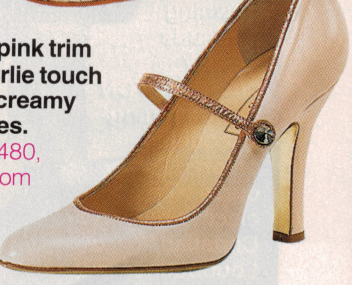
Wide coffee-color straps are a cool contrast with blue or white denim. Steven by Steve Madden, $140, stevemadden.com



An oversize wooden button adds charm to these dusty-gold ballet flats. Le Due by Due Farina, $195, sohoshoes.com



Silver cutouts amp up the sex appeal — but keep things neutral. LAMB Footwear, $395, heels.com

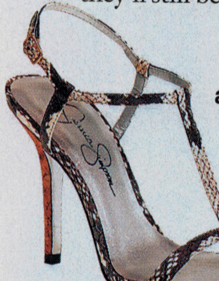


Metallic-pink trim adds a girlie touch to these creamy mary janes. Be & D, $480, beandd.com

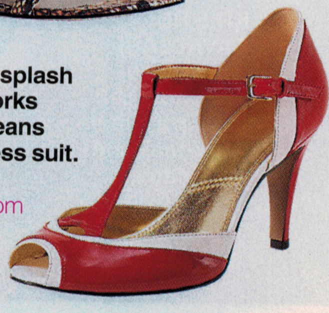
HEIDI MONTAG tones down her bright-pink babydoll with gold-and-black T-straps.

T-straps

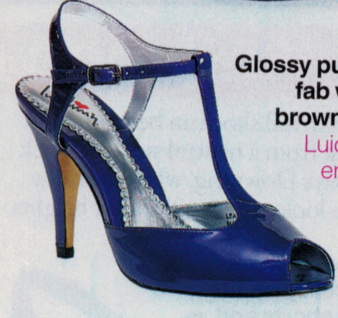
"T-straps have old-Hollywood flair — especially when worn with a ruffled dress," says Downing. "And they'll still be hot in the fall."



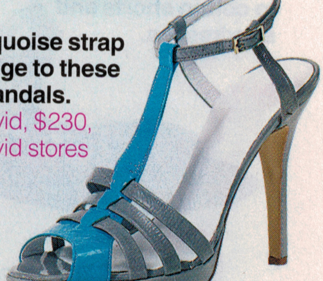
The combo of snakeskin straps and cork heels looks totally modern. Jessica Simpson, $79, Macy's



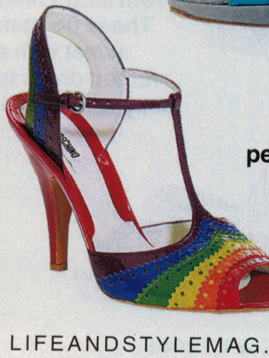
Red with a splash of white works with dark jeans or a business suit. Tahari, $98, piperlime.com



Glossy purple looks fab with black, brown and blue! Luichiny, $110, endless.com



A bold turquoise strap adds an edge to these platform sandals. Charles David, $230, Charles David stores nationwide



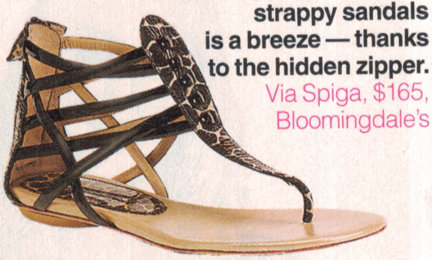
The latest kelly green toe polish would look fab peeping out of this rainbow style. Moschino, $645, nordstrom.com

Style List
TREND ALERT

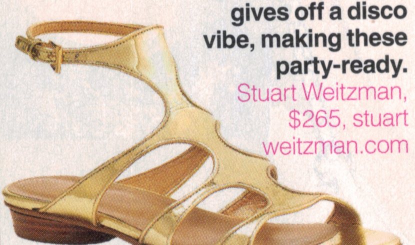
KRISTIN CAVALLARI shows how gladiators can jazz up a simple white tank and blue jeans.

Gladiators

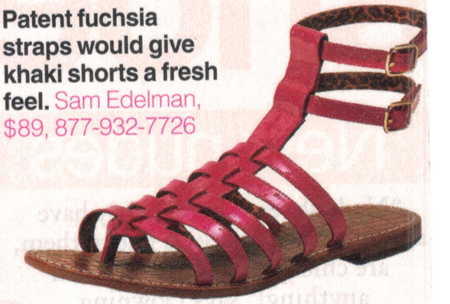
"Long, flowy dresses and shorts with a safari jacket — two of spring's hottest trends — are fab with gladiator flats," says expert Ken Downing.



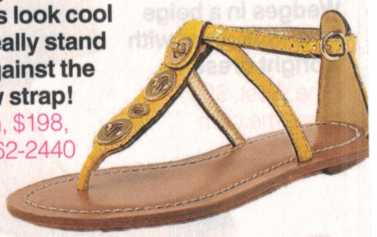
Slipping into these strappy sandals is a breeze — thanks to the hidden zipper. Via Spiga, $165, Bloomingdale's



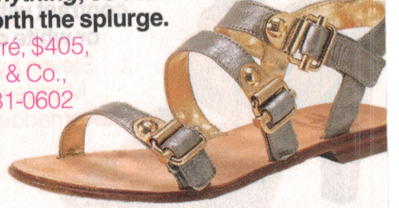
The *specchio* (mirrored) leather gives off a disco vibe, making these party-ready. Stuart Weitzman, $265, stuartweitzman.com



Patent fuchsia straps would give khaki shorts a fresh feel. Sam Edelman, $89, 877-932-7726



Gold grommets always look cool and really stand out against the yellow strap! Coach, $198, 866-262-2440

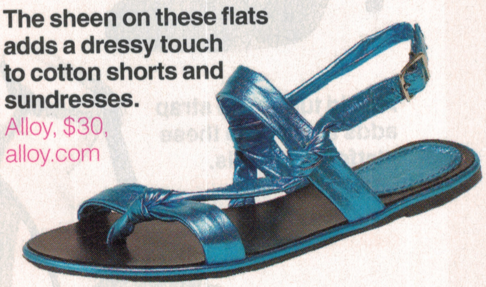


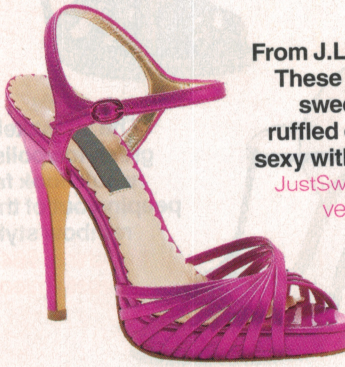
The silver-and-gold leather combo works with *anything*, so these are worth the splurge. GF Ferré, $405, Harem & Co., 417-881-0602

Neon metallics

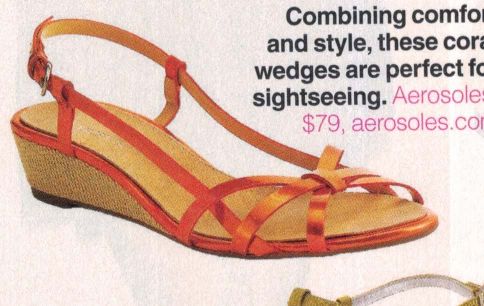
"A colorful foil shoe can be worn with anything from a neutral suit to a black dress," says Downing, who especially likes the look mixed with other brights.

The sheen on these flats adds a dressy touch to cotton shorts and sundresses. Alloy, $30, alloy.com

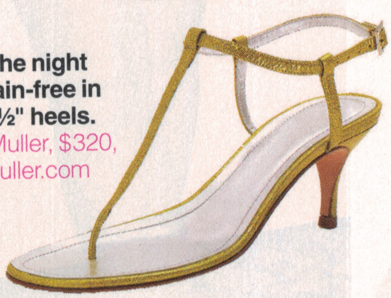




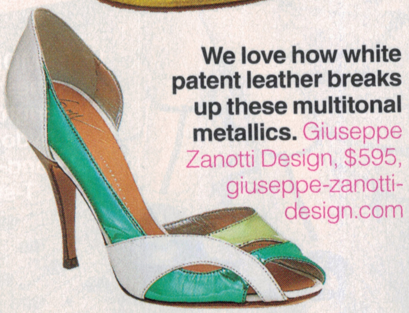
From J.Lo's line! These go from sweet with a ruffled dress to sexy with a mini. JustSweet, $79, venus.com



Combining comfort and style, these coral wedges are perfect for sightseeing. Aerosoles, $79, aerosoles.com



Dance the night away pain-free in these 2½" heels. Bettye Muller, $320, bettyemuller.com

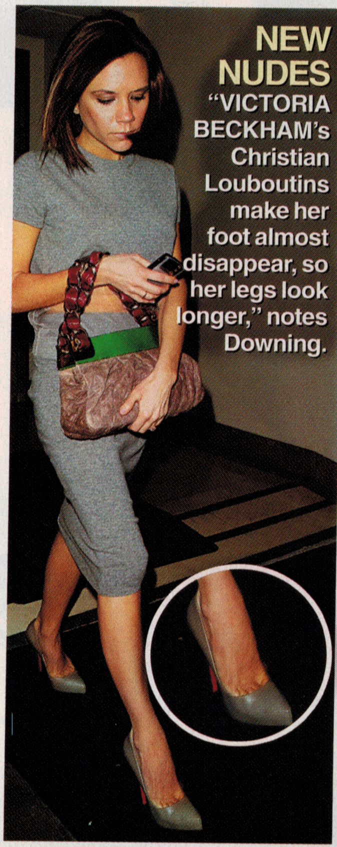


We love how white patent leather breaks up these multitonal metallics. Giuseppe Zanotti Design, $595, giuseppe-zanotti-design.com

Downing applauds KERRY WASHINGTON for combining a sequined ombré dress with electric-blue Christian Louboutins.

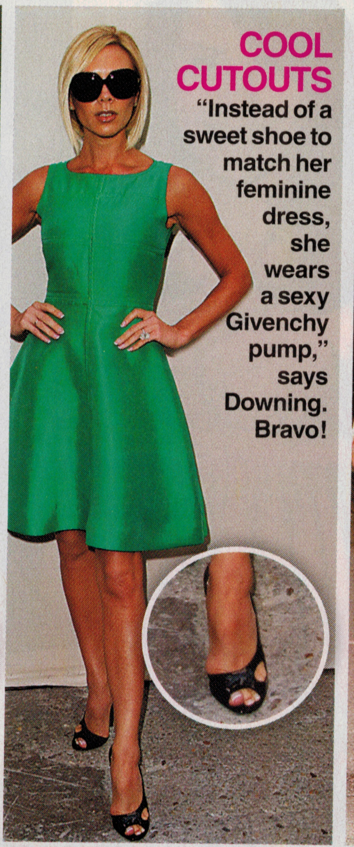
Posh sports every shoe trend!

As a designer herself, Victoria "Posh Spice" Beckham has her finger and *foot* on fashion's pulse! Whether she's performing with the Spice Girls, shopping with the kids or watching hubby David Beckham play soccer, her foot gear is always right on trend.



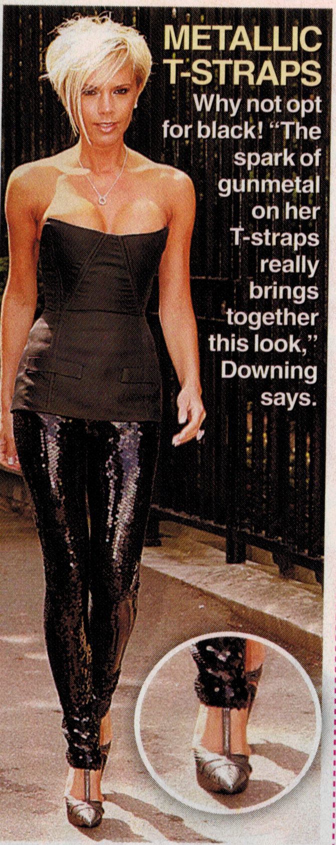
NEW NUDES

"VICTORIA BECKHAM's Christian Louboutins make her foot almost disappear, so her legs look longer," notes Downing.



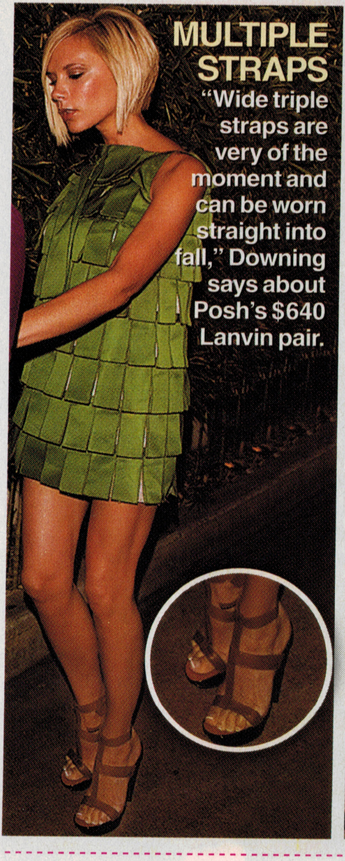
COOL CUTOUTS

"Instead of a sweet shoe to match her feminine dress, she wears a sexy Givenchy pump," says Downing. Bravo!



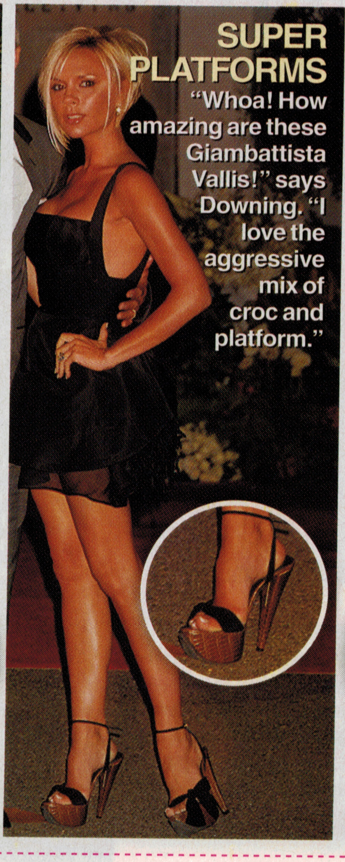
METALLIC T-STRAPS

Why not opt for black! "The spark of gunmetal on her T-straps really brings together this look," Downing says.



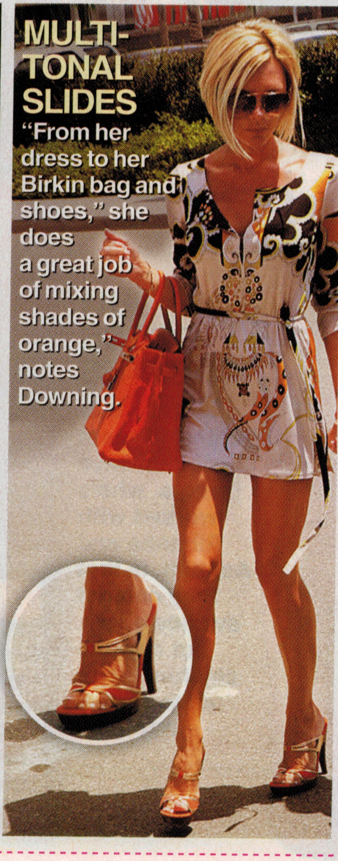
MULTIPLE STRAPS

"Wide triple straps are very of the moment and can be worn straight into fall," Downing says about Posh's $640 Lanvin pair.



SUPER PLATFORMS

"Whoa! How amazing are these Giambattista Vallis!" says Downing. "I love the aggressive mix of croc and platform."



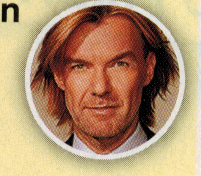
MULTI-TONAL SLIDES

"From her dress to her Birkin bag and shoes," she does a great job of mixing shades of orange," notes Downing.

CLOCKWISE FROM TOP LEFT: STARTRAKS; X17; WIREIMAGE (2); FLYNET; CELEBRITY PHOTO; WIREIMAGE (2). STILL LIFE: HBB

Expert Q&A

Ken Downing, fashion director of Neiman Marcus, shares his shoe secrets



Q: I want to splurge on a pair of killer heels this season. What would you recommend?

A: Everyone needs a colorful patent shoe. I'm going crazy for Christian Louboutin's electric-blue pumps ($595, Neiman Marcus). The pointed toe and metal stiletto are very directional. They can be worn with any silhouette, from a fitted dress to a fuller A-line skirt. And don't let the color scare you: Kelly green, navy and tropical blues all work well with this electric hue. There's hardly a way *not* to wear this shoe — it works with everything!

Q: I bought a pair of too-high heels, and now I can't return them! Any suggestions?

A: Any reputable cobbler can cut down a heel. The secret is to make sure you don't destroy the shoes' balance by cutting the heels too short. Before you take a chance, ask friends for a recommendation or call and ask the shoemaker if he's ever shortened heels before.

Q: How can I prolong the life of my shoes?

A: It's important to take care of your shoes. If they didn't come with reinforced heels and taps, have them put on by a cobbler. Also, cedar shoe trees (below) are great to use when storing heels *and* flats. They absorb perspiration and keep shoes' shape. (Jim's Shoe Repair, $22, 212-355-8259)

How stars dress 10 lbs. slimmer

Celebrity stylist Crystal Streets shares her figure-flattering secrets

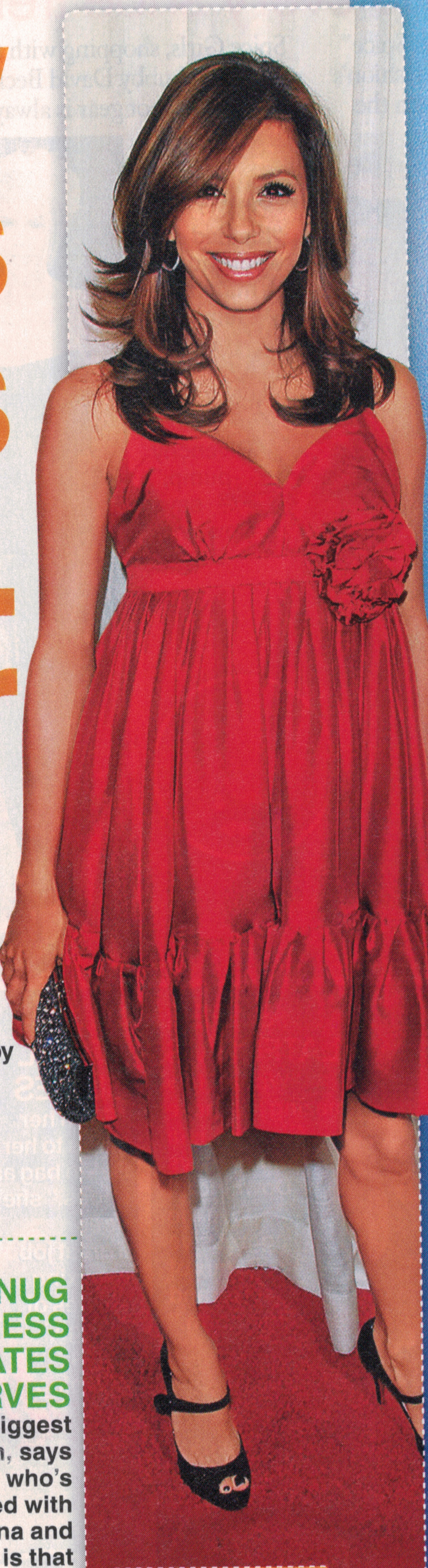
"Avoid excess layers, sloppy fabrics and unstructured pieces," Streets tells her clients.

Bebe, $139, bebe.com

Necessary Objects, $50, windsorstore .com

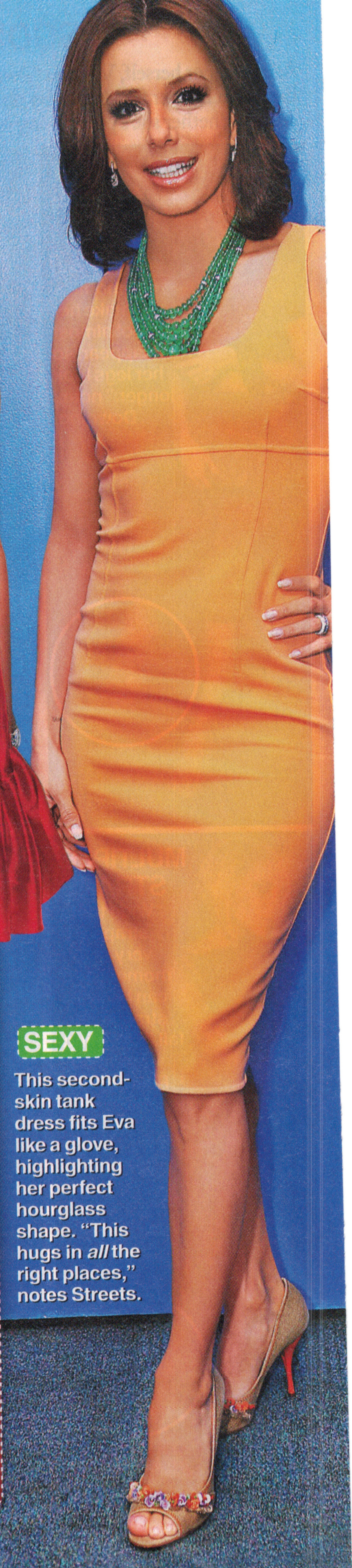
A SNUG DRESS CREATES CURVES

Petites' biggest problem, says Streets, who's worked with Rihanna and Ashanti, is that they can get swallowed up. But a waist-cinching style adds shape, not bulk!



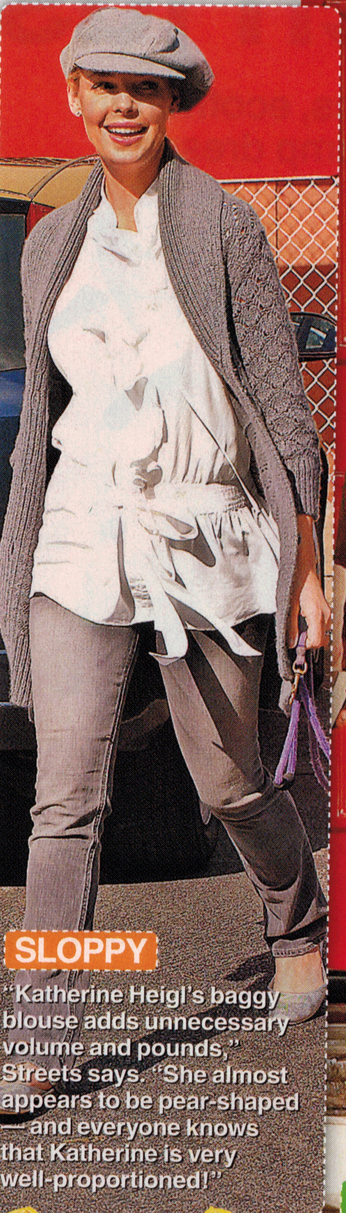
SHAPELESS

Petite women should look for tailored styles, notes Streets. "This loose dress does nothing for Eva Longoria Parker's small frame," Streets says. "She gets lost in all the fabric!"



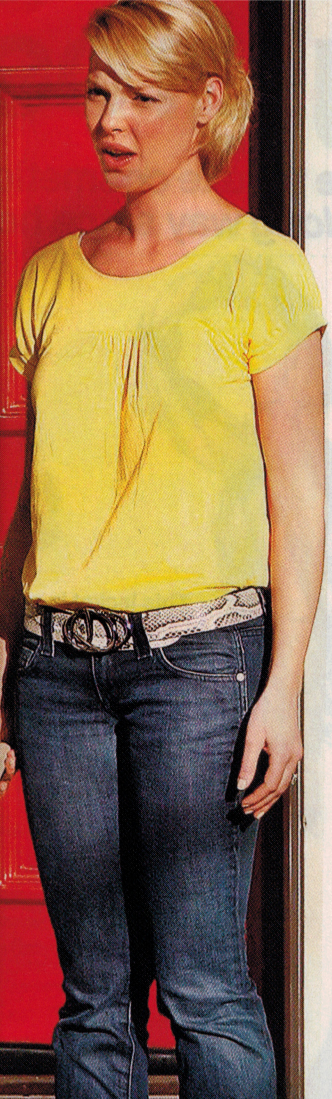
SEXY

This second-skin tank dress fits Eva like a glove, highlighting her perfect hourglass shape. "This hugs in *all* the right places," notes Streets.



SLOPPY

"Katherine Heigl's baggy blouse adds unnecessary volume and pounds," Streets says. "She almost appears to be pear-shaped — and everyone knows that Katherine is very well-proportioned!"



SLEEK

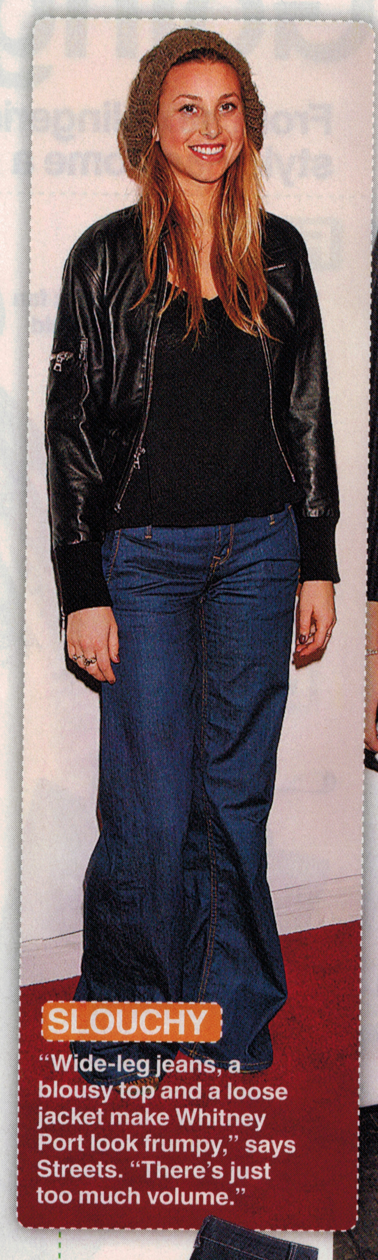
"Here she looks *so* much thinner," adds Streets. "The blouse is tailored, fitted *and* tucked in, which accentuates the waist."

A SHORTER TOP SHOWS OFF A SMALL WAIST

"Women can look lighter instantly," Streets explains, "just by tucking in a blouse, adding a belt and wearing dark jeans."

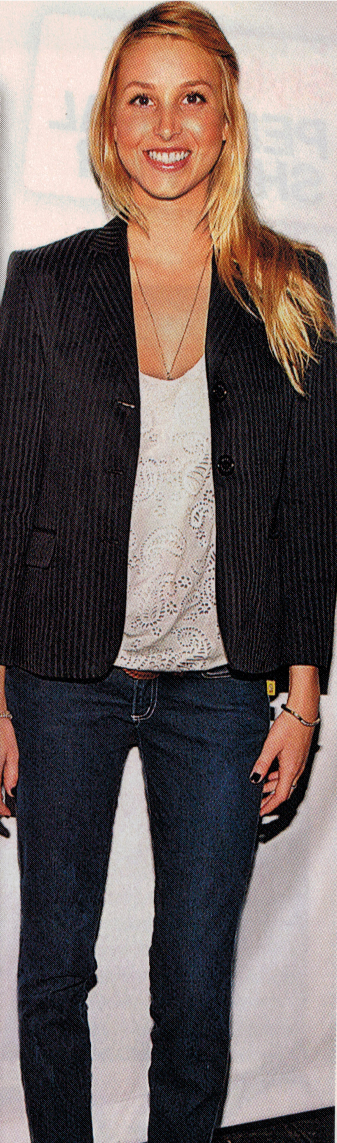
Wet Seal, $19, wetseal.com

Arden B., $58, ardenb.com



SLOUCHY

"Wide-leg jeans, a blousy top and a loose jacket make Whitney Port look frumpy," says Streets. "There's just too much volume."



SVELTE

"Dark skinny jeans and heels give Whitney height and show off her long, lean legs," says Streets. "She even has a waistline!"

SKINNY JEANS ELONGATE AND SLIM

Tailored dark-rinse denims bring eyes up and down instead of side to side, creating a long, narrow line. Bonus: An ankle hem *always* looks polished.

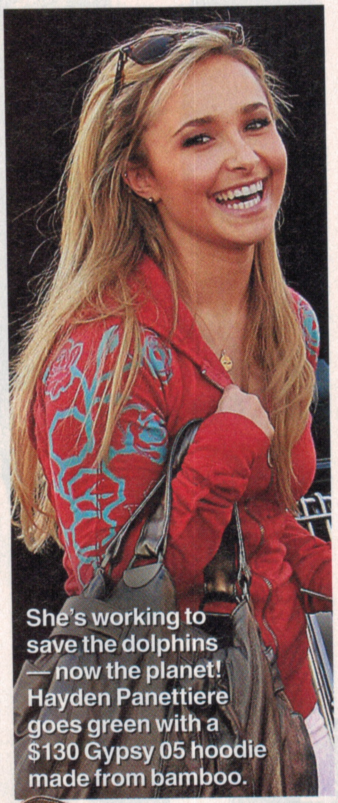
Jordache, $89, Urban Outfitters

Fire Jeans, $38, JC Penney

FROM LEFT: STARTRAKS (2); BUZZ; FLYNET; WIREIMAGE (2). STILL LIFE: HBB

Going green just

From sexy lingerie to luxe cosmetics, ecofriendly style has come a *long* way since hemp dresses!



She's working to save the dolphins — now the planet! Hayden Panettiere goes green with a $130 Gypsy 05 hoodie made from bamboo.

FASHION

We bet Banana Republic fan Reese Witherspoon would be proud to wear this vegetable-dyed wrap. Banana Republic Green Collection, $69, bananarepublic.com

Reese Witherspoon

This jacket is made of 100-percent organic linen, *and* it looks fab with jeans! Under the Canopy, $158, underthecanopy.com

Recycled metals add to the charm of these expandable bracelets. Alex and Ani, $78 for set of seven, alexandani.com

Natalie Portman

Vegan, boring? No way! These glitzy gold faux-calf sandals were designed by Natalie Portman. Té Casan by Natalie Portman, $265, tecasan.com

Who'd guess that this ultra-sexy cami-and-brief set is made with organic cotton! Enamore, $110 for cami and $58 for briefs, figleaves.com

Derived from natural plant sources, these jeans are completely biodegradable. James Jeans, $180, Pamela Robbins, 914-472-4033

The hottest green T-shirts

Tired of those faded old tees? Recycle them! Starting April 13, Barneys New York and Loomstate designer Rogan Gregory will partner to collect old T-shirts and refashion them into a limited-edition collection, available during the holiday season. Proceeds benefit 1% for the Planet, an organization that supports environmental organizations worldwide. Bonus: Donors get 20 percent off the Loomstate for Barneys Green line from April 13 to April 27.

We love the snug fit of these 100-percent organic tees. Loomstate, $60 each, loomstate.org

got a whole lot cooler

HOME

Recycled bottles were broken down to create fibers for the pillow filler! VivaTerra, $95 each, vivaterra.com

Made of recycled glass, these goblets are a stunning way to add color to a table. SeaCloth, $15 each, seacloth.com

Using bamboo saves trees! It renews itself, so no replanting necessary. Totally Bamboo, $4 per place setting, totallybamboo.com

Julia Roberts

Julia Roberts' friend Sophie Uliano wrote this easy-to-follow ecoguide. Gorgeously Green, $17, gorgeouslygreen.com

Completely nontoxic, these cleaning products have no harmful phosphates, borates or nitrates. Get Clean Starter Kit, $167, shaklee.com

BEAUTY

This all-natural serum tightens and tones the neck and face using sea kelp and vitamin C! Bio-Peptide Complex, $128, nutraluxemd.com

Mandy Moore loves these 100-percent toxin-free polishes. Butter London nail lacquer, $12 each, butterlondon.com

These ecosoaps come wrapped in pretty paper made of fast-growing bamboo and mulberry shoots. Earthworks Soap, $10 each, earthworksproducts.com

Ashlee Simpson's fave color now comes in a biodegradable tube! Paul & Joe Beauté Sweetie Limited Edition Lipstick in Sakura Bonbon, $20, Bergdorf Goodman

Ashlee Simpson

The babassu-nut oil in this organic cream supports a community-work program in Brazil. White Musk Blush Smooth Satin Body Lotion, $17, thebodyshop.com

These pint-size perfumes are infused with all-natural ingredients like pink orchid and coconut oil. TSI~LA Eau de Parfum Collection, $75 for four, tsilaorganics.com

FROM LEFT: PACIFIC COAST NEWS (2); GAMMA; STARTRAKS; GAMMA;

Style List
BEAUTY FORECAST

Stars' hot new

TREND 1 GREEN IS THE NEW BLACK

Green? The citrusy shade is the latest rage in nail polish — who would have thought it! Though it might *seem* like a crazy color to wear, "green adds edge to your style," says celeb manicurist Elle. "Plus, there's a shade that complements every skin tone." Think it's too bold for a regular mani? Get a pedi and test it on your toes first!

This teal shade flatters everyone thanks to its hint of blue. Orly Nail Lacquer in Green With Envy, $7, orlybeauty.com

Light metallic lime creates a dramatic contrast against darker skin tones. Maybelline Express Finish in Go Go Green, $4, drugstores

A deeper green, like this jade hue, balances out the yellow in olive skin. Rescue Beauty Lounge in Recycle, $18, rescuebeauty.com

Shimmery kelly green offsets ruddy undertones in fair skin. Piggy Polish in Get Ogre It, $7, Ulta

RIHANNA's mint-color polish was a cool contrast to her pink-polka-dot bustier at the Kids' Choice Awards in LA on March 29.

TREND 2 LONG, OVAL NAILS ARE SO FEMININE

Stars like Fergie, Angelina Jolie and Beyoncé are taking their cues from old Hollywood and trading in their short, square nails for longer, more glamorous shapes. The reason? "They make fingers appear longer, so hands look really feminine," says nail guru Elle, whose clients include Jennifer Lopez. "Plus, the rounded tips don't snag like other shapes, so they don't break, chip or tear as fast." To go oval from shorter shapes, round off the square edges with a nail file as the tips grow.

Layering light or metallic decals on the top coat, like HILARY DUFF does here, is a great way to wear dark polish in spring.

nail trends

Celeb manicurist Elle reveals some surprising new looks!

FERGIE

ANGELINA JOLIE

BEYONCÉ KNOWLES

CLOCKWISE FROM LEFT: FAME; GETTY IMAGES (4); BAUER-GRIFFIN

TREND 3 DECALS AREN'T JUST FOR KIDS

Flashback: Nail art is back and hotter than ever! "Today, everyone wants to stand out, be unique," says Elle. "Decals are a way to accessorize nails to create a fun, customized look." Want to boost decals' durability? Apply a layer of clear polish over them, she suggests.

Add a flirty feel to nails with these peel-and-paste 3-D flowers. Kiss Nail Accents, $2, walgreens.com

Look polished in a snap with this pink-and-white nail-enamel set! YSL French Manicure Kit , $42 for both pens, yslbeautyus.com

TREND 4 POLISH PENS: THE INSTA-MANI!

No time for a salon mani? New portable polish pens are the next best thing — they glide on easily and dry in seconds! "They're perfect for touch-ups and when traveling," Elle says about the paint-and-go pens, which meet airline carry-on requirements.

Sally Hansen
Color Quick
Fast Dry Nail Color Pen
Hot Pink

Polish with vitamin E and a UV protector ensures long-lasting color and brightness! Sally Hansen Color Quick in Hot Pink, $8, cvs.com

NIC'S STICKS
BY OPI
PAINT & GO NAIL LACQUER
VERNIS A ONGLES A PEINDRE & C'EST PRET
.35 Fl. Oz. e

This fast-drying formula is extra glossy and comes in 24 different shades. Nic's Sticks by OPI in In the Nic of Time, $7, target.com

Style List

BEHIND THE SCENES

Ashlee picked out the color palette for the line. A fave shade? Pink! Who knew Ash had such a girlie side!

Ashlee's the new face of Wet Seal

Life&Style WEEKLY EXCLUSIVE

Watch out, Jess — little sis is adding designer to her résumé

Ashlee Simpson is smoking hot! In addition to launching her third album, *Bittersweet World*, on April 22, the multi-platinum-selling pop singer will also unveil her first-ever clothing line — a collection of tops she designed for Wet Seal. Did Ash catch the designing bug from her older sis, Jessica, who has her own namesake clothing and accessories collection? Or from her rocker boyfriend, Pete Wentz, whose Clandestine Industries brand was created in 2004? "I was inspired by so many fun, wonderful things as I was recording *Bittersweet World*," says Ashlee. "And it's been great to carry those inspirations into these new shirt designs."

Ashlee, 23, and Wet Seal seem like the perfect match. "Ashlee is a role model for our girl, and her fun, flirty sense of style is an inspiration," says Wet Seal CEO Ed Thomas. "Ashlee had a clear vision when designing. She knows exactly what she likes and articulates it very well."

Fun on the set

It's no surprise that while shooting the ad campaign, the set was totally rockin'! As famed photographer Michele Laurita took pics of her, "Ashlee was so playful and had a great time dancing to Justin Timberlake and Mary J. Blige," says Thomas. "The whole look was all about Ashlee and her style! We didn't want anything to look contrived since she has such great spirit," he adds.

Ashlee's fave

Of all the tops, Ashlee adores the pink Love 3 shirt (page 62). Not only is the artwork similar to a tattoo on her wrist, she cut it up and totally made it her own!

Top tees from Ashlee's line

"I hope my fans rock out in these shirts!" says Ashlee. Her designs will be available in sizes XS to XL at Wet Seal stores starting April 22.

This zebra-inspired tee is long enough to wear as a mini-dress. Pink zebra, $16

Clever draping on this leopard-print masks belly bulge. Tuck-back leopard, $20

Pair this tee with jeans for comfy *and* stylish weekend wear. Aqua scrolls, $16

The combo of the print and neon pink gives off a vintage '80s vibe. Twist-back pink stripe, $20

Black leggings and boots look fab with this flouncy style. Flutter-sleeve zebra, $20

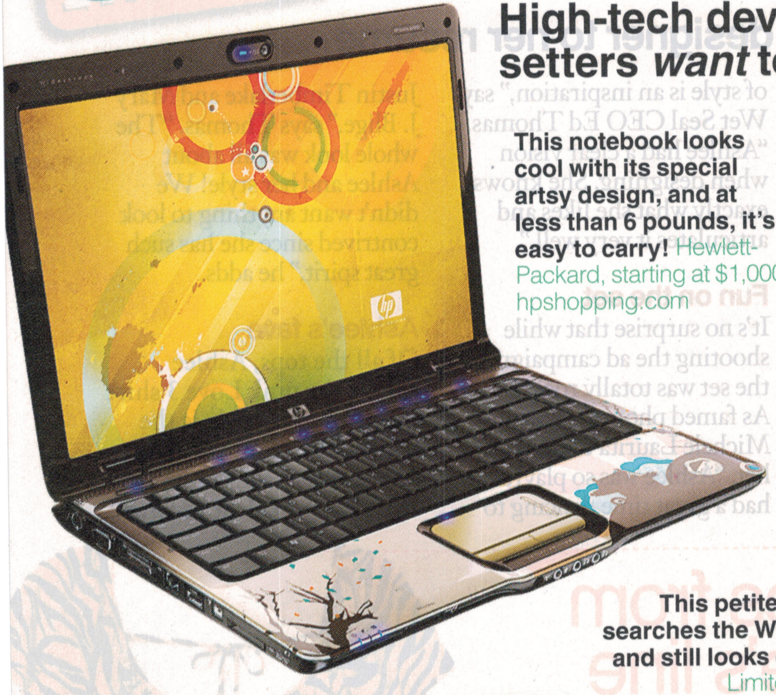
MICHELE LAURITA (4); STILL LIFE: HBB

Style List
STUFF WE LOVE

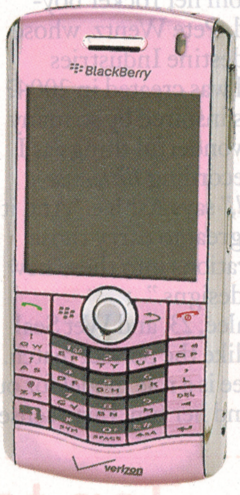
Gadgets get super glam

Demi Moore is always ahead of the trends, so it's no surprise she carried the latest iPhone on March 25.

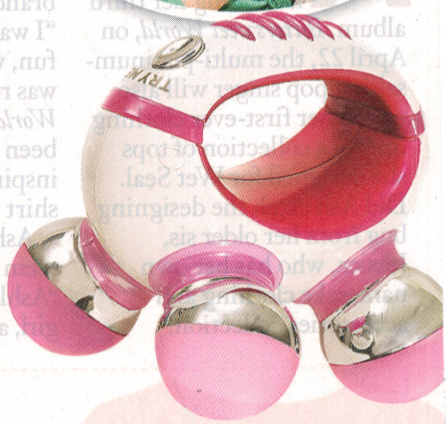
High-tech devices trend-setters *want* to show off



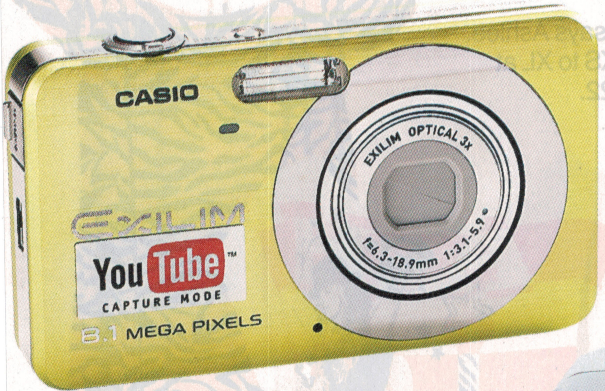
This notebook looks cool with its special artsy design, and at less than 6 pounds, it's easy to carry! Hewlett-Packard, starting at $1,000, hpshopping.com



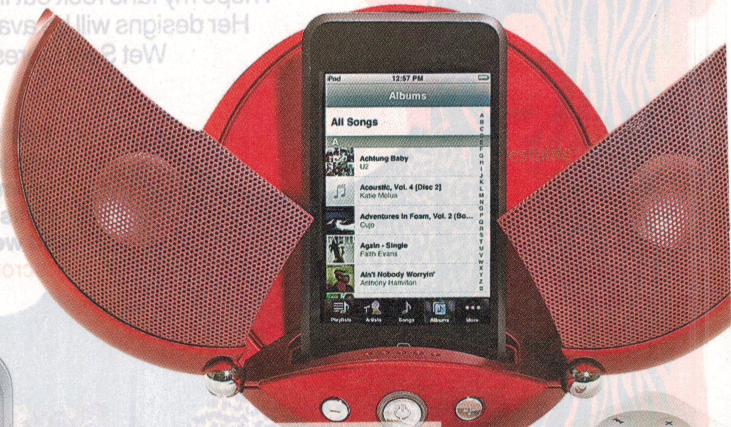
This petite phone takes pictures, searches the Web, accesses e-mail — and still looks cute. Research in Motion Limited, $200, blackberry.com



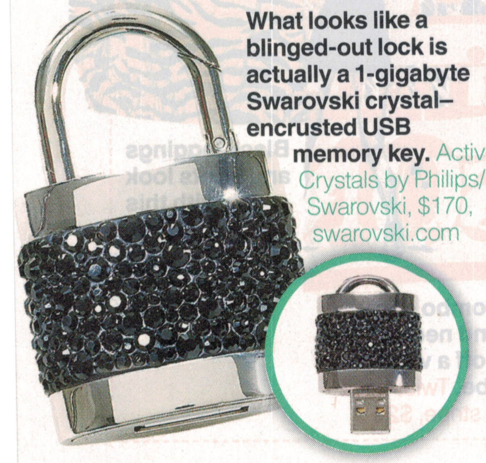
Stressed at the office? A hand-held massager is small enough to tuck into a desk drawer. HoMedics, $10, homedics.com



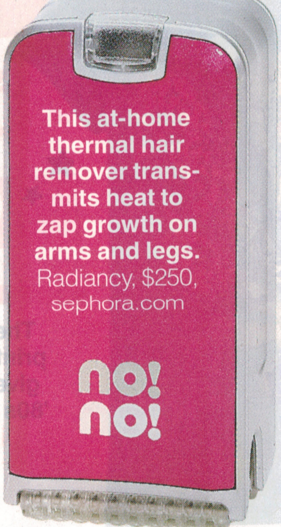
Shoot videos and easily upload them to YouTube with this camera. Bonus: It's compatible with iTunes! Casio, $200, bestbuy.com



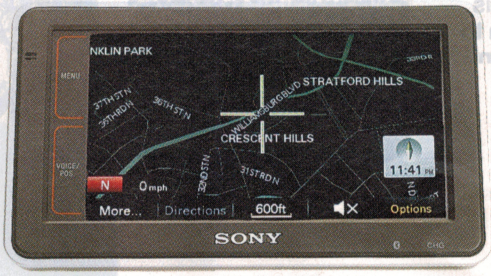
How cute! An iPod docking station that looks like a ladybug — but it gives off serious sound thanks to its digital amplifier. Vestalife, $110 (iPod Touch not included), target.com



What looks like a blinged-out lock is actually a 1-gigabyte Swarovski crystal–encrusted USB memory key. Active Crystals by Philips/Swarovski, $170, swarovski.com



This at-home thermal hair remover transmits heat to zap growth on arms and legs. Radiancy, $250, sephora.com



This navigation system finds the best routes and links to mobile phones for hands-free calling. Sony, $400, sonystyle.com

STARTRAKS. STILL LIFE: HBB

DRESSES BY WHAT COMES AROUND GOES
AROUND COLLECTION, JEWELRY BY RACHEL LEIGH,
SHOES BY PEDRO GARCIA, ALL AVAILABLE AT

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CITIZENS OF HUMANITY
JUICY COUTURE
PAUL & JOE
VINCE
C & C CALIFORNIA
JOE'S JEANS
THEORY
SEE BY CHLOE
DEVELOPMENT
LAROK
WHITLEY KROS
BLACK HALO
RODNIK
JAMES JEANS
ELIJAH
ABAETE
MILLY
SPLENDID
SASS & BIDE
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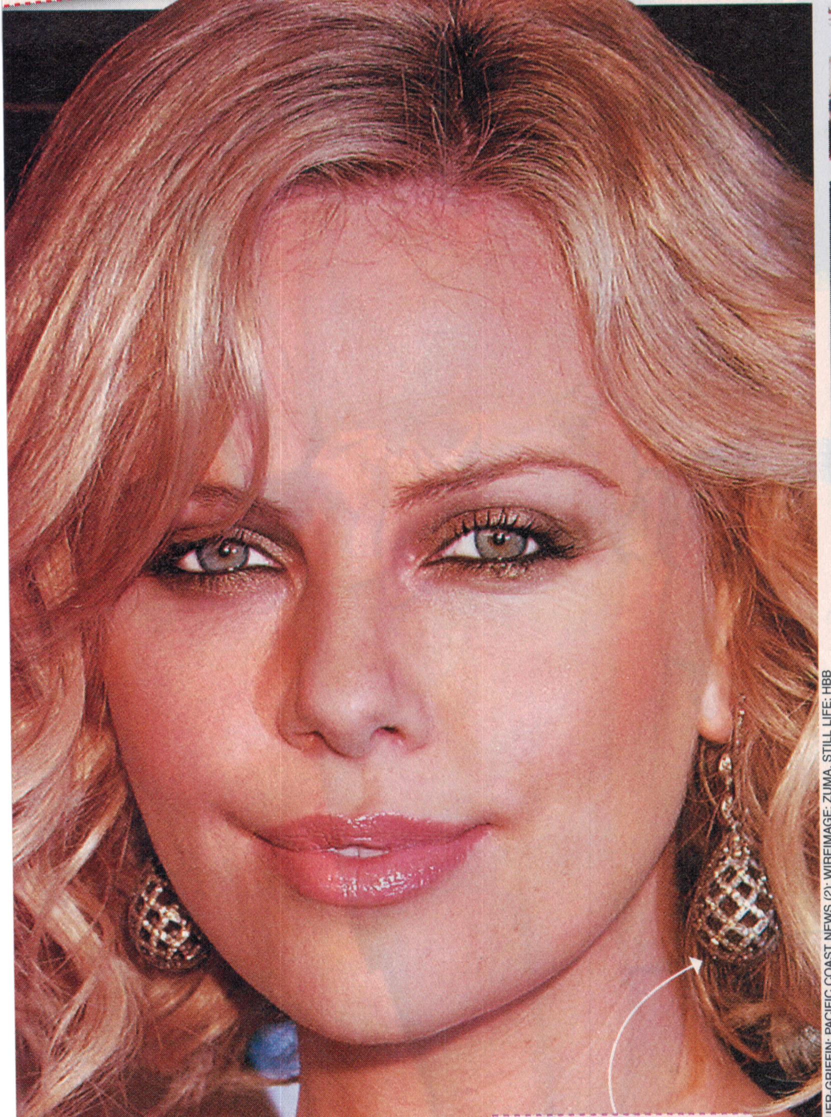
Designer loo

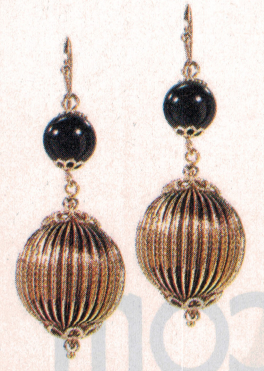
Life & Style finds the cute



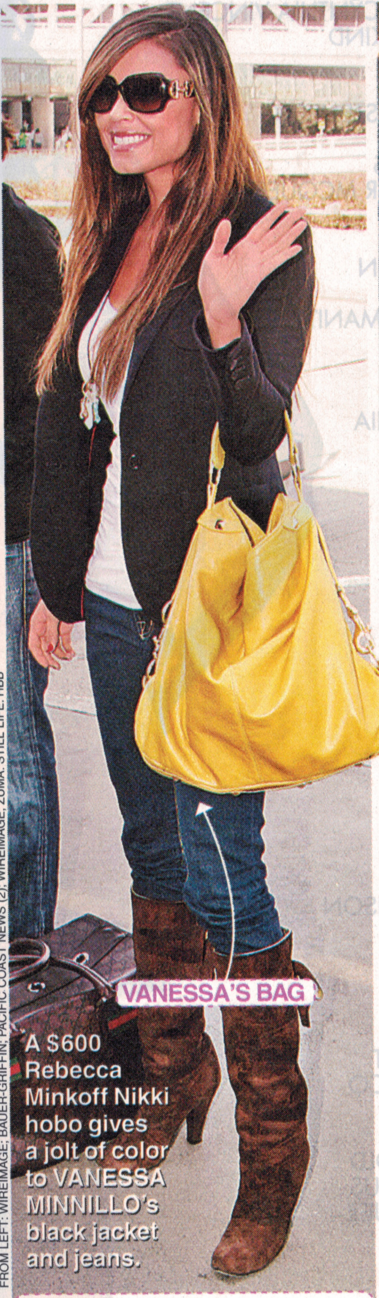
CHARLIZE'S EARRINGS

CHARLIZE THERON dazzled in $27,000 Neil Lane diamond-and-platinum drops at the *Sleepwalking* premiere on March 6.

THE STEAL!



The artsy beads have a vintage vibe. Forever 21, $5, forever21.com

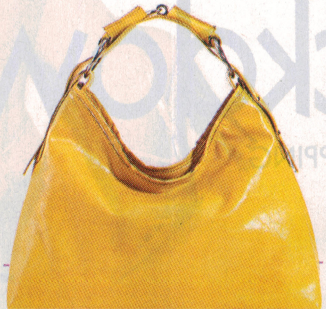


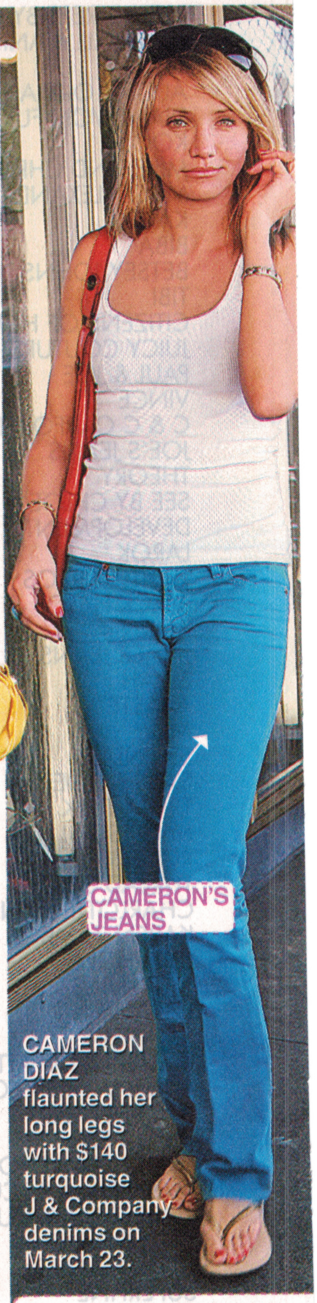
VANESSA'S BAG

A $600 Rebecca Minkoff Nikki hobo gives a jolt of color to VANESSA MINNILLO's black jacket and jeans.

THE STEAL!

Bright-yellow accessories are so hot right now. Shop-Suey, $48, shopsueyboutique.com

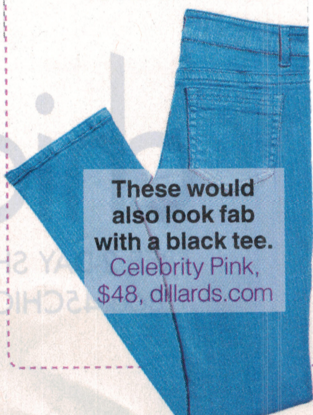




CAMERON'S JEANS

CAMERON DIAZ flaunted her long legs with $140 turquoise J & Company denims on March 23.

THE STEAL!



These would also look fab with a black tee. Celebrity Pink, $48, dillards.com

FROM LEFT: WIREIMAGE; BAUER-GRIFFIN; PACIFIC COAST NEWS (2); WIREIMAGE; ZUMA. STILL LIFE: HBB

ks for less!

ashions — inspired by what the stars are wearing

HEIDI'S SHOES

A sexy way to add height? Pair a minidress with $775 Jimmy Choo Isis platform slingbacks, like **HEIDI MONTAG** does.

THE STEAL!

Peeptoes add a flirty twist to these 5" heels. Wild Pair, $100, bakersshoes.com

AUDRINA'S SKIRT

AUDRINA PATRIDGE showed off her tan in a $320 neon 3.1 Phillip Lim mini on March 11.

THE STEAL!

A high-waisted pencil skirt helps suck in a tummy. Wet Seal, $22, wetseal.com

A giant gemstone ring adds a glam touch to **PARIS HILTON**'s playful paisley frock.

THE STEAL!

We love the girlie pink border stones on this 1½" turquoise stunner. Sarina Accessories, $18, 212-239-8106

Style List
EXPERT TIPS

How to live an

Vacationing on a budget

To get the best deal when planning a trip, it's not about when you *book* but when you *travel*. The least expensive days to fly are Tuesday, Wednesday and Saturday, and the first half of December is the most discounted time for cruises and resorts. A few of my fave sites for traveling on the cheap are:

- **Luxurylink.com It features fab high-end destination packages for a set discounted price, or you may save more via auction.**
- **Skyauction.com It's like eBay for travel — you can bid on every trip on the site.**
- **Travelzoo.com Once you subscribe, they send informative top-20 travel lists every Wednesday.**

—Travel expert Stephanie Oswald of Fine Living Network's *All-Girl Getaways*

DREW BARRYMORE and JUSTIN LONG frolicked in Mexico recently.

Looking 5 lbs. thinner

When Lauren Conrad and other female celebs want to appear their slimmest, they slip into a black pencil skirt. "The dark color distracts from problem areas and hides bulk and bulge," says designer to the stars Stacey Bendet, who shares her top slimming trick:

"A high-waist skirt and a fitted tee showcase an hourglass figure's smaller waistline, while a loose-fitting minidress works best for an apple or pear shape."

—Stacey Bendet, designer for Alice + Olivia

LAUREN CONRAD

Getting glowing skin

What's a foolproof way to make skin look radiant the night of a big event? The morning of, pop three omega vitamins. "The essential fatty acids banish blemishes and stimulate the blood's circulation in the epidermis, giving skin a rosy, youthful glow!"

—Monica Olsen, creator and founder of Skin by Monica

Fish oil and flaxseed oil in these omega vitamins also make hair silky. Skin by Monica Olsen Pure Omega 3-6-9, $27 for 120 capsules, skinbymonica.com

Hair that stays put

Christian Siriano's must-have beauty product? "Hairspray! Well, actually Aveda Air Control. It's amazing because it makes my hair look so natural — even though it also looks like a porcupine!"

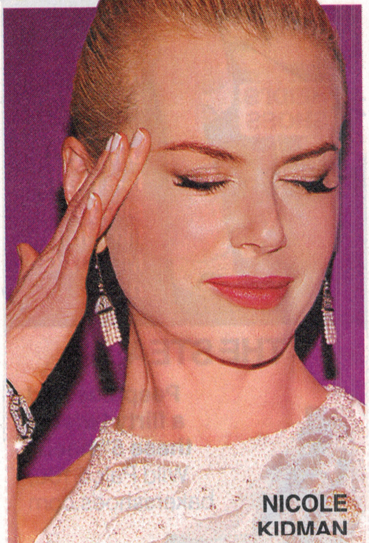
—Christian Siriano, Bravo's *Project Runway* winner

Ingredients like pine and organic flaxseed ensure strands are soft but still styled. Aveda Air Control, $23, aveda.com

Quick fix for bags under eyes

Need to get rid of puffy eyes in a crunch? An instant fix is possible — even if you don't have go-to remedies like cooled tea bags or sliced cucumbers on hand, says skin care expert Victoria Nash.

"Simply press on the corner of eyes while blinking about 20 times. The blinking, combined with gentle pressure, will help eliminate the toxins and fluid that cause puffiness and result in bags and loose tissue in the eye area."



NICOLE KIDMAN

—Victoria Nash, creator of skin care company Esenté International

A-list lifestyle

The pros celebs rely on to look (and feel) fab spill their secrets

Finding bargains online

- **Visit currentcodes.com for online-retailer coupons** and discounts. It takes only a few seconds and can get you everything from free shipping to 50 percent off.
- **Some sites charge sales tax while others don't,** depending on their company's presence in your state. To find out, drop an item in the shopping cart.
- **Different sites** can charge very different prices for the same product, so it pays to shop around!

—Barry Boone, founder of CurrentCodes.com and Dealhunting.com

We saved on shipping when we bought this nautical straw bag! Juicy Couture, $250, neimanmarcus.com

The secret to shiny hair

Forget expensive treatments — solutions for stressed-out tresses are right in your kitchen!

"Brunettes should rinse with cranberry juice because it contains antioxidants that smooth damaged hair and restore shine. Blondes should rinse with steamed chamomile tea — the essential oils hydrate and heal over-processed strands."

—Allen Edwards, celeb hairstylist

BLAKE LIVELY

PENÉLOPE CRUZ

Tips for going green at home

- **Replace your fridge** with one that's Energy Star rated. And don't feel guilty about throwing away your old one — it's 90 percent recyclable.
- **Use less water** by replacing a sink faucet or showerhead with one that carries a WaterSense seal. It's about 20 percent more efficient and may save you money on water bills.
- **Change bulbs** to ones that have a rating of 600 or 700 lumens (which is the amount of light emitted). The lower the rating, the less power used.

—Danny Seo, JC Penney's green-living partner

Found: gorgeous organic towels that don't cost a fortune! JC Penney, $11 each for washcloths and $18 each for towels, 877-FIND-JCP

The hottest dress today

Lucky for Angelina Jolie, the maxidress craze came at the right time — when she's pregnant! "Girls love these long, flowy dresses — even if they're not preggers," says celebrity stylist Phillip Bloch, who's worked with Halle Berry. Angie loves the forgiving style so much, her stylist, Jen Rade, ordered her three of the same $576 Gerard Darel dress in different colors and prints.

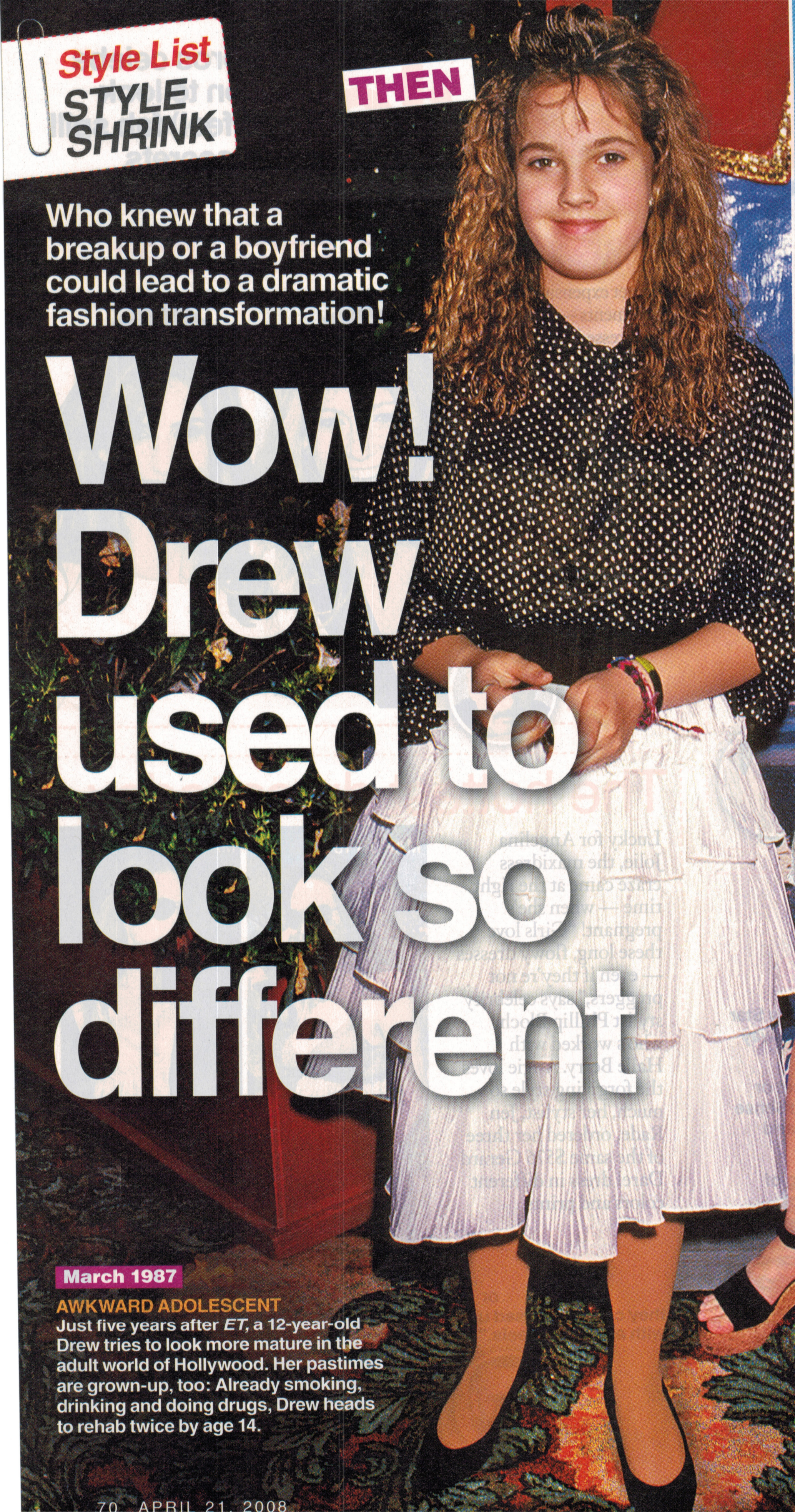
"These dresses have fashion flexibility! They make a great cover-up over a bathing suit, or they can be dressed up with a belt and heels."

—Phillip Bloch, celebrity fashion stylist

MARCH 16

MARCH 4

CLOCKWISE FROM LEFT: PACIFIC COAST NEWS; CELEBRITY PHOTO;



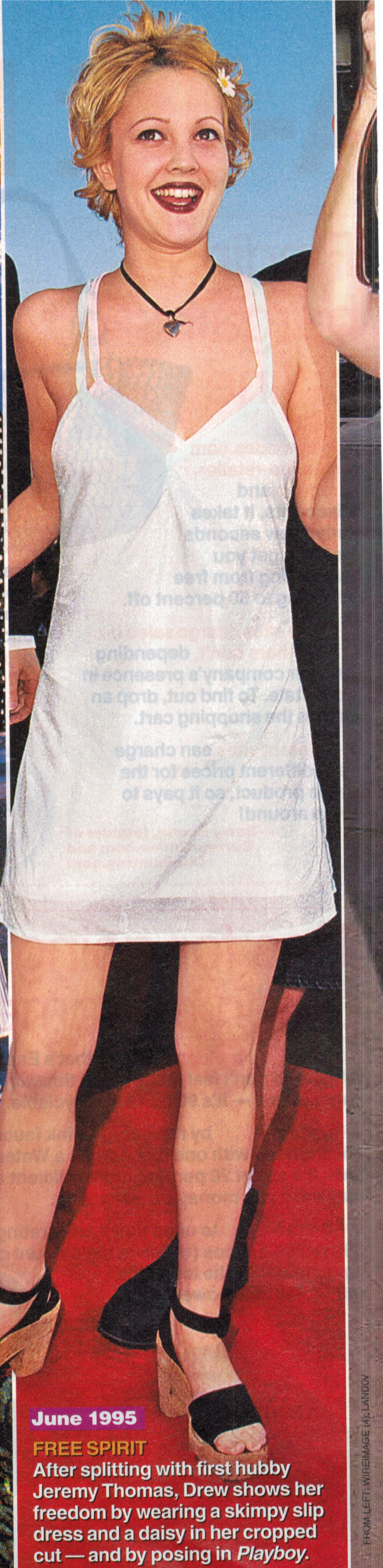
Who knew that a breakup or a boyfriend could lead to a dramatic fashion transformation!

Wow! Drew used to look so different

March 1987

AWKWARD ADOLESCENT

Just five years after *ET*, a 12-year-old Drew tries to look more mature in the adult world of Hollywood. Her pastimes are grown-up, too: Already smoking, drinking and doing drugs, Drew heads to rehab twice by age 14.



June 1995

FREE SPIRIT

After splitting with first hubby Jeremy Thomas, Drew shows her freedom by wearing a skimpy slip dress and a daisy in her cropped cut — and by posing in *Playboy*.

FROM LEFT: WIREIMAGE (4); LANDOV

June 2003

ROCKER CHIC

After divorcing husband No. 2, comedian Tom Green, she dates younger rocker Fabrizio Moretti and sports edgy leather pants and sexy bed-head hair.

June 2005

GLAM GIRL

Auburn-haired Drew demonstrates her sophisticated side while producing a string of hit movies with her company, Flower Films.

Feb. 2008

LADY IN LOVE

Maybe the exuberant bloom on Drew's Gucci mini symbolizes the star's newfound happy place and her budding relationship with Justin Long.

THE STYLE SHRINK'S ANALYSIS

DREW CRAVES COMPANIONSHIP AND INTIMACY

Dr. Carole Lieberman

"As a child star, Drew was lost," says psychiatrist Dr. Carole Lieberman, who doesn't treat the star. "She fought with her mom, Jaid, and was abandoned by her famous father, John; she felt she had to show extra skin to get love and attention. But now she's America's sweetheart. With her career and love life thriving, she has so many reasons to sparkle!"

Diva or down-to-earth?

DOWN-TO-EARTH

KRISTIN GETS A TICKET

Apparently, not even a parking ticket could spoil KRISTIN DAVIS' shopping expedition in LA on April 1.

DIVA

STAR HAS A LOT OF BAGGAGE

Pack lightly? Not STAR JONES, who needed help with her luggage as she disembarked from a cruise ship in Cape Canaveral, Fla., on March 30.

DIVA

LESS ISN'T MORE FOR KIMORA

Some kids have only one Hello Kitty, but KIMORA LEE SIMMONS made sure her girls, Aoki Lee, 5, and Ming Lee, 8, were swimming in the dolls at the Hello Kitty Sweet Suite in LA on March 29.

DOWN-TO-EARTH

NICOLE SHARES HER BABY PICTURES

Proud mother NICOLE RICHIE showed off photos of newborn daughter Harlow to SALMA HAYEK (a new mom herself) in LA on March 28.

ADVERTISEMENT

Regal or Real?

Meet Deion & Pilar Sanders

Real!

This busy mom is raising their five children without the help of a nanny.

Regal!

She was a Ford model while he is the only man to play in both the World Series and Super Bowl.

Real!

The Sanders founded "Sanders Claus" to help underprivileged families make their dreams come true.

Regal!

The Sanders home features a basketball court, barber shop, bowling alley, and indoor and outdoor pools.

DEION & PILAR

PRIME TIME LOVE

NEW SERIES! Starts April 15

TUESDAYS 10:30 | 9:30 C

oxygen

Horoscopes

BY ASTROLOGER BRIDGETT WALTHER

FOR THE WEEK OF APRIL 14 – APRIL 20

JENNIFER'S BIRTHDAY: APRIL 17, 1972

BEI IMAGES

ARIES
MARCH 20 – APRIL 19

EXCEED EXPECTATIONS!

When you see something you really want, Aries, throw all inhibitions out the window. You (and birthday girl Jennifer Garner) can handle just about anything — or anyone — that comes along this week and be way more successful than anybody's expecting. Way to go!

TAURUS
APRIL 20 – MAY 20

Take charge, especially when others can't make decisions. Known for stepping in and saving the day, you (and sign mate Carmen Electra) are even more likely to inspire hero worship this week. Enjoy the extra attention!

GEMINI
MAY 21 – JUNE 20

Your mind is a steel trap: Use it to store important info that will come in handy. Stay up on everything — fashion, politics, gossip. You never know when or where your superb news-gathering skills will be useful.

CANCER
JUNE 21 – JULY 22

Charming and caring, you're apt to put others' needs first. This week, though, concentrate on telling loved ones what you expect out of your relationships with them. Your honesty will reap fabulous rewards.

LEO
JULY 23 – AUG. 22

You're so ready to take on the world that time seems to be moving painfully slow. You have big plans and a tight schedule, and you're eager to get things rolling — but be patient. People will be more open to your ideas if you take the intensity down a notch.

VIRGO
AUG. 23 – SEPT. 22

You've got everything under control! An organizational wizard, you can help turn a buddy's lackluster notion of a party into a superb soiree — and have fun doing it!

LIBRA
SEPT. 23 – OCT. 23

Don't be afraid to ask for help. Count on friends for advice, specifically on financial matters. Their past experiences will provide you with a wealth of knowledge. The best part? They'll support whatever move you decide to make. What are friends for!

SCORPIO
OCT. 24 – NOV. 22

You're always willing to put up a fight, but now's the time to consider compromise. Share the power and decision making; cooperation could win you (and fellow Scorpio Brittany Murphy) a few more close pals.

SAGITTARIUS
NOV. 23 – DEC. 20

Ultra-competitive and determined, you outdo almost everyone at work and in sports. Now put your passion to good use: Try channeling that energy toward a cause close to your heart. And when others get bored or tired, refuse to give up; your perseverance will help others *and* boost your confidence.

CAPRICORN
DEC. 21 – JAN. 19

It's all about falling in love and enjoying great times this week, Capricorn. So instead of burying your head in a mountain of work (like you're prone to do!), make room for pleasure. You (and sign mate Kate Bosworth) have earned it! Oh yeah, try your hand at something creative, too!

AQUARIUS
JAN. 20 – FEB. 18

Pack your bags! You need a break — or at least a change of scenery. Escape to your favorite hideaway, someplace where you can just kick back and relax. No need to travel far, either. Return to your senses; leave the routine of everyday life behind, even if it's just for a long weekend.

PISCES
FEB. 19 – MARCH 19

It's your lucky break, Pisces! Amazingly effective, organized and brilliant, you (and sign mate Drew Barrymore) have been pursuing your dreams for years, and now you're about to get that extra boost you need. Pounce on the opportunity when it arises; you'll be so glad you did.

Marie Osmond Turns To NutriSystem® & *Loses 40 lbs**!

One of America's favorite sweethearts discovers the secret that millions have used to lose weight and look gorgeous

As a mother of eight children, successful businesswoman, and member of America's most famous entertainment family, Marie found herself fighting a losing battle with her weight. Like many of us, the constant battle between family and work created stress and distractions that kept her from living the healthy life she desperately wanted. But one day she realized that she needed to take control. She did her research and found NutriSystem to be the perfect solution.

I gotta be honest. I was overweight and out of shape. I didn't feel good. I was tired. My joints ached. My confidence was down.

Like you, I was unhappy about how I looked and how I felt. I knew I was getting older but I didn't want to feel older. As many of you know, I've had a pretty stressful year. But one of the best things that happened to me was the NutriSystem® weight loss program.

NutriSystem Got Me Back On Track

Talk about stress. Here I am, a single mom managing a career. It was very easy to put on a few pounds here and a few pounds there. Sometimes life just gets you off track—and before you know it, you're 40 pounds heavier. Well, NutriSystem got me back on track. If you are busy…this is the perfect program for you.

Hey. I don't have time to drive to some center. Then stand in front of strangers and weigh in. Why should I pay someone to read a scale for me?

Trust me. When you have eight kids and a busy career, you need a lot of patience. What I didn't need was a lot of work. Which is why I chose NutriSystem. Most of the meals take less than two minutes to prepare and I don't have to count calories or points or anything.

Wow! I Feel So Healthy

My first goal was to be healthy. But as a woman I love having a small waistline and an even smaller backside. And I have to admit, thanks to NutriSystem, I have both.

Look. NutriSystem® Advanced™ is their healthiest, easiest, tastiest program ever. It's heart-healthy and helps control cravings while you lose weight, too.

The all-NEW foods taste amazing! Their pastas, pizza and pancakes are just delicious. And oh my gosh…the Chocolate Raspberry Bar is just…wow!

And on NutriSystem you get to eat five times a day so you don't feel hungry and it's affordable, too!

Even My Daughter Said I Was a "Hottie"

I admit it. I love to get compliments. It makes me feel so good to hear that I look great. But I have to tell you that the best compliment I received was from my 19-year-old daughter. The other day she looked at me with her beautiful eyes and said, "Wow, mom. You look great. I think you are a hottie!"

Here's the Secret

NutriSystem makes it effortless to lose weight. They even deliver all of your meals right to your door. How's that for convenient?

Plus. It's based on the Glycemic Index, so you get "good carbs" and can eat your favorite foods—like pizza!

I'm Not the Only Osmond on the Program

A few months ago, my brothers came out to visit me in LA when I was dancing. Boy, did they get jealous when they saw how much weight I lost. So much so that I even got Jimmy, Jay and Merrill on the program. And they are all starting to look and feel better, too!

I Want to Be Around to See My Children's Children

My mom passed away. She had heart disease—the number one killer of women in this country. Being overweight is a huge contributor to the disease and quite frankly, I was scared about my own health.

Then one day my son said, "Mom, I want you to be around for a long time. So you can be grandma to my kids." Being a grandma is very important to me. I remember holding my kids when they were babies. And I want to hold my babies' babies, too!

40 is my new favorite number—I lost 40 pounds* in my 40s. I lost weight. You can, too!

My Family Is So Proud of Me

Losing weight may not make me a better mom. But it does make me a happier mom. As women, we spend a lot of time caring for everyone else but spend zero time for ourselves. I finally did something great for me…so I could do something great for my family.

Now I Have So Much Energy, I Can Accomplish Anything!

I feel better. I feel younger. I haven't had this kind of energy in at least 10 years. They say you can't turn back time. Well, look at me and say that. Because I say you CAN.

ALL-NEW PROGRAM nutrisystem Advanced™ For 2008!

I feel like getting out and rock climbing and biking… things I love doing but didn't because I was overweight.

You Can Get the Life You Want

I know what it's like to be overweight. I know what it's like when life gets the better of you. I know how stress and personal tragedy can impact your self-esteem and your health.

But I also know that being overweight is not just something you have to accept as you get older. I know you can change everything, you can lose weight, and you can do it without pills, in a safe, healthy way. Don't wait another day. Trust me, you will lose weight.

BEFORE
Marie Osmond lost 40 lbs.*
AFTER

"You get to eat five times a day and you lose weight. I mean, look at me—I have a waistline!"

- Marie Osmond

THREE FREE WEEKS†

Select the NEW Advanced 28-Day Auto-Delivery Program and you can get an additional

THREE WEEKS OF FOOD FOR FREE!†

Just call 1-877-342-HOT1 (4681) or visit nutrisystem.com/3months to get started today!

Please use promo code LS808

†Offer good on new Auto-Delivery order only. Limit one per customer. With Auto-Delivery, you automatically receive your 28-Day program once every 4 weeks unless you cancel. You can cancel Auto-Delivery at any time, however for this offer you must stay on Auto-Delivery for at least three consecutive 28-Day program deliveries to receive the second and third free weeks. One additional free week of food will be included with your first, second and third deliveries. Cannot be combined with any prior or current discount or offer. ©2008 NutriSystem, Inc. All rights reserved.

nutrisystem®

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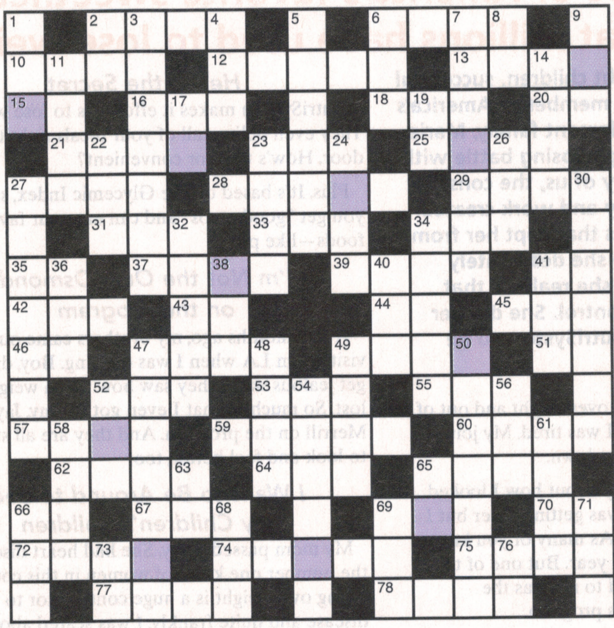
*Results not typical. On NutriSystem, you add-in fresh fruit, vegetables, salads and dairy items.

CROSSWORD PUZZLE

Unscramble the shaded letters to spell out the name of this week's featured celebrity!



ACROSS

2 Sandler or Carolla
6 *Becoming Jane* star Hathaway
10 *M*A*S*H* star Alan
12 Rickman and Thicke
13 Monty Python's Eric
15 Greek letter
16 *Deliverance* star Beatty
18 Jason of *My Name Is Earl*
20 Painful cry
21 Actor Nicolas
23 Sinatra flick *None ___ the Brave*
25 *One ___ Over the Cuckoo's Nest*
27 "Auld Lang ___"
28 Oprah movie *The ___ Purple*
29 Part of a plant
31 Matt Damon hit *___ the Pretty Horses*
33 Crashing sound
34 This comes in a pod
35 *Wizard of Oz* aunt
37 Uh-oh!
39 *Will & Grace* star Hayes
41 Heston hit *___ Cid*
42 *King Kong* star Wray
43 Short laugh
44 NBC hospital show
45 Actress Mendes
46 Metal band ___/DC
47 Actor Azaria
49 Martin Lawrence comedy *College Road ___*
51 Printing measure
52 *Gone Baby Gone* director Affleck
53 Hooray!
55 *Jurassic Park* star Neill
57 Fisher of *Wedding Crashers*
59 Actor Hugh
60 *Under the Tuscan Sun* star Diane
62 After major or kitchen
64 Johnny Mathis hit "Chances ___"
65 Orson Welles classic *Citizen ___*
66 Sportscaster Michaels
67 Old crone
69 Monster man Chaney
70 Stephen King novel
72 Actor Christian
74 Actress Potts
75 Singer Natalie
77 Brad Pitt movie
78 *Drillbit Taylor* star Wilson

DOWN

1 Actress Anderson
2 Product plug
3 Actress Beverly
4 Helen Hunt sitcom *___ About You*
5 *Star Trek* actor Scott
6 "Handy" language: abbr.
7 Actor Leslie
8 Actor O'Neill
9 Demi Moore hit *A ___ Good Men*
11 Actress Liu
14 *Brothers & Sisters* star Rob
17 Poet Cummings
19 Investment group ___ Hutton
22 Santa ___ winds
23 Costas, Newhart and Dylan
24 Hanks, Cruise and Sizemore
26 Airport abbreviation
27 Singer Gwen
30 *Crazy in Alabama* star Griffith
32 Actress Lindsay
34 Celebrity Hilton
36 Comedian Bernie
38 Skillet
40 After auction or musket
41 Single-name singer-actress
47 Graham or Locklear
48 Ms. Sedgwick of *The Closer*
49 Actress Daly
50 *City Slickers* actor Jack
52 Sandwich favorite
54 Eckhart and Carter
56 Renée Zellweger movie *Cinderella ___*
58 *The Day After Tomorrow* star Ward
61 Simon or Sedaka
63 Per: abbr.
65 Bout outcome: abbr.
66 *The Godfather's* Vigoda
68 Marcia ___ Harden
69 DiCaprio, to friends
71 Actress Leoni
73 Mil. rank
76 *___ the Waterfront*

WIN IT

Live like a star! Visit lifeandstylemag.com to win this and other amazing prizes from *Life & Style*.

ROOM MAKEOVER!

One lucky winner will receive a $1,729 home-decor bundle, including a table lamp from Jonathan Adler (croftandlittle.com), a chrome Bourgie lamp from Kartell (ylighting.com), a Dolce & Gabbana chair (zwello.com) and removable wall decals from WallCandy Arts (wallcandyarts.com).

SUDOKU

HOW TO PLAY:

It's as easy as 1, 2, 3! Don't be afraid of the numbers — math skills have nothing to do with it! Sudoku consists of a large grid separated into nine 3-by-3 minigrids. To complete the puzzle, fill in the missing numbers. Every minigrid and every row (horizontal and vertical) must contain the numbers 1 through 9, without any repeats. The numbers can appear in any order. Don't get frustrated! It may take a little while to figure out the technique that works best for you. And use a pencil — you'll definitely need the eraser!

	1				7		5	4
9	7		4			8	3	
			6		3	1		
5		4		6		3	1	
8				2				9
7		2			9	5		
	5			8	4		2	
				3			7	
3		6	2					

SUDOKU GAME ①

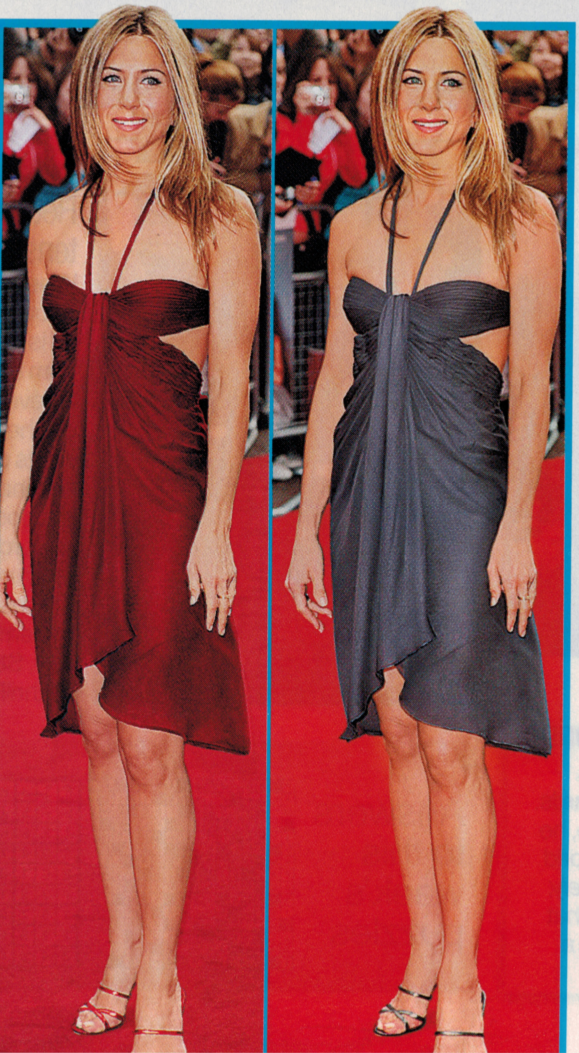
4		8		3	6	7	2	5
						4		
						6	3	9
	2	7		8		5		1
			9		5		7	
8		9					4	
5	6				2	9	8	3
		2		5				4
9	4			1	8			

SUDOKU GAME ②

FOR THE ANSWERS TO THIS WEEK'S PUZZLES, SEE PAGE 78

NEW Photo puzzle

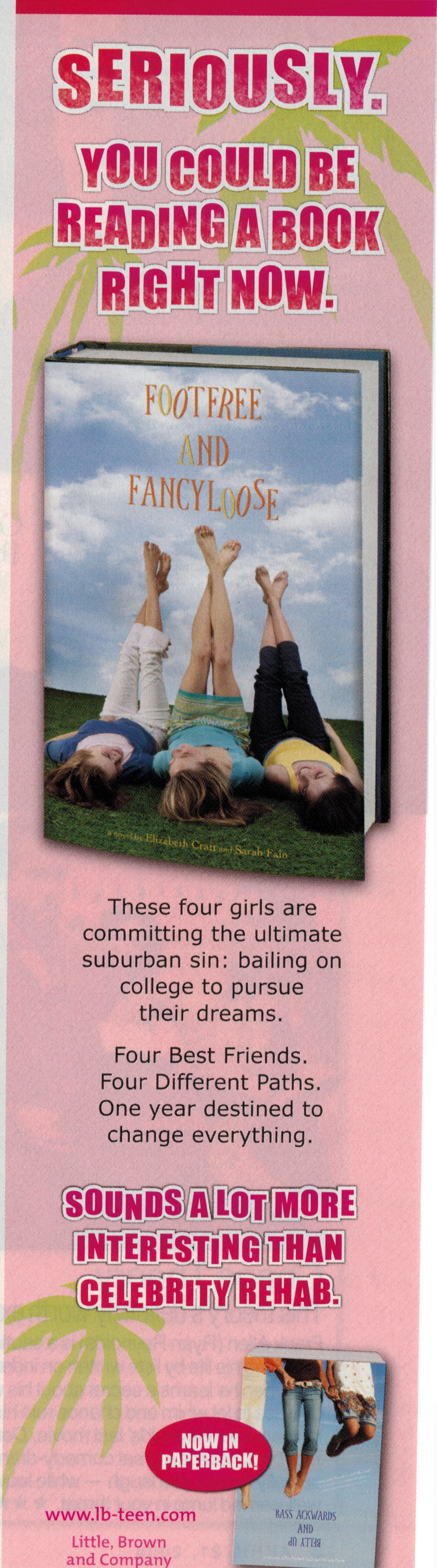
Which dress did Jennifer wear?



FASHION FUN

Try to spot the star's actual style! Did Jennifer Aniston wear a black or red dress? Check the answer below!

Answer: Black


SERIOUSLY.
YOU COULD BE READING A BOOK RIGHT NOW.

FOOTFREE AND FANCYLOOSE
a novel by Elizabeth Craft and Sarah Fain

These four girls are committing the ultimate suburban sin: bailing on college to pursue their dreams.

Four Best Friends. Four Different Paths. One year destined to change everything.

SOUNDS A LOT MORE INTERESTING THAN CELEBRITY REHAB.

NOW IN PAPERBACK!

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www.lb-teen.com

Little, Brown and Company

MOVIES
REVIEWS

BY DAN JEWEL

Smart People

This dramedy's not as smart as it thinks it is

Professor Lawrence Wetherhold (Dennis Quaid) is a mess. He's never gotten over the death of his wife, his slacker brother (Thomas Haden Church) has just moved in and the only person who seems to like him is his misfit daughter (*Juno*'s Ellen Page, who steals the movie). But when he falls for a former student (Sarah Jessica Parker), Lawrence finally begins to realize he's a "pompous windbag" (as SJP puts it) — and tries to change. There's zero chemistry between the lead actors, and all the characters in this lackluster, directionless film are unpleasant to spend time with. ★★☆☆

Chaos Theory

This theory's definitely worth exploring

Frank Allen (Ryan Reynolds) is a cautious guy living his life by lists written on index cards. But when he learns a secret about his wife, he decides to let whim and chance rule his world instead. Like Reynolds' last movie, *Definitely, Maybe*, *Chaos* is a great comedy-drama that actually makes you laugh — while leaving a well-earned lump in your throat. ★★★☆

Street Kings

Reeves reigns in a tense, violent thriller

When his ex-partner — who was about to turn him in for corruption — is gunned down, LAPD detective Tom Ludlow (an excellent Keanu Reeves) decides to launch his own off-the-books investigation. *Kings* starts out as a pulse-pounding adrenaline rush. But Tom, who's supposed to be some kind of supercop, is remarkably slow to figure out what the audience grasps from the get-go. And the hypermacho dialogue can get a little silly. Still, the skillful directing keeps it all thrillingly entertaining. ★★½☆

Answers to this week's puzzles

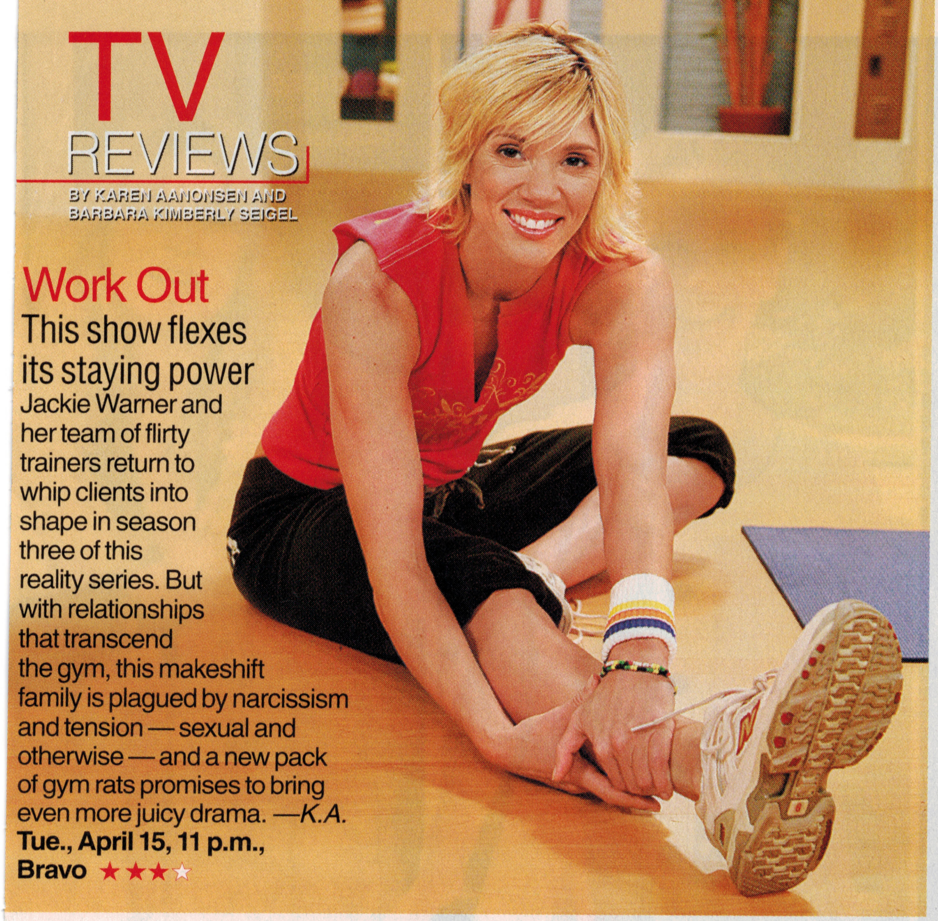
P	■	A	D	A	M	■	B	■	A	N	N	E	■	F
A	L	D	A	■	A	L	A	N	S	■	I	D	L	E
M	U	■	N	E	D	■	K	■	L	E	E	■	O	W
■	C	A	G	E	■	B	U	T	■	F	L	E	W	■
S	Y	N	E	■	C	O	L	O	R	■	S	T	E	M
T	■	A	L	L	■	B	A	M	■	P	E	A	■	E
E	M	■	O	O	P	S	■	S	E	A	N	■	E	L
F	A	Y	■	H	A	■	■	■	E	R	■	E	V	A
A	C	■	H	A	N	K	■	T	R	I	P	■	E	N
N	■	B	E	N	■	Y	A	Y	■	S	A	M	■	I
I	S	L	A	■	G	R	A	N	T	■	L	A	N	E
■	E	T	T	E	■	A	R	E	■	K	A	N	E	■
A	L	■	H	A	G	■	O	■	L	O	N	■	I	T
B	A	L	E	■	A	N	N	I	E	■	C	O	L	E
E	■	T	R	O	Y	■	S	■	O	W	E	N	■	A

6	1	3	8	9	7	2	5	4
9	7	5	4	1	2	8	3	6
4	2	8	6	5	3	1	9	7
5	9	4	7	6	8	3	1	2
8	6	1	3	2	5	7	4	9
7	3	2	1	4	9	5	6	8
1	5	7	9	8	4	6	2	3
2	8	9	5	3	6	4	7	1
3	4	6	2	7	1	9	8	5

6	1	3	8	9	7	2	5	4
9	7	5	4	1	2	8	3	6
4	2	8	6	5	3	1	9	7
5	9	4	7	6	8	3	1	2
8	6	1	3	2	5	7	4	9
7	3	2	1	4	9	5	6	8
1	5	7	9	8	4	6	2	3
2	8	9	5	3	6	4	7	1
3	4	6	2	7	1	9	8	5

TV REVIEWS

BY KAREN AANONSEN AND BARBARA KIMBERLY SEIGEL



Work Out

This show flexes its staying power

Jackie Warner and her team of flirty trainers return to whip clients into shape in season three of this reality series. But with relationships that transcend the gym, this makeshift family is plagued by narcissism and tension — sexual and otherwise — and a new pack of gym rats promises to bring even more juicy drama. —*K.A.* **Tue., April 15, 11 p.m., Bravo** ★★★☆

The Real World

The drama hits Hollywood!

Season 20 kicks off with seven strangers living on a posh studio lot. Yet even in LA, their dreams of stardom don't get in the way of the usual turmoil, which goes far beyond flirtation and catfights to include addiction and criminal behavior. Episodes are now an hour long, but there's plenty to fill the time! —*B.K.S.* **Wed., April 16, 10 p.m., MTV** ★★★☆

Mariah Carey

E=MC²

CD

The diva hits another high note

On the heels of her record-breaking single, "Touch My Body" (her 18th No. 1 single, the most among U.S. singers), comes Mariah's 11th studio album. With tracks ranging from hip-hop and reggae ("Cruise Control") to ballads and gospel ("I Wish You Well"), her latest doesn't disappoint. —*B.K.S.* ★★★☆

E=MC²
MARIAH

Take Control of your Body!

The Power of Rapidcuts femme Designed Exclusively for Women!

The New 3-stage weight loss solution that has people talking!

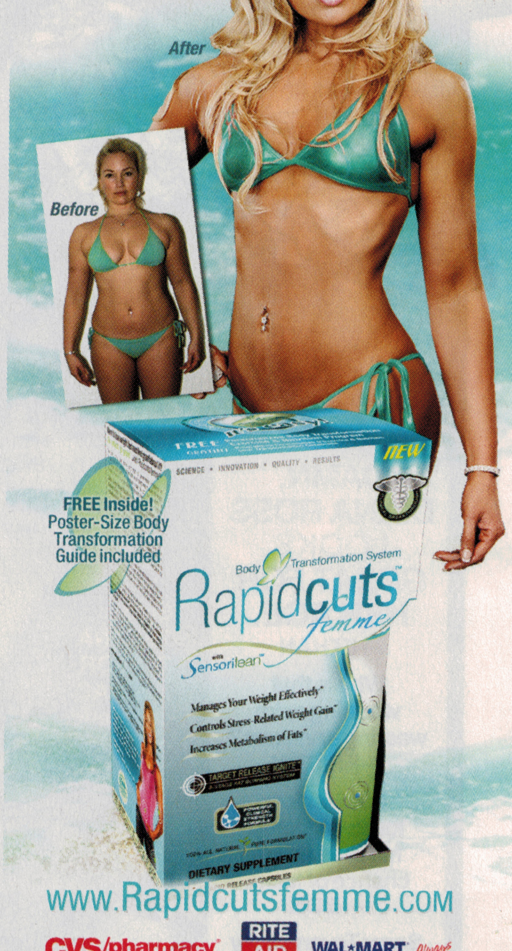
Unlike any other weight loss formula, Rapidcuts femme helps you lose weight, boost your energy and helps control stress related weight gain*.

Rapidcuts femme contains the revolutionary 3-stage fat burning system designed to Target, Release and Ignite stubborn stored fat when combined with moderate diet and exercise.

- Exclusive Target, Ignite, Release 3-Stage Fat Burning System*
- Control Stress Related Weight Gain*
- Manages Your Weight Effectively*

Kelly TAPHOUSE
MISS BIKINI CANADA 2007
TALL CLASS

Kelly lost 35lbs. with the help of Rapidcuts femme, ISOfemme, diet and exercise.


After
Before
FREE Inside! Poster-Size Body Transformation Guide included
NEW
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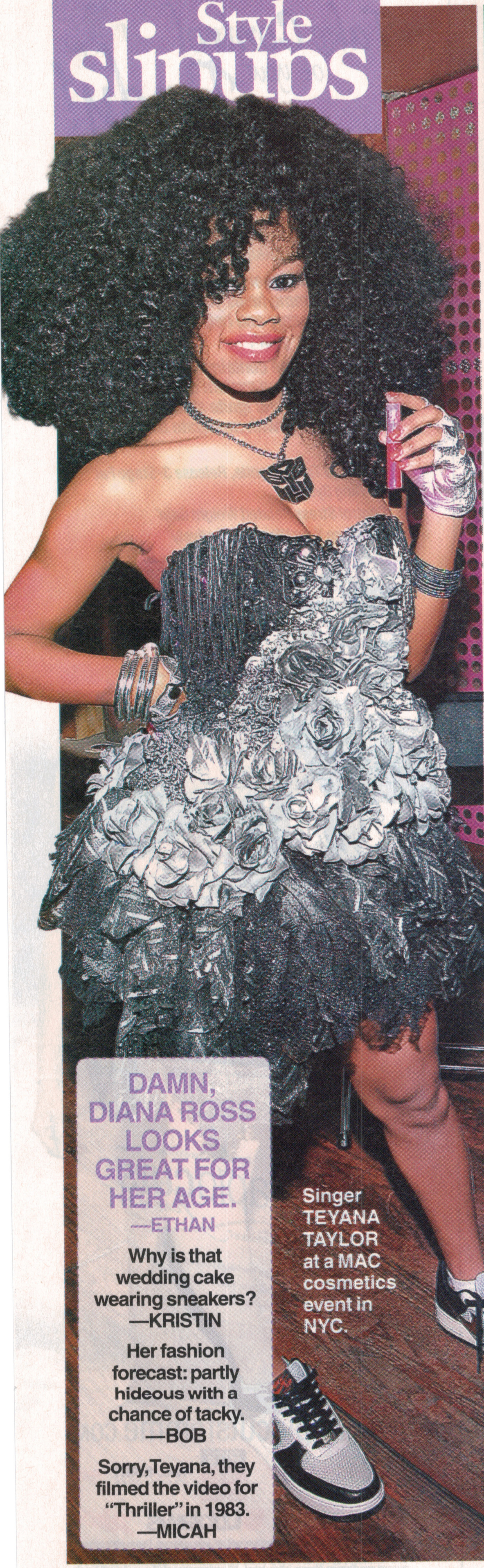
*Consult a physician before starting any weight-loss program. Use in conjunction with a diet and exercise program. Results will vary. These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Always follow label. All performance claims contained herein are made solely by ALLMAX Nutrition.

Style slipups



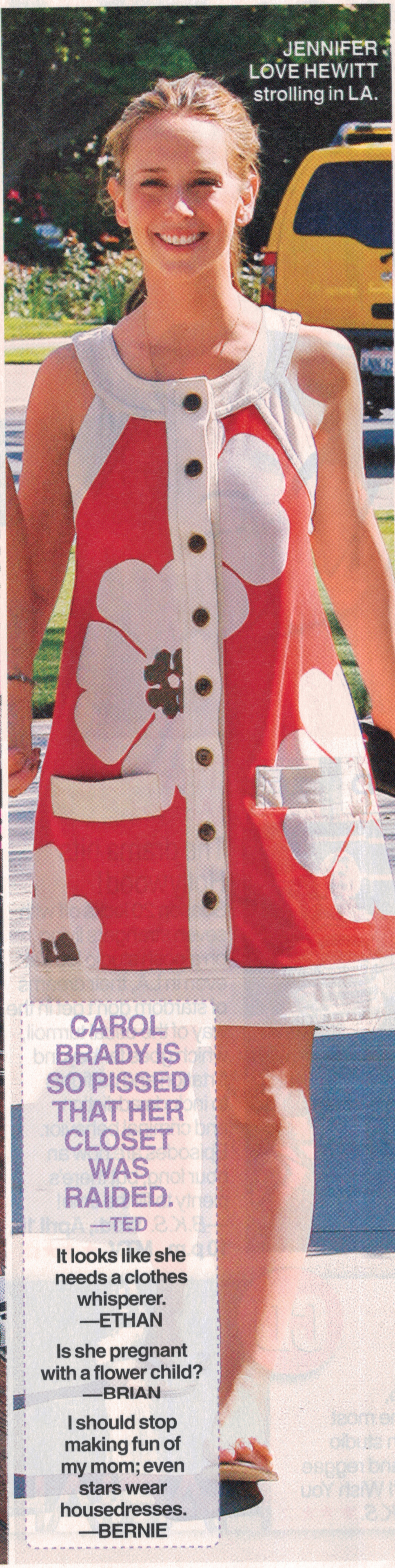
Singer TEYANA TAYLOR at a MAC cosmetics event in NYC.

DAMN, DIANA ROSS LOOKS GREAT FOR HER AGE. —ETHAN

Why is that wedding cake wearing sneakers? —KRISTIN

Her fashion forecast: partly hideous with a chance of tacky. —BOB

Sorry, Teyana, they filmed the video for "Thriller" in 1983. —MICAH



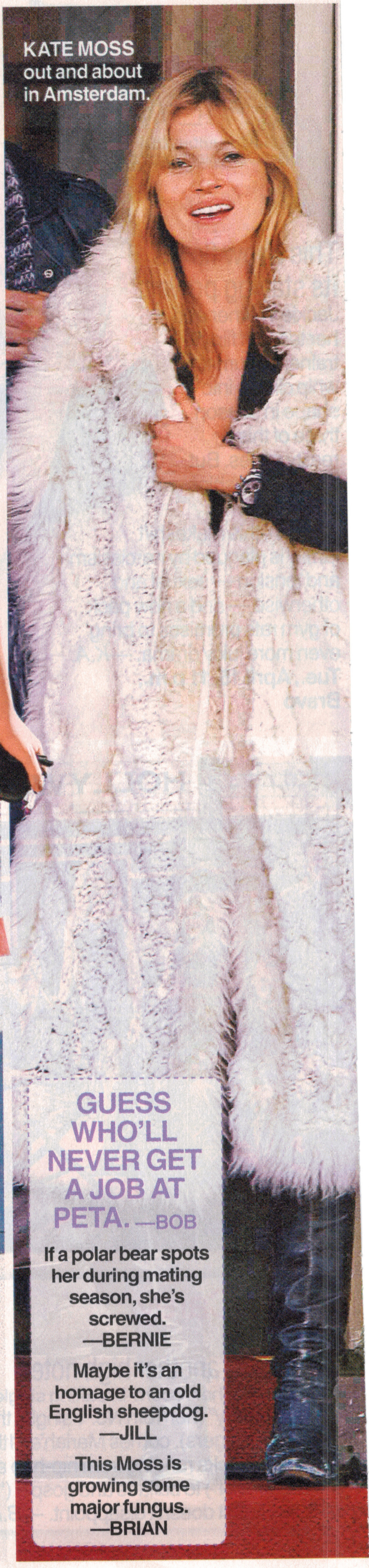
JENNIFER LOVE HEWITT strolling in LA.

CAROL BRADY IS SO PISSED THAT HER CLOSET WAS RAIDED. —TED

It looks like she needs a clothes whisperer. —ETHAN

Is she pregnant with a flower child? —BRIAN

I should stop making fun of my mom; even stars wear housedresses. —BERNIE



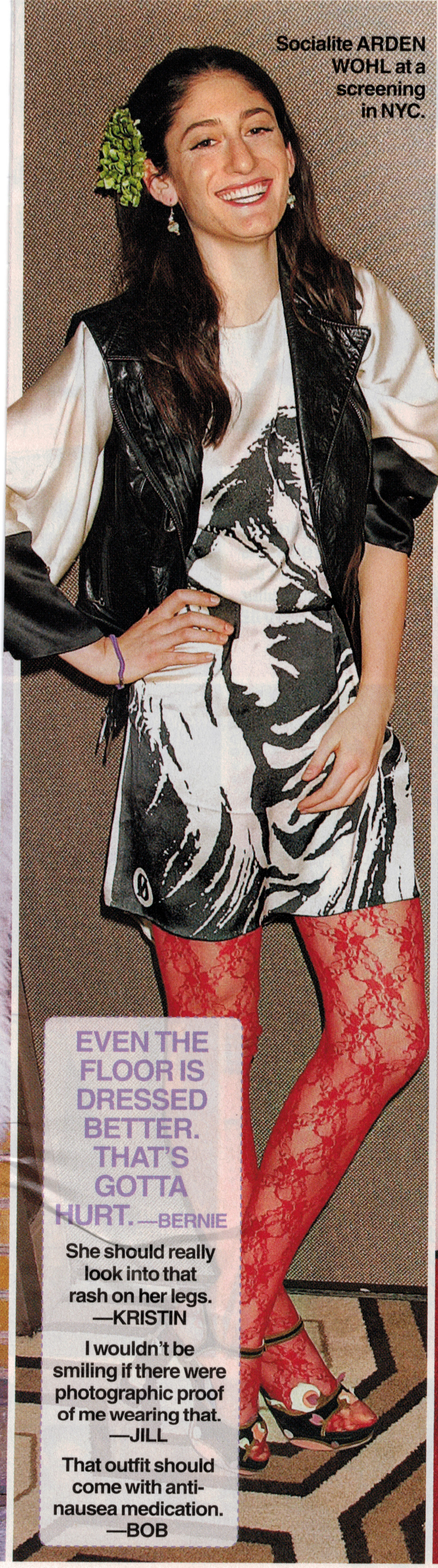
KATE MOSS out and about in Amsterdam.

GUESS WHO'LL NEVER GET A JOB AT PETA. —BOB

If a polar bear spots her during mating season, she's screwed. —BERNIE

Maybe it's an homage to an old English sheepdog. —JILL

This Moss is growing some major fungus. —BRIAN



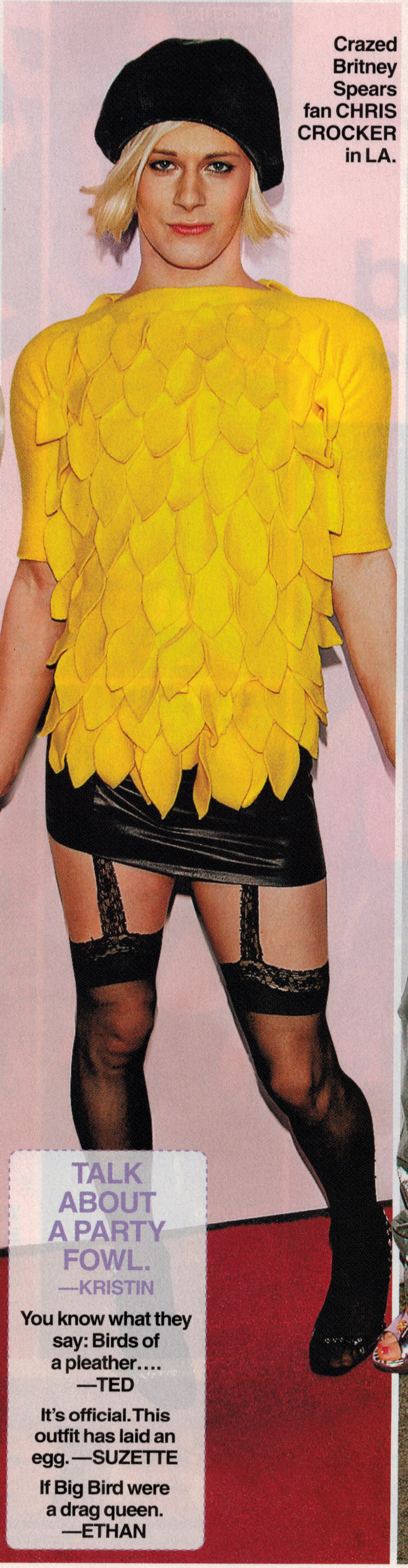
Socialite **ARDEN WOHL** at a screening in NYC.

EVEN THE FLOOR IS DRESSED BETTER. THAT'S GOTTA HURT. —BERNIE

She should really look into that rash on her legs. —KRISTIN

I wouldn't be smiling if there were photographic proof of me wearing that. —JILL

That outfit should come with anti-nausea medication. —BOB



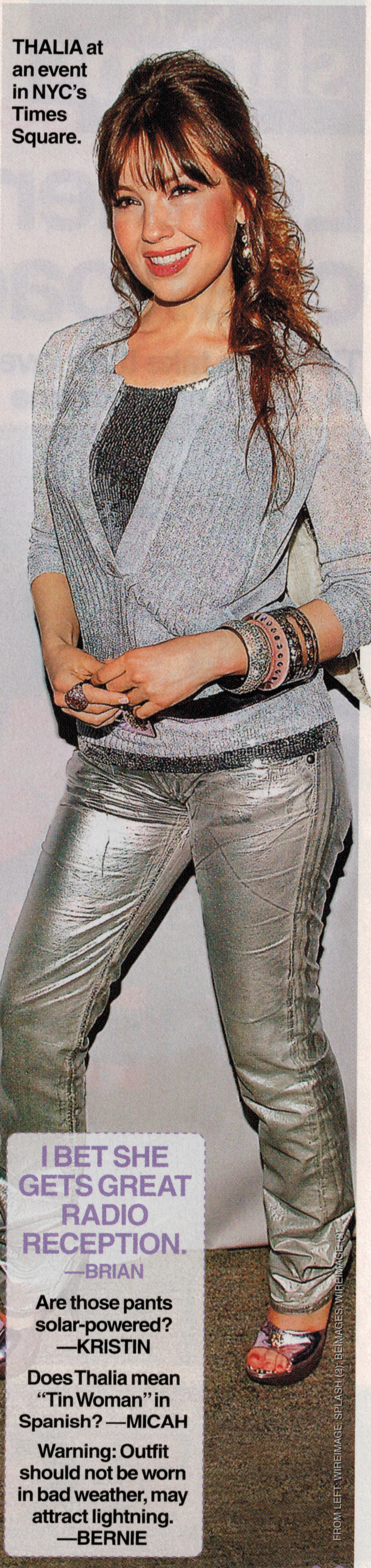
Crazed Britney Spears fan **CHRIS CROCKER** in LA.

TALK ABOUT A PARTY FOWL. —KRISTIN

You know what they say: Birds of a pleather…. —TED

It's official. This outfit has laid an egg. —SUZETTE

If Big Bird were a drag queen. —ETHAN



THALIA at an event in NYC's Times Square.

I BET SHE GETS GREAT RADIO RECEPTION. —BRIAN

Are those pants solar-powered? —KRISTIN

Does Thalia mean "Tin Woman" in Spanish? —MICAH

Warning: Outfit should not be worn in bad weather, may attract lightning. —BERNIE

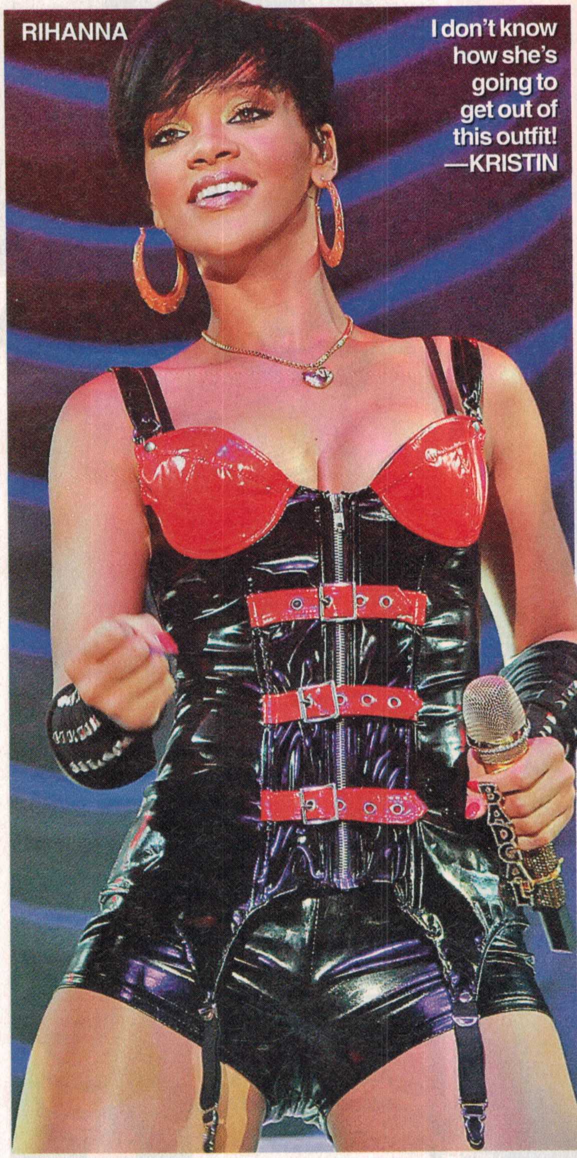
FROM LEFT: WIREIMAGE; SPLASH (2); BEIMAGES; WIREIMAGE (2)

Style slipups

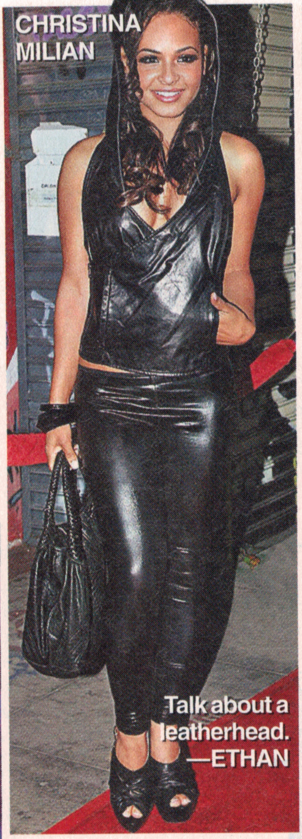
SPECIAL!

Leather overload

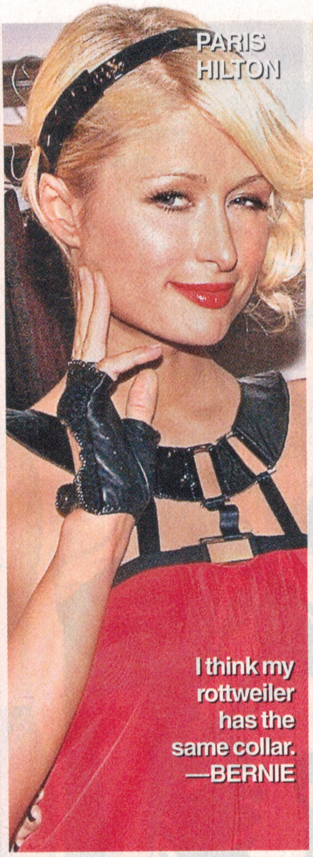
The stars take their love of skins to a new extreme


RIHANNA

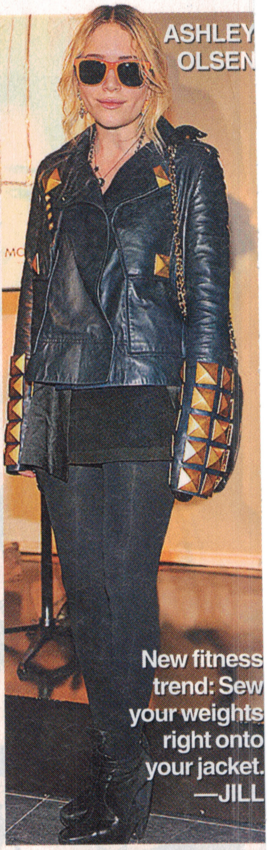
I don't know how she's going to get out of this outfit! —KRISTIN


CHRISTINA MILIAN

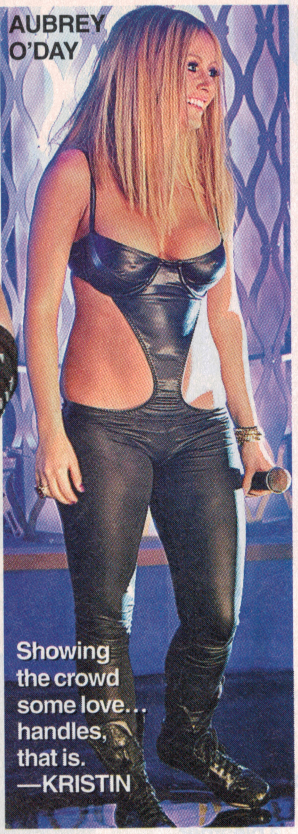
Talk about a leatherhead. —ETHAN


PARIS HILTON

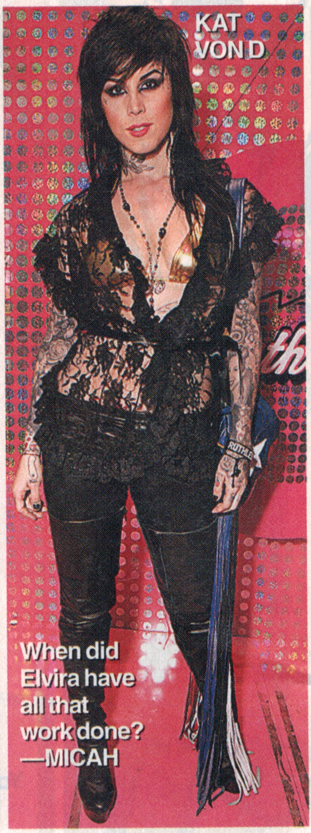
I think my rottweiler has the same collar. —BERNIE


ASHLEY OLSEN

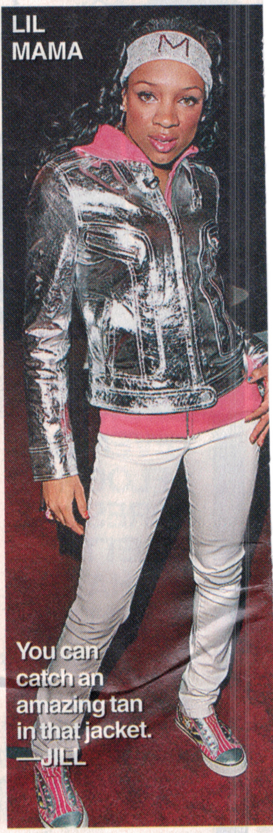
New fitness trend: Sew your weights right onto your jacket. —JILL


AUBREY O'DAY

Showing the crowd some love… handles, that is. —KRISTIN


KAT VON D

When did Elvira have all that work done? —MICAH


LIL MAMA

You can catch an amazing tan in that jacket. —JILL

THIS WEEK'S JOKES BY:

Brian Baumley
brianbaumley.com

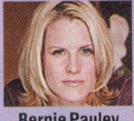
Ted Casablanca
E! Online

Bob Golden
Actor-comedian

Kristin Key
kristinkey.biz

Micah McCain
micahmccain.com

Ethan Mechare
ethanmechare.com


Bernie Pauley
lowclassblonde.com

Jill Powers
Comedian

Suzette Simon
subwaycomic.com

ACHIEVE A CLEANER, HEALTHIER MOUTH.*

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CROSSACTION
PRO-HEALTH

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- ✓ Reduces Gingivitis
- ✓ Cleans Along Gumline
- ✓ Polishes Away Surface Stains
- ✓ Removes Tongue Germs
- ✓ Stimulates Gums
- ✓ Gentle On Enamel

*Versus a regular manual toothbrush.

Oral-B®

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When it meets your mouth it just melts.

The **irresistible taste** of LAY'S.®
Now in a cracker.

Lay's
Cracker Crisps

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